

## Conference Approval Track

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#### Contents

Cover memo	1
2018–2020 Strategic Plan and proposed project plans	7
2018–2020 proposed budget and budget explanation	23
2018–2020 reimbursement policy	41
Proposed rules and tools for WSC decision making	47
WSC Seating Report, including requests and recommendations	51
Addendum: NAWS environmental scan-regional input	109

### 29 April – 5 May

Additional materials that were mailed with the CAT are posted at <u>www.na.org/conference</u>

#### **NA World Services**



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<b>To</b> :	WSC 2018 Participants
From:	World Board
Date:	17 January 2018
Re:	WSC 2018 Conference Approval Track (CAT) material

The Conference Approval Track material follows this cover memo. The items in the Conference Approval Track (CAT) are considered new business at the Conference. That means participants have an opportunity for discussions during the Conference week before making any decisions on these items. The exception to that is the "Proposed Rules and Tools for WSC Decision Making" because these rules and tools are being proposed for use at WSC 2018.

We have tried to make it easy for you to see what will be offered to the Conference for a decision. We have highlighted specific proposals in blue to help draw your attention to the items for decision. A few are contained in this memo, and the rest are in the separate pieces included in the CAT. Below we describe each component of the CAT. At the end of each description we list any items we will bring for decision at the Conference.

Included in the 2018 CAT are:

- 2018–2020 strategic plan and proposed project plans
- 2018–2020 proposed budget and budget explanation
- 2018–2020 reimbursement policy
- Proposed rules and tools for WSC decision making
- WSC seating report including requests and recommendations
- Proposals for the approval process to be used for the two current service tool projects—Local Service Tools and Convention & Events—and for the 2018–2020 Reimbursement Policy are included in this cover memo.
- Input received from regions for the environmental scan that we use to draft the strategic plan is included in the CAT as an addendum.

Items being mailed with the CAT but that are not a part of the CAT are:

- Regional ideas submitted for Conference consideration
- An update memo from the HRP

All of these items are posted under the heading of the 2018 CAT at www.na.org/conference.

We will explain a bit about each of these items below. Each section below ends with an explanation of the issues the Conference will be deciding on.

#### 2018–2020 strategic plan and proposed project plans

The Conference Approval Track material always includes the NAWS Strategic Plan and proposed projects for the upcoming cycle. If you are familiar with the previous strategic plans, you may notice that this one is in the simpler format that we started using last cycle. We hope that keeping it simple will make the strategic plan easier to read and understand and that it may work better as a model for regions or zones to use in their own planning processes.

This cycle we are proposing four projects: Future of the WSC; two Recovery Literature projects—plans for a new mental health pamphlet and a new daily meditation book; and Service Tools, which includes both Local Service Tools and Conventions & Events. The project plans explain the scope of the work. We are continuing, this cycle, to try ways to get work done more economically—mixing virtual meetings with face-to-face meetings, using focus groups, and "talking" about drafts of material through email and other electronic means. We've been using technology to help in our work for many years now, and for the past cycle it has helped us hold workgroup and Board meetings, but we have not found it a complete or effective substitute for face-to-face meetings. We are offering plans that use smaller workgroups and more virtual interactions in addition to face-to-face meetings in order to be able to accomplish all of this work.

For the first time, we are proposing a workgroup that is chosen not by the Word Board but by zonal forums for the Future of the WSC Project. We are aware that zones around the world function very differently, and some zones may be challenged to step into this role and make these choices. Nonetheless, the zones seemed the logical bodies to make these choices because, other than the World Service Conference, they are the only service bodies composed of a collection of regions. This project budget and framework are dependent on Conference agreement with this approach to workgroup selection.

As the introduction to the project plans explains, we tried to improve the partnership between the Board and delegates and to take a more collaborative approach to planning and focusing projects this cycle. We plan to make further steps in the upcoming cycle and look forward to framing this work together. We encourage you to read the regional input to the environmental scan included in the CAT as an addendum.

Decisions to Be Made: As per Conference policy, there will be an individual motion to pass each project plan.

#### 2016–2018 proposed budget and budget explanation

The CAT material also always includes the proposed budget and a cover memo that explains the budget and the terminology we use. As the cover memo explains, this proposed budget reflects an anticipated net loss in the second year of the proposal, and for the cycle. While it may seem strange that we are forecasting a net loss for the cycle, this is why we have reserve funds and why we have worked so hard to build our reserves. We also have an unusual situation in the upcoming cycle: For this one particular cycle only, we have a net income of \$404,684 projected for WCNA 37, which may offset the projected loss for the cycle. We had budgeted for a net loss in the 2016–2018 cycle as well, and, largely due to *Guiding Principles*, we expect to have net income for this cycle. The budget explanation should answer most general questions about the budget, and there is always time devoted at the Conference to ask more specific questions.

Decisions to Be Made: There will be motions to pass the budget and each of the project plans individually.

#### Proposed rules and tools for WSC decision making

This material has its own cover memo that explains the ideas and some of the background on the issues more deeply. Put simply, we are proposing some processes that we believe will help us use our time in decision-making sessions more effectively, while still respecting the need for meaningful discussion and for hearing the minority voice.

We will ask participants, through a motion at the beginning of Old Business, to try these approaches for WSC 2018 only. If that trial seems to go well, we may introduce a proposal or a set of proposals in New Business or the Moving Forward session to create corresponding Conference policy. For the past several Conferences, as we have been moving away

from parliamentary procedure toward a more consensus-based body, we have used this process—proposing new rules to try for a single Conference and then making a decision at the end of the week about whether to maintain those rules as ongoing policy. The "Proposed Rules and Tools" included here are simply the next step in our efforts to advance consensus-based decision making at the WSC.

Decisions to Be Made: There will be a motion at the beginning of Old Business to adopt these processes for WSC 2018. If they seem like helpful strategies, there will be a New Business proposal to adopt some or all of them as ongoing Conference policy.

#### WSC seating report, including requests and recommendations

Another consistent element of the CAT material is information about regions that have applied for WSC seating, along with a recommendation from the Board about seating. The Conference is in a very challenging position relative to seating. On one hand, we are having ongoing discussions about the need for a more sustainable and effective approach to seating; the cost of the WSC is continuing to rise, and the size of the Conference is challenging our ability to have effective discussions. On the other hand, we have not yet made any changes to our seating criteria, and we no longer have a moratorium on the policy. It is a very tough spot, and we hope that after discussions at this Conference and in the cycle ahead, we can work together to develop some viable options for seating in the future. In the meantime, if participants choose to seat anyone at WSC 2018, we believe three of the regions that applied best meet the criteria.

Decisions to Be Made: The World Board is recommending three regions for seating, and specific proposals will be offered to seat each.

#### Service materials approval process

We released review draft copies of tools from the two service material focuses this cycle—a Program draft from Conventions and Events, and a Consensus-Based Decision Making Basics draft from Local Service Toolbox. These short pieces are intended to reflect the best practices in the Fellowship. Participation in these projects is open to any interested member.

The drafts were mailed to delegates for a 90-day review period, and are also posted on the project pages: <u>www.na.org/conventions</u> and <u>www.na.org/toolbox</u>. After the delegate review, approval drafts will be posted before WSC 2018.

As you may recall, the approval process for these projects was not identified when the projects were approved at WSC 2016. We are asking delegates at WSC 2018 to decide on the process. The options are Conference-approved or World Board–approved. We see the benefit of these pieces requiring the same World Board-approved process as service pamphlets. This process would include a 90-day review period for Conference participants to offer input before the release of a final, approved piece. This would allow for the timely release of material as it is developed or as it needs to be updated, instead of waiting for the next WSC for approval or changes.

With that in mind, we offer the following:

All service materials produced by the Local Service Toolbox Project and the Conventions and Events Project will be identified as World Board–approved material, and follow the same approval process as service pamphlets. That means after the World Board signs off on them, drafts will be distributed to Conference participants for a 90-day review before being identified as approved.

Decisions to be Made: The World Board will be offering the above proposal.

#### 2018–2020 reimbursement policy

A Guide to World Services in NA contains a Travel Reimbursement Policy that includes, among other items, a daily meal and tip allowance that is given to all travelers funded by World Services. (The policy begins on page 56 of the 2016–2018 GWSNA, and the proposed policy for 2018–2020 is included in the Conference Approval Track material.) We are

asking the Conference to raise the meal and tip allowance from \$55.00 to \$60.00 per day. By the time this proposal is considered, it will have been ten years since the current rate of \$55 was adopted. In many locations, the current \$55.00 is sufficient, but at other locations it has left people short. This allowance does not have to be spent—it is a maximum allowance for meals and tips each day, and each traveler is expected to keep track of his or her own expenses and reimburse World Services any amount that is not spent.

With that in mind, we offer the following. Note that the policy is included in the CAT material:

#### To adopt the 2018–2020 Reimbursement Policy.

Decisions to Be Made: The World Board will be offering the above proposal.

#### Regional ideas submitted for Conference consideration

In response to a request from a region before WSC 2016, we opened up the CAT mailing for regions to submit ideas they would like other Conference participants to consider. We have done so again this Conference, and four regions have submitted six proposals or ideas for your consideration. By submitting these ideas well ahead of the WSC, they are trying to allow time for their ideas to be considered. It is up to participants as to whether these ideas will be considered at the WSC. That process is not automatic. The maker or another participant would need to submit the proposal or idea by the New Business deadline during Conference week. Since these ideas are not CAT-related business as described in the Proposed Rules and Tools, we are including them under separate cover to avoid confusion. These ideas are included in this mailing and can be found online posted with the CAT material at <u>www.na.org/conference</u>.

These ideas include:

Argentina Region	Develop a plan for a PR pamphlet directed to health professionals
Mountaineer Region	Discussion/Planning of WSC agenda Three-year Conference cycle
Brazil, HOW Brazil, and Rio de Janeiro Regions	Extend the timing for the release of the CAR
Venezuela Region	Two questions about where we are going with the Service System Project and how to involve more members into WSC discussions

We also would like to remind regions that they are able to submit ideas by **15 February 2018** to be published in the *Conference Report* material as well.

Decisions to Be Made: At this time, none, although a participant may introduce any idea as a new proposal by the deadline during Conference week.

#### Memo from the Human Resource Panel

Because there is no edition of *NAWS News* being published this quarter, the HRP has asked that we distribute an update that they would like to provide to Conference participants. This update is being treated like the regional ideas and is being mailed with the CAT but is not an actual part of the 2018 CAT.

Decisions to Be Made: At this time, none.

#### Conference preparation

All of the documents you will need to prepare for WSC 2018, including links to the *CAR*, the CAT, and other Conferencerelated items, can be found on the Conference page: <u>www.na.org/conference</u>. A PowerPoint for the CAT will be added to this site. As we did last year, we have also put together videos that give an overview of the *CAR*, and they are available here as well. We encourage you to get your regional and zonal written reports in by the 15 February deadline They will all be published in the *Conference Report* and we will use them to help plan the WSC. Also, those of you who have been contacted to update your zonal information, please do so as soon as possible, so that we can update the zonal map for distribution at the WSC. You can expect Nick (<u>nick@na.org</u>) to begin hounding you for regional reports and zonal data very soon if he hasn't already started!

See you in April!

Your World Board

## Narcotics Anonymous World Services

### Strategic Plan & Project Plans 2018-2020 Conference Cycle

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Before each Conference cycle, we take a fresh look at our Vision for NA Service and set specific objectives to focus our work toward our long-term goals. These objectives, together with the approaches to accomplish them, will guide much of our activity over the next two years.

#### A Vision for NA Service

Approved by the World Service Conference in 2010

All of the efforts of Narcotics Anonymous are inspired by the primary purpose of our groups. Upon this common ground we stand committed.

Our vision is that one day:

- Every addict in the world has the chance to experience our message in his or her own language and culture and find the opportunity for a new way of life;
- Every member, inspired by the gift of recovery, experiences spiritual growth and fulfillment through service;
- NA service bodies worldwide work together in a spirit of unity and cooperation to support the groups in carrying our message of recovery;
- Narcotics Anonymous has universal recognition and respect as a viable program of recovery.

Honesty, trust, and goodwill are the foundation of our service efforts, all of which rely upon the guidance of a loving Higher Power.

#### **NAWS Long-Term Goals**

In a continuous effort to realize our vision, NA World Services strives to achieve these goals:

- 1. NA is understood and accepted as a relevant, reliable, safe, compatible, and spiritual program of recovery.
- 2. A network of worldwide trusted servants acts as an effective, consistent NA resource for local governments, professionals, and the media.
- 3. NA is a truly global Fellowship with increasing access to literature in all languages and a commitment by all to work together to support community development worldwide.
- 4. Technology is used more effectively to communicate in a timely manner, to provide easier opportunities for members to contribute and participate, and to support Fellowship development efforts worldwide.
- 5. Members have better access to workshops, training, and service tools through greater use of technology and more effective use of zones.
- 6. Every member demonstrates commitment to the Fellowship through contributions and willingness to serve.
- 7. A diverse mix of revenue streams generates greater resources that can be devoted to Fellowship and literature development, improving our ability to carry the NA message.
- 8. More members are discussing and building consensus on issues at all levels, generating a greater sense of trust in the global decision-making process.
- 9. The components of the service system work collaboratively to realize A Vision for NA Service.

Input from several sources influences the Board's planning process and the creation of this document. Discussions at the World Service Conference inspire much of its content. It's further shaped in our interactions with members around the world at workshops and other events, and through correspondence. Many, many conversations—among Board members, NAWS staff, delegates, and other members—are reflected in this document. It captures our aspirations for the coming cycle in the form of measurable objectives. Informed by the Vision and our long-term goals, we've drafted 17 objectives on which to focus over the next two years. We've paired each of these with specific approaches to guide our efforts. In addition, we've identified some of these approaches as our highest priorities; you'll find those in **bold blue** below. These are followed by our second priorities, shown in **bold italics**. The project plans and much of the variable options in the budget spring directly from this process. All of this helps to ensure meaningful progress toward our goals, bringing us ever closer to achieving our Vision for NA Service.

#### 2018–2020 Objectives and Approaches\*



#### ISSUE: WSC OF THE FUTURE

**OBJECTIVE 1:** Continue work toward a sustainable, effective WSC.

#### **APPROACHES**

Continued Commitments from the 2016–2018 Cycle

- A. Based on the results of the WSC discussions, continue to further the discussion about WSC sustainability and effectiveness, and frame viable options for WSC seating.
- B. Improve the effectiveness of the WSC meeting by continuing to refine decision-making processes, discussion protocols, consensus-building strategies, and use of time during the week.
- C. Improve the effectiveness of the time between meetings by working on processes to forward issues and discuss ideas between WSC meetings.

#### New Approaches

See Fellowship Development, Approaches A and B.

#### ISSUE: COMMUNICATION

**OBJECTIVE 2:** Maximize communication vehicles and craft content that will better connect members to NA as a whole.

#### **Approaches**

Continued Commitments from the 2016–2018 Cycle

#### A. Begin work on new daily meditation book.

#### New Approaches

- **B.** Evaluate the reach and impact of existing NAWS publications and apps.
- **C.** Enhance the use of technology to more broadly communicate information and experiences.
- **D.** Use *The NA Way* more strategically to connect members with A Vision for NA Service through use of personal stories and other means.

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#### **ISSUE: TARGETED COMMUNICATION**

**OBJECTIVE 3:** Improve communication to underserved populations, including development and distribution of targeted literature.

#### **Approaches**

Continued Commitments from the 2016–2018 Cycle

- A. Create an approval draft of the mental health/mental illness informational pamphlet.
- B. Release an audio version of the Basic Text.

<sup>\*</sup>Bold, blue text indicates the highest priorities. Bold, italicized text indicates the second-highest priorities.

#### New Approaches

- **C.** Develop strategies, including use of a survey, to more systematically identify underserved communities and populations that are missing from our meetings.
- **D.** Investigate how NAWS could be more effective in reaching the deaf and hard of hearing community, including resources that could assist NAWS in the development of materials.



#### **ISSUE: TRAINING AND TOOLS**

**OBJECTIVE 4:** Continue to develop easy-to-use, relevant training and tools. **OBJECTIVE 5:** Increase the responsiveness of the tool development process.

#### **Approaches**

Continued Commitments from the 2016–2018 Cycle

- A. Continue development of items for Local Service Toolbox.
- B. Continue development of items for Conventions and Events Toolbox.

#### New Approaches

- C. Identify and implement a training opportunity associated with PR.
- **D.** Continue to gather information and input from Issue Discussion Topics as the basis to create future tools and resources.
- E. Explore ways to better use interested members to increase capacity and efficiency in the literature and service tool development process.



#### ISSUE: FELLOWSHIP DEVELOPMENT

**OBJECTIVE 6:** Continue to support local development efforts, with a specific emphasis on Africa and Asia.

**OBJECTIVE 7:** Continue outreach to members serving in rural and isolated com-

munities to support them in their efforts and connect them to one another and the global community.

#### **Approaches**

New Approaches

- A. Strengthen collaboration among zonal forums and between NAWS and zonal forums.
- B. Collect and share best practices of zonal forums.
- **C.** Continue webinars for rural and isolated communities, and encourage and support networking and collaboration among members serving in these communities.
- **D.** Create guidelines and opportunities to develop and share videos and pictures reflecting Fellowship development worldwide, while respecting NA principles.



#### ISSUE: PLANNING

**OBJECTIVE 8:** Improve collaboration and coordination in planning efforts throughout the service system.

- A. With a particular focus on zonal forums, help service bodies understand how their part in a coordinated, comprehensive public relations strategy is essential to strengthen and grow NA and advance the Vision for NA Service.
- B. Create better understanding, ownership, and involvement by RDs in the NAWS planning process.

#### New Approaches

**C.** *Further the concept and value of a coordinated, system-wide planning cycle.* See Fellowship Development, Approaches A and B.

#### ISSUE: PR/OUTREACH

**OBJECTIVE 9:** Help potential members find and understand NA.

**OBJECTIVE 10:** Foster member compassion and encourage discussion on how to better carry the message to addicts on drug replacement therapy/medically ent.

assisted treatment.

**OBJECTIVE 11:** Raise awareness and educate professionals regarding Narcotics Anonymous as a viable recovery program and resource for drug replacement therapy/medically assisted treatment clients.

#### **APPROACHES**

New Approaches

- A. Conduct a PR roundtable with medical professionals.
- **B.** Connect with potential members and the general public via social media.
- C. Develop universally accessible PSAs (video, print, etc.).
- **D.** Collect and share drug replacement therapy "regardless of" success stories.
- E. Through Fellowship discussion, dismantle misunderstandings regarding abstinence in relation to drug replacement therapy/medically assisted treatment.



#### ISSUE: LEADERSHIP/DEVELOPMENT OF TRUSTED SERVANTS

**OBJECTIVE 12:** Increase the confidence and effectiveness of regional delegates in their role.

#### **A**PPROACHES

New Approaches

A. Help support delegates in their role as effective leaders, including capturing best practices and facilitating the sharing of information, experience, and ideas. Conference participants and the Delegates Sharing Workgroup will be asked to participate in developing this work.



#### ISSUE: WORLD BOARD DEVELOPMENT

**OBJECTIVE 13:** Continue to develop the World Board as an effective, efficient, and productive leadership body.

**OBJECTIVE 14:** Maximize the talents, experience, and skills of current and past

World Board members.

**OBJECTIVE 15:** Improve the methods by which the World Board evaluates NAWS programs and progress on the strategic plan and related projects.

#### **Approaches**

Continued Commitments from the 2016–2018 Cycle

- A. Continue use of internal working groups of the Board to support Board productivity and to enhance mentoring of new Board members.
- B. Increase effectiveness of Board communication between formal meetings.

#### New Approaches

- **C.** Improve the World Board acculturation process for new and potential Board members, including ways to better orient and set expectations regarding the commitment required for Board service.
- **D.** Deepen the use of current and past Board member talents and experience.
- **E.** Enhance a sense of team within the Board by providing more opportunities for personal support and mentoring or coaching.
- F. Discuss a process and tools the Board can use to evaluate NAWS programs and progress on the strategic plan and related projects.



#### ISSUE: NAWS RESOURCE SUSTAINABILITY

**OBJECTIVE 16:** Increase contributions to 25 percent of total revenue. **OBJECTIVE 17:** Increase the capacity and efficiency of current systems, processes, and infrastructure.

#### **APPROACHES**

#### New Approaches

- A. Use the contribution acknowledgment process (both to individuals and service groups) to initiate regular communication with members who contribute on the impact of their contributions. Members can choose the form of communication they prefer.
- **B.** Forge a stronger link between personal responsibility and organizational sustainability and achievement, based on spiritual principles. Make the link personal and tangible.
- **C.** Simplify and increase options for how members can contribute to NAWS and throughout the service system.
- **D.** Collaborate to a greater extent with locally based resources to improve NAWS efficiency.

#### 2018–2020 NAWS Project Plans

A Guide to World Service in NA directs the World Board "to develop project plans, which include budgets and timelines for all prospective non-routine World Services projects." Given that the World Service Conference has committed to being a more collaborative, discussion-based body, the project plans presented here invite Conference influence. Discussions at WSC 2018 and budgetary constraints will focus these priorities. We look forward to the insights, collaboration, and compromise that we believe will result in both the best project plans and most prudent use of limited funds. Those of you who were at the last WSC may recall that we took a similar approach to the 2016–2018 project plans. Because the projects this cycle represent continuing work on the priorities established at the 2016 Conference, there are fewer blanks to fill in, so to speak. We already have focuses proposed for recovery literature and service tools based on this ongoing work.

During this past cycle, we have engaged members in both virtual service tool projects; released three reports for the Future of the WSC; created virtual seating workgroups for Delegates Sharing, WSC Seating, *Reaching Out*, and the *NA Way*; and sent two recovery literature surveys to the Fellowship—one related to a proposed mental health/illness IP and one for a new meditation book. We also used the World Pool to specifically reach out to members who had indicated experience in the service areas in which we were creating tools. In short, we offered many different opportunities, some new, for members to engage in and collaborate on our work.

Our use of technology will significantly influence the expense of every project. It can also facilitate or impede our progress toward established goals and the completion of quality work. Our experience with virtual workgroups shows that while technology can greatly assist us, it does not replace the value of face-to-face meetings. We expect to use a mix of in-person meetings, focus or ad hoc groups, and zonal and Fellowship discussions, along with technology (web meetings, online input opportunities, etc.), to further ideas and develop the work outlined in the pages that follow. This will require that we think carefully about what best serves the work. We also have tried to predict a range of face-to-face workgroup meetings, allowing us to hold additional workgroup meetings if the human and financial resources are available and the workflow shows that it would be helpful.

Almost all of the projects being offered for the upcoming cycle are a continuation of work begun this cycle resulting from discussions and input from WSC 2016 and during the cycle. The input we received from delegates for the environmental scan helped to shape our plan. We are providing you with copies of this material in the CAT mailing.

These projects require collaboration between delegates and NAWS throughout the cycle. We look forward to your input every step of the way and to a bold leap forward in effective communication and cooperation between Conferences.

Not all strategic plan objectives have a corresponding project plan because the approaches associated with many of the objectives will be accomplished internally by NAWS staff or the World Board using Fellowship input as a guide, and, as such, do not necessitate budgeted line-item expenses.



#### WSC of the Future Project Plan

**OBJECTIVE 1:** Continue work toward a sustainable, effective WSC.

#### **Approaches**

Continued Commitments from the 2016–2018 Cycle

- **A.** Based on the results of the WSC discussions, continue to further the discussion about WSC sustainability and effectiveness, and frame viable options for WSC seating.
- **B.** Improve the effectiveness of the WSC meeting by continuing to refine decisionmaking processes, discussion protocols, consensus-building strategies, and use of time during the week.
- **C.** Improve the effectiveness of the time between meetings by working on processes to forward issues and have discussions on ideas between WSC meetings.

#### New Approaches

See Fellowship Development, Approaches A and B.

In the past cycle we have released three Future of the WSC reports and held several web meetings with Conference participants to advance these ideas. The most progress has been made on approach B, and the 2018 Conference Approval Track material contains several specific proposals that we are asking participants to try at WSC 2018. We expect that there will be some work on these processes following the experience at WSC 2018 but are prepared to shift the primary focus of this project for the 2018–2020 cycle. We also plan to survey participants ahead of the Conference about what they want to spend time discussing at the WSC in our ongoing efforts to increase delegate involvement.

It seems like the first step for the cycle ahead is to try to get on the same page as a Conference. We want to focus our efforts this cycle on building consensus on what *a sustainable, effective WSC* means and what it might look like. In light of that shared vision, we would also like to advance the discussion on WSC seating. There have been many groups and combinations of groups that have tried to develop ideas about WSC seating over the years. All of these groups have met some level of resistance. We would like to try something new for this cycle. When we began planning a workgroup for this project, it seemed like the only chance of success is for the workgroup itself to be chosen collaboratively and collectively. Rather than the World Board choosing the members of this workgroup, we would like to invite each zone to choose a participant for the workgroup. The workgroup would be funded by and accountable to the World Board, and a World Board member would serve as the point person, but the zones would choose the workgroup members rather than the Board.

If Motion 15 is adopted at WSC 2018, and a zonal gathering is planned, we would ask that one of the representatives sent by each zone also be willing to serve on the workgroup for this project. And this is only if the zone is willing to participate in this way. If the motion is not adopted, we still believe that utilizing the zones to create a group that is more representative of our diversity than most groups are or can be has value. It is time to try something different, and this seems like a reasonable next step to us.

As most of you know, project workgroup members have historically been selected by the World Board. This is the first time we are proposing a project with a workgroup selected in another way, in this case by zonal forums. We are aware that zones around the world function very differently, and some zones may be challenged to step into this role and make these choices. Nonetheless, the zones seemed the logical bodies to

make these choices because, other than the World Service Conference, they are the only service bodies composed of a collection of regions. This project budget and framework are dependent on Conference agreement on proceeding with this approach to workgroup selection.

A group of 16 or more members is large, and funding face-to-face meetings is expensive, but as with other projects presented this cycle, we believe we can take advantage of internet technology alongside face-to-face meetings to advance work in a cost-effective way. We do not really know how to accurately frame what can be accomplished in one cycle, but we would keep you updated throughout the cycle.

We believe that we can also advance our prioritized approach under Fellowship development of:

#### A. Strengthen collaboration among zonal forums and between NAWS and zonal forums.

If the Conference supports our suggestion for this workgroup and/or Motion 15, this goal could also be accomplished. We also believe that webinars could be held to further this goal.

#### \*\*\*\*

Direct projects expenses: Future of the WSC Workgroup

\$150,000

#### **Recovery Literature Project Plans**

Pending discussion and decisions at WSC 2018, we are prepared to create an approval draft IP for NA members who also have mental health/illness issues, as well as begin work on a new daily meditation book. We have spent the last cycle gathering Fellowship input on both of these ideas and have the framework to move into the next stage of development.

The internet allows for a much different level of involvement and communication regarding literature projects. There have always been many members, scattered all over the globe, who have experience, strength, and hope to share about a variety of topics, and utilizing technology allows us to expand those members' access to project work. We look forward to continuing to utilize internet technology to expand members' ability to actively participate.

For both projects we are proposing the use of a workgroup to work with WB members and staff, as well as the use of virtual focus groups. In order to meet current budgetary limitations, we believe that both workgroups can be smaller than some of our past workgroups and meet virtually between face-to-face meetings. We need to find a way that minimizes the expense of international face-to-face meetings and at the same time maximizes Fellowship involvement. We believe smaller workgroups coupled with the option to pull in interested members through web meetings or focus groups achieves this balance. The IP project can be accomplished in one cycle, and we are recommending two cycles for the new daily meditation book.

#### FOR A MENTAL HEALTH/ILLNESS INFORMATIONAL PAMPHLET



#### **ISSUE: TARGETED COMMUNICATION**

**OBJECTIVE 3:** Improve communication to underserved populations, including development and distribution of targeted literature.

#### **Approaches**

Continued Commitments from the 2016–2018 Cycle

#### E. Create an approval draft of the mental health/mental illness informational pamphlet.

A workgroup of seven or eight members will be created after this plan is approved. Additional experience will be gathered through input already received, new solicitations for input, and focus groups of members with direct experience with this topic to share.

Over the course of the last cycle, we received over 800 pieces of input from most US states and 28 countries, primarily online. Most of the input offered will be a resource to the workgroup creating this pamphlet, but it has provided only limited direction in framing this project. The majority of members prefer an easy-to-read pamphlet that is warm, welcoming, and empathetic. We received many comments that this pamphlet should address the stigma and shame surrounding mental health issues, and assure members that this is not an unusual issue amongst recovering addicts and that recovery is possible in NA. It seems apparent that we need to have more exposure to, and discussion of, the ideas already contained in *In Times of Illness*, which do not seem to be well-known by many of our members.

Past that, much of the input gives conflicting guidance. For instance, some insisted we should be specific with clinical terminology, while most seemed to believe we should not be specific. There seemed to be a sense that we should write about addicts with mental health diagnoses or addicts who have been diagnosed with a mental illness, rather than mentally ill addicts. The terms *mental health* and *mental illness* were referenced more than any other in the input. The term *mental health* was preferred by an almost two-to-one ratio. As we develop ideas further with the help of a workgroup, we will report progress through eblasts and *NAWS News*.

This one piece of input sums up the main ideas respondents shared to be included in the IP:

"Although the specifics of mental health recovery in my life may be outside issues (medication, therapy, other treatment options), dealing with my mental health issues and recovery in this arena is as critical to my ability to stay clean and work a program of recovery in Narcotics Anonymous as living powerlessly, surrender, and finding a power greater than me."

The expected duration of this workgroup will be from approximately June 2018 through September 2019, and we are budgeting for a minimum of two face-to-face meetings at **\$60,000** for the project this cycle.

#### Below is a *tentative schedule* for the 2018–2020 project cycle:

- June 2018 January 2019: Workgroup meets and frames work Focus groups are held to gather input from members with direct experience to share
- February May 2019: Draft released for Fellowship-wide review and input
- June August 2019: Approval draft is finalized and sent to the World Board
- November 2019: Approval draft is published as an addendum in the 2020 CAR

#### FOR A NEW DAILY MEDITATION BOOK

#### **ISSUE: COMMUNICATION**

**OBJECTIVE 2:** Maximize communication vehicles and craft content that will better connect members to NA as a whole.

#### **Approaches**

Continued Commitments from the 2016–2018 Cycle

#### E. Begin work on new daily meditation book.

A workgroup of approximately nine members will be created after this plan is approved. Additional experience will be gathered through solicitations for input and virtual focus groups. We have already received great ideas and direction from the initial input. The expected duration of this workgroup will be from approximately June 2018 through September 2021.

Since this project spans two Conference cycles and budgets, it seems less effective to establish firm review and input dates at this point. Much as was done with *Guiding Principles, Just for Today*, and other recovery literature projects, we expect to release three or four batches of material for Fellowship review and input over the life of this project. All review and input periods will be a *minimum* of 90 days, will be available to any interested member, and will be announced as broadly as possible.

Because of the nature of this proposed book, which will be comprised of small portions of text on distinct topics, we believe we can engage members more deeply in the creation of draft materials than we have been able to accomplish in the past. This is not a book that is sequential; each entry will not build off the previous entry, all of which makes it easier to use draft material from members on specific principles. This also provides much more flexibility in the compiling of the material and the ways in which review and input material is distributed. We expect to learn as we go and will communicate more about timelines as we progress.

We received over 2,700 surveys from 37 countries when we asked for input on a new meditation book this cycle. The survey created a lot of input that is usable for the workgroup, but also provided some clear ideas about expectations. What we have already heard is that members seem to prefer a spiritual principle a day but would like to see *Living Clean* used as a resource as well as other recovery literature, including our Twelve Steps, Traditions, and Concepts. Our members seem to prefer real voices of members, less theory, and more experience. Repeating principles seemed to be an idea members embraced rather than being concerned about. They saw it as an opportunity to delve more broadly and deeply into a principle. Over 98 percent of respondents want the book to be similar in format to *Just for Today*—quotation, elaboration, reflection.

The expected duration of this workgroup will be from approximately July 2018 through September 2021, and we are budgeting for up to three face-to-face meetings at **\$90,000** for the project this cycle.

Below are *the beginning and ending dates* only for the project:

June – July 2018: Workgroup created
November 2021: Approval draft presented in the 2022 CAR

Direct projects expenses:	
Mental Health/Illness IP	\$60,000
New daily meditation book	\$90,000

#### TRAINING AND TOOLS PROJECT PLAN

OBJECTIVE 4: Continue to develop easy-to-use, relevant training and tools. OBJECTIVE 5: Increase the responsiveness of the tool-development process.

#### **Approaches**

Continued Commitments from the 2016–2018 Cycle

- F. Continue development of items for local service toolbox.
- **G.** Continue development of items for conventions and events toolbox.

During the 2016–2018 cycle, we began work on the two topics prioritized from the 2016 *CAR* survey and approved at WSC 2016, Conventions and Events and Local Service Toolbox. We have reported on both of these projects throughout the cycle and have a webpage for each project where we have been posting drafts and encouraging members to sign up to be on the email list for project announcements. This cycle has been a positive learning experience as we have opened the projects to any interested member, held web meetings, and distributed drafts for feedback. We chose our initial focuses through online surveys, and that has determined what we've worked on this past cycle. We weren't sure how easy it would be to have ongoing work on projects without the stability of a workgroup—having interested members come and go during the life span of the work—but it has been a great experiment and we are looking forward to continuing this inclusive, fluid approach next cycle.

Two Board members are assigned to each project as well as staff, and that provides us with the continuity we need. Although we do not have enough time to do all that we would wish to, we are pleased with the results of both projects, and in October 2017 we sent a draft tool from each project to Conference participants for input. The Conventions and Events Project distributed a draft on program, and the Local Service Toolbox Project distributed a draft on consensus-based decision making. Any input from participants will be considered, and then approval drafts will be posted pending a Conference decision on the approval process.

We would like to continue work on both projects this cycle and expect that Local Service Toolbox will continue on almost indefinitely. We plan to keep both projects virtual, with oversight from the World Board.

#### Next steps for the projects

Both projects have draft material in progress currently. The Conventions and Events Project is almost ready to release a draft of a Money Management piece, and is then planning to work on a piece about hotel negotiations. The Local Service Toolbox Project has been working on an approach to help support members serving in rural and isolated communities. After that draft tool is released, the next priority for the Local Service Toolbox, according to the project survey, would be Fellowship Development Basics. However, the results of the service material survey in the 2018 *Conference Agenda Report* may refocus the Toolbox priorities.

The approval process for material from each of these projects will be determined by WSC 2018.

We will be asking participants at WSC 2018 to make a decision about the approval process for the tools put together by these projects. There is more information and a proposal about this issue in the 2018 Conference Approval Track material. All of the tools drafted by the Conventions and Events and Local Service Toolbox Projects capture best practices of our Fellowship. The creation process is collaborative and open to all who want to participate, and the drafts are posted online. Given the nature of the tools and the inclusivity of the development process, we are hopeful that the Conference will adopt the same approval process for this material as the one that they created for Service Pamphlets. That process requires the World Board to send the approval drafts to Conference participants for 90 days for review before the drafts are considered formally approved. Since these tools are intended to be short pieces that can be updated as needed and the work in progress is posted to the project webpages in all stages of development, this seems the easiest approval path.

#### Status of Projects Adopted for the 2016–2018 Cycle

#### Straw Poll from WSC 2016 on Priorities:

- Recovery Literature low
  Service Tools low
  Collaboration in Service low
  Future of the WSC low
  - Fellowship Development and PR
  - Social Media as a PR Tool

low = 34, medium = 37, high = 45 low = 23, medium = 44, high = 49 low = 31, medium = 41, high = 44 low = 21, medium = 13, high = 82 low = 15, medium = 32, high = 69 low = 40, medium = 35, high = 39

#### **Recovery Literature Project Plan**

**OBJECTIVE 1:** Develop new recovery literature and/or revise existing literature to meet Fellowship needs.

#### Strategies:

- A. Publish "Guiding Principles: The Spirit of Our Traditions."
- **B.** Identify and pursue development of recovery literature priorities, based on the results of the 2016 CAR Fellowship survey on recovery literature.

We published *Guiding Principles* and framed one of the Issue Discussion Topics for the cycle around this new resource. If you have not held a workshop using this book as a resource, we highly recommend it.

WSC 2016 chose the top two priorities from the 2016 *CAR* survey for recovery literature—a Mental Health/Illness IP and a new daily meditation book. WSC 2016 also adopted a regional motion to direct the World Board to develop a project plan for a Mental Health/Illness IP. Our activity this cycle is included earlier in this document under the proposed 2018–2020 recovery literature project plans.

#### Service Tools Project Plan

**OBJECTIVE 2:** Develop concise, accessible, relevant, and adaptable tools that address basic concepts and that inspire users in their service efforts.

#### Strategies:

- A. Identify and pursue development of priority tools, based on the results of the 2016 CAR Fellowship survey on service tools, along with consideration of relevant external trends, best practices within the Fellowship, and NA spiritual principles.
- **B.** Collect best practices from those having success with service delivery on a local level including implementing parts of the service system model, and incorporate into tool development.

This cycle's project was framed around the priorities chosen by WSC 2016 based on the results of the service tool section of the 2016 *CAR* survey—Conventions and Events and Local Service Toolbox. We established a webpage for each of these projects and are asking the Conference to allow both projects to continue. There is additional information in the 2018–2010 Service Tools project plan.

#### Collaboration in Service Project Plan

**OBJECTIVE 3:** Raise awareness of the value, impact, and spiritual necessity of collaboration, demonstrating the relevance of the NA Vision for Service to each body within the service system.

Strategies:

- A. Continue to collaborate with regional delegates by further involving them in the NAWS planning process.
- **B.** Further the concept and value of a coordinated system-wide planning cycle by taking the following steps:
  - Provide regions and zones with a mechanism to input the environmental scanning process used as part of NAWS strategic planning. NAWS travelers attending zonal forums could facilitate a session to gather this input.
  - Provide regional delegates with a tool to communicate the results of the NAWS strategic planning process with their regions.

We took our first steps in more formally involving delegates in the NAWS planning process this cycle. The input we received is being distributed with the 2018 CAT material so that participants can see the input. We still have more to discuss and do and plan to further this conversation at WSC 2018.

#### Future of the WSC Project Plan

**OBJECTIVE 4:** Continue work to make the WSC a more effective resource to help achieve the Vision for NA Service.

Strategies:

- A. Based on the results of the WSC discussions, continue to further the discussion about WSC sustainability and effectiveness, and frame viable options for WSC seating.
- **B.** Improve the effectiveness of the WSC meeting by continuing to refine decision-making processes, discussion protocols, consensus-building strategies, and use of time during the week.
- **C.** Improve the effectiveness of the time between meetings by working on processes to forward issues and have discussions on ideas between WSC meetings.

Specific proposals for changes to business at WSC 2018 are contained in the 2018 CAT and have been discussed over the past year. We believe that the changes in New Business may help to engage participants in a more active way between Conferences. We are also asking that this project continue for the upcoming cycle, with more focus on defining an effective and sustainable WSC and advancing the discussion on WSC seating.

#### Fellowship Development and Public Relations Project Plan

**OBJECTIVE 6:** Increase understanding that effective Fellowship development efforts depend upon public relations work, emphasizing the need for collaboration among service bodies.

Strategies:

- A. With particular focus at zonal forums, help service bodies understand how their part in a coordinated, comprehensive public relations strategy is essential in their efforts to help strengthen and grow NA and advance the Vision for NA Service.
- **B.** Conduct a PR roundtable with medical professionals.

We are scheduled to have our third webinar with zonal participation discussing zonal PR in January. The focus is still on sharing best practices and exploring possibilities for the future. You will hear more about this in the *Conference Report* and at the Conference. We expect this interaction to continue.

We did not hold a PR roundtable this cycle but have included one in the 2018–2020 budget as a possibility.

#### Social Media as a PR Tool Project Plan

**OBJECTIVE 8:** Raise awareness and understanding of Narcotics Anonymous among the general public and potential members through the use of social media.

Strategies:

- **A.** Conduct research on the use of social media by similar groups including the impact it achieved and collect best practices related to social media use within the NA Fellowship.
- **B.** Based on this research, frame a conversation with WSC 2018 and the Fellowship on the possible uses of social media within the guidelines provided by NA principles to reach the general public and potential members.

We have done the research and asked the Fellowship to share their service experience with us. More will be prepared for the *Conference Report* and for discussion at WSC 2018.

#### **Understanding the Proposed Budget for 2018–2020**

#### Introduction

Before digging into the multipage spreadsheet of NAWS financial reports and projections, it may be helpful to understand some key principles of accounting in the nonprofit sector. As you probably know, a budget forecasts the income and expenditures for a specific time period. In this case, you'll be looking at what we anticipate to receive and to spend over the course of the next two fiscal years: fiscal year (FY) 2019, which runs 1 July 2018 through 30 June 2019; and FY 2020, 1 July 2019 through 30 June 2020. The budget covers the activities for all branches and literature distribution centers including Chatsworth, Europe, Iran, Canada, and India.

Our budget projections are based largely on our experience. As you'll see, there's a direct relationship between the actual income and expenses of the previous two years and what we propose for the next two years. These figures are reported side-by-side for easy comparison.

While a budget serves as an important administrative tool, it's also a plan of action, a reflection of our priorities, and a tool for coping with adverse situations, known and unknown. It reflects our collective decision to use proceeds from literature sales to fund NA services worldwide. Savings on the production side have made it possible to offer literature at reasonable prices while investing any excesses back into the vital work of translations, public relations, support for existing NA groups and members, and fellowship development, to name a few of the core services NAWS provides and supports. You'll see these priorities in the budget that follows.

#### Fixed costs across four activity areas

NA World Services' activities fall into four categories:

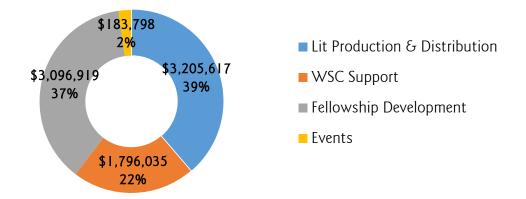
- Literature Production and Distribution
- Conference Support
- Fellowship Development
- Events

In preparing our two-year budget, we assign percentages to these categories based on the number of staff devoted to an activity, the approximate number of labor hours, and the amount of building space required. We forecast our budget for each of these areas based on these percentages and allocate our fixed operational expenses—costs that are ongoing, repeated, or regular—to each category proportionally. The total expenses for accounting, personnel, overhead, and technology are divided by these percentages and attributed to these expense areas in the budget.

#### Budget to actual FY 2017

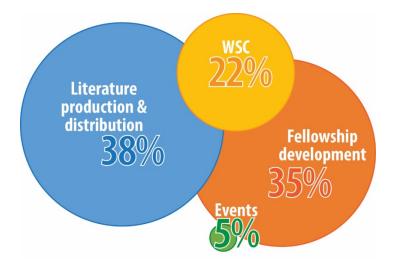
	Budget allocation for expenses	Total actual expenses
Literature Production and Distribution	33%	39%
WSC Support	24%	22%
Fellowship Development	36%	37%
Events	7%	2%

#### Actual expenditures FY 2017



The table above compares the budget forecast for FY 2017 with the actual expenses in each of the four activity areas. The circle graph shows our percentages, by category area, for the actual expenses for FY 2017 (the right-hand column of the table). In projecting the expenses for 2018–2020, we allocated funds in anticipation of planned activities and in response to changes in the economic environment, as follows:

#### Percentages assigned to fixed or operational costs in the 2018–2020 budget



#### Budget narrative explaining activity areas and adjustments for 2018–2020

**Literature Production and Distribution:** The proposed budget allocates more to this category than the previous budget and slightly less than the actual expenses of the previous fiscal year. We arrived at this figure in light of the increased work associated with updating our accounting platform, and the complexity of supporting our current catalog with more titles in more languages than ever before. These assets require more time and effort, leading us to increase the projected percentage over the previous budget. We also anticipate the continued increase of online orders and more cost-effective shipping via our distribution centers. Given these factors that potentially reduce expenses, we project a rate of 38%, slightly less than actual costs for FY 2017.

**World Service Conference Support:** WSC Support includes the expenses for our biennial meeting itself and all of the expenses associated with the WSC. This includes all expenses for the World Board, Human Resource Panel, WSC Cofacilitators, Conference- and Board-related publications, and Conference-related projects. In the last budget, we anticipated that 24% of our activity would be attributed to Conference-related expenses. Actual expenditures came in at 22%. We've projected the same percentage, 22% of fixed expenses, to be allocated for WSC Support in the 2018–2020 budget.

**Fellowship Development:** FD encompasses all of the other ways NA World Services supports the continuation and growth of NA worldwide. This budget area includes the expenses of public relations, publications, and workshops, and the direct support we're able to extend to individuals, groups, and service bodies, including a portion of what's spent to support free and subsidized literature. We've allocated 35% of the 2018–2020 budget for FD; that's slightly less than what was projected and spent in the previous cycle.

**Events:** We're planning a World Convention for 2018, which will require significant time, effort, and resources. Instead of the 2% of actual expenses we had in 2017, we are allocating 5% for fixed expenses related to events in the upcoming cycle, primarily WCNA. Activity in this area will be higher in the first year than in the second, but the average over the cycle seems reasonable.

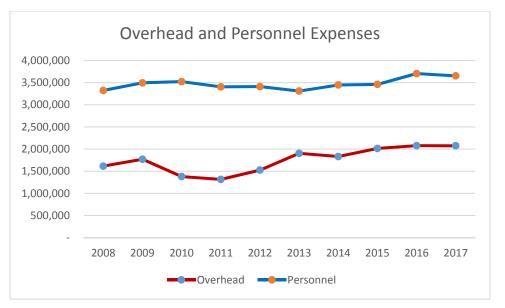
#### Operational costs that we allocate by these proportions

Having estimated the proportion of effort (time, space, resources) required by our four activity areas, we apply these proportions to four expense categories: Accounting, Personnel, Overhead, and Technology. These expenses are needed for the day-to-day operations at NA World Services, and are not easily assigned to a single function. In the budget that follows, you'll find a portion of each of these indirect costs assigned to the four activity areas according to the rates established for the coming two-year cycle.

The table below takes the two years of the 2016–2018 budget and divides it by two to determine what's known as an annualized figure for the 2016–2018 basis. The next two columns list the projected costs for the 2018–2020 budget period, with accounting costs holding steady and expenses for personnel, overhead, and technology increased by 2% in each year.

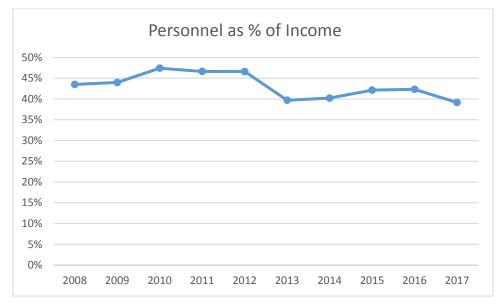
Expense Category	2016–2018 Basis	Proposed 2018–2019	Proposed 2019–2020
Accounting	\$51,248	\$51,248	\$51,248
Personnel	\$3,679,952	\$3,753,551	\$3,828,622
Overhead	\$2,076,721	\$2,118,255	\$2,160,620
Technology	\$346,356	\$353,283	\$360,348

#### Operational costs allocated to four activity areas



Although most expenses increase over time, the chart below reflects our efforts to control these costs.

For a service-oriented nonprofit organization, our personnel expenses as a percentage of income are in line with industry standards. We have been able to keep our personnel costs as a percentage of income to 39% in 2017, down from a high of 47% in 2010–2012. This is due to increased income and deliberate choices to not replace some staff positions.



Accounting: This includes professional services for annual audits and random forensic spot checks, costs associated with having an audit committee as required by the Sarbanes-Oxley Act, and other professional services associated with financial management.

**Personnel:** This reflects all wages and salaries, payroll taxes, health and worker's compensation insurance, training, recruitment, relocation, and retirement plan expenses associated with employees at all five locations of the World Service Office. It also includes contract labor hired for specific purposes.

**Overhead:** This includes facility lease expenses, maintenance and repair, telephone, utilities, postage, auto service and lease, office expenses, general insurance, amortization, bad debts, depreciation, bank charges, and fees associated with the five locations of the World Service Office. Bank charges continue to rise as use of the online store and credit card sales increase.

These expenses rose in this past cycle due to the aging of our assets in Amortization and Depreciation, an increase in bad debts from a few RSO closures, increased postage costs in all branches, obtaining additional warehouse space in Chatsworth, and acquisition of new equipment to allow us to produce more items inhouse.

**Technology:** This reflects the expense for information services, computer leases, software, supplies, software application upgrades and updates, equipment leases and repair, and service contracts. Expenses associated with maintaining the na.org website; the expenses associated with the database, online group data collection, and meeting information; and web and software fees for event registration are also included here. This category has increased, which is to be expected when you have an operation that is as dependent upon technology as ours, but is held in check by staff efforts. Any additional expenses in the upcoming cycle to transition to our new accounting platform and related technology needs will come from reserve funds and be reflected in technology expenses in financial reports.

#### Moving on

This gives you an idea of the frame of our budget—the four activity areas (Lit, WSC Support, FD, and Events) as well as the four categories of ongoing expenses (Accounting, Personnel, Overhead, and Technology), known as "fixed operational expenses" or "fixed costs," that are distributed proportionally to the activity areas.

The following breaks down the details that affect the 2018–2020 proposed budget and what is contained in each line item in the budget and in our financial reports. At this point, it might be helpful to have the budget handy and follow along as this narrative explains what you're looking at in each section.

The proposed budget provides a lot of information about the current cycle and our proposals for the next two years. The first column gives you the category name, followed by the 2015–2016 actual expenses, 2016–2017 actuals, the total for those two years, and then a column that averages or annualizes those two years. The last three columns give you a proposal for fiscal year 2019, followed by 2020, and a total for the two-year cycle.

#### 2018–2020 World Services Projected Income

**Recovery Literature**—We are projecting an increase of 1.5% in FY 2019, and 3.2% above that for FY 2020, for all of the titles listed under this category, with two exceptions. Both *Living Clean* and *Guiding Principles* are projected to have declining sales, and we have used more current figures to estimate income for these two titles. We expect both books to continue to have declining sales, but do not have a real trend yet. The figures reflected for both titles may be a bit optimistic.

Since we have a price increase planned for 1 July 2018, we expect that sales will artificially increase from our largest customers right before the increase. This will affect sales levels in year two, which is why we are forecasting only a 3.2% increase rather than the amounts of the price increase.

This category contains all of our Fellowship-approved recovery literature as defined under the *Fellowship Intellectual Property Trust*. A separate line item is shown for each book title. The line item for ePub books is a combination of all electronic literature sales. Other recovery income includes all Fellowship-approved pamphlets and booklets. We include a separate line item for Literature Income (Iran) in both income and

cost of goods. We show this separately and call out the budget totals without Iran because, as we have repeatedly reported, these are not funds that are readily available to us.

- **Other Inventory**—We have estimated the same increases as reported above for recovery literature. This category includes keytags, medallions, and service materials, which are all shown as separate line items.
- **Shipping**—This income is based on the estimated literature sales and the annualized actual income and expense. Since the last shipping increase took place in January 2014 for WSO Chatsworth and Canada and in July 2013 for WSO Europe, this may vary somewhat as shipping charges increase.
- **Discounts**—This is based on estimated literature sales and the projected discount level for those sales. The discount level varies based on the customer and size of orders.
- **Developmental Subsidies & Allowances**—This is the cost of subsidizing or reducing the price of literature (often free) provided to a growing worldwide Fellowship. Presently, to see the full value of this cost you have to add this amount to the line in the expense portion of the budget under Fellowship Development labeled "Developmental Literature" which includes the direct expenses for shipping, customs, and duties. For FY 2019 this combined total is \$565,685, and for FY 2020 it is \$578,899. This line item had increased between 7% and 25% each year for the previous seven fiscal years, but we have been better able to stabilize our costs for this important service in the last few cycles by printing in various alternative locations.

After these categories, you will see a subtotal for Gross Literature Income, meaning all funds received after discounts. To get to Net Income, you first have to deduct the cost of producing that literature.

#### Cost of Goods

To determine net income, we take what's described above and found on the first page of the actual budget and subtract the cost of goods (COG). COGs fall into two categories, as follows:

**Recovery Literature COG**—This section covers the costs of ushering recovery literature through the manufacturing process to the inventory shelf. Through staff efforts we have been able to avoid the standard increases in this area experienced by most publishers, but the publishing world is changing. Paper costs continue to rise worldwide, and we have forecast an overall increase in literature expenses of 9% for year one and 2% for year two. We have already received notice of the increased costs for FY 2018.

These costs are directly tied to the quantities included under income for each line item. The exceptions to the uniform increases shown in both sales and cost of goods are in the expense line items for *Living Clean* and *Guiding Principles* due to declining sales.

**Other Inventory COG**—This section reflects the costs associated with items listed under Other Inventory Income in the previous section, primarily medallions, keytags, and service material.

#### Net Literature Income

At this point in the budget—at the bottom of the second page, if you're following along—you will see that we've calculated a subtotal for net literature income by taking the gross income on page one, and subtracting the costs associated with producing those goods, the COGs detailed on page two of the budget.

#### **Fellowship Contributions**

We have had three fiscal years with over \$1,000,000 in contributions. For fiscal year 2017 contributions were 13% of total income, which was a first for us. We thank all of the members, groups, areas, and regions who have contributed.

Our five-year average for contributions is \$955,562, so we may be a bit optimistic with forecasting the same levels as the last two years at \$1,103,679. The World Board has made this conversation a priority for the upcoming cycle, so you can expect to hear more about this.

Licensed Vendor Payments, Interest, and Miscellaneous: This is income from licensing vendors, primarily for material that we do not produce at NAWS, in order to protect the Fellowship's trademarks. The income estimate is based on previous experience.

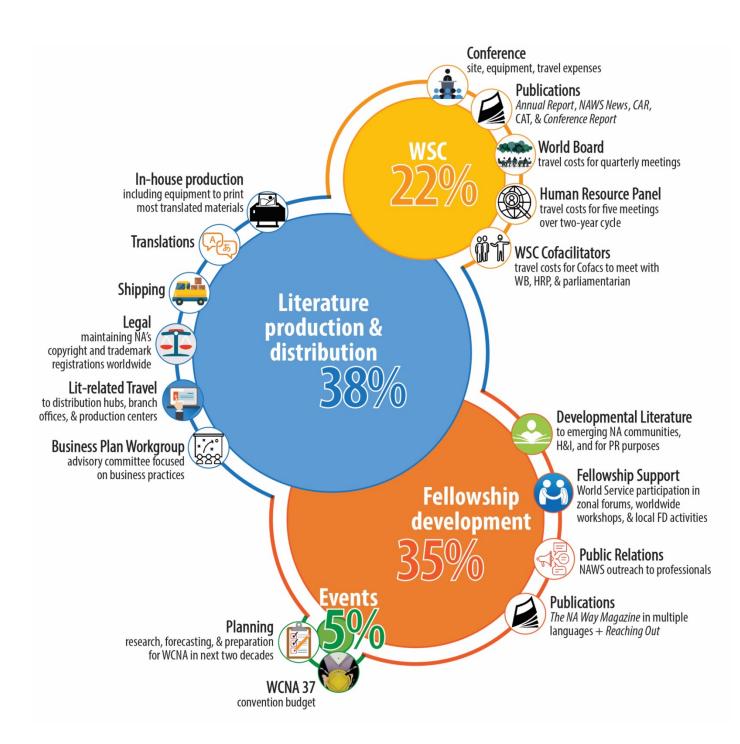
**Operating Income:** The final entry under income takes in all that's been accounted for so far to calculate our total operating income for each year and the cycles. Keep in mind that numbers for FY 2016 and FY 2017 report actual totals, while the numbers for FY 2019 and 2020 are our forecast.

#### 2018–2020 World Services Projected Expense

The next sections of the proposed budget contain the expenses categorized under the four activity areas previously described—Lit Production & Distribution, WSC Support, Fellowship Development, and Events. There is a 2% increase forecast in expenses for each year of the budget. Any exceptions to this are called out in detail later in this report.

Next, you will see a total for each of the four activity areas' fixed expenses, with variable or project expenses listed separately. At the end of all expenses, you will see a subtotal for total expenses. This is followed by a total revenue/expense (without event specific) line. This proposed budget reflects an anticipated net loss in the second year of the proposal, and for the cycle.

Although it is difficult to present a forecast that contains a net loss, this is exactly why we have reserve funds and why they are so important. We had budgeted for a net loss in the 2016–2018 cycle, and, largely due to *Guiding Principles*, expect to have net income for this cycle. For this one particular cycle only, we also have a net income of \$404,684 projected for WCNA 37, which is the next area shown in the budget. WCNA 37 projected income and expense are shown by category. After the WCNA expense, you will see the "bottom line" for the cycle shown on the line titled "Excess Revenue/Expenses incl. Event Specific." This shows a net income of \$584,165 for the cycle, and a net of \$330,134 without Iran. With the current volatility of the Iranian rial, it is important to focus on the number without Iran, shown in blue.



#### LITERATURE PRODUCTION & DISTRIBUTION

This section of the budget covers the expenses associated with distributing NA literature to Fellowship and non-Fellowship customers. This currently occurs through the WSO in Chatsworth and its branches in Canada, Belgium, India, and Iran.

**Fixed Operational Expense**—All literature production and distribution costs that are not included under Total Cost of Goods Sold.

**Marketing**—In the past, this covered the expense for attendance at and participation in professional events primarily related to corrections and treatment. Although we call this marketing, it is public relations–focused activity. The allocation for this activity can now be found under the Fellowship Development category in the Public Relations line item.

**In-House Production**—This includes the lease for reproduction equipment to print most translated books, booklets, and IPs that are not outsourced (and not included in Cost of Goods)—primarily non-English recovery books, pamphlets, and booklets; service materials; publications other than English *NA Way;* and reports. We have brought more of this activity in-house, which has given us greater flexibility and control of those items that we produce in small quantities.

**Translations**—This covers the direct expense for translations of recovery and service material into languages other than English that is not already captured under the COG for each specific project.

Literature Distribution (Iran)—This is the allocation for the literature that is sold in Iran.

**Shipping**—This expense is based on the shipping charges for estimated literature sales and announced or anticipated rate increases from our major carriers.

**Legal**—This is primarily the direct registration and legal expense associated with – maintaining worldwide copyright and trademark registrations for Narcotics Anonymous, *The NA Way*, the NA Logo, the Group Logo, and the Service Symbol, as well as all recovery and service material. It may also include direct costs to protect our intellectual property.

**Business Plan Workgroup**—This is the allocation for a workgroup that focuses on the routine business operations of NAWS and makes recommendations to the Board on business matters. Additionally, as required by law, a portion of this group fulfills the audit committee function. This workgroup's function and expenses have been moved into fixed operations with the concurrence of the Conference.

**Literature Production and Distribution Travel**—This allocation allows us to interact directly with RSOs, in addition to the quarterly webinars we have been holding, as well as travel to vendors and branch offices as needed.

#### WORLD SERVICE CONFERENCE SUPPORT

**Fixed Operational Expense**—This section of the budget covers the expenses associated with support to all World Service Conference–related activities.

**Publications**—These are the expenses associated with the production of the *Annual Report* once a year, and the *Conference Report*, the *Conference Agenda Report*, and Conference Approval Track material once each Conference cycle, and *NAWS News* approximately four times per year. The expense for translating *NAWS News* and the *CAR* is also included here.

World Service Conference—These are the expenses for the site and equipment needed for the event; hiring of the parliamentarian; funding for staff, World Board, WSC Cofacilitators, and the Human

Resource Panel; and the travel expense for currently 118 delegates from around the world. It is hard to predict the future for WSC 2020, but we have included a 7% increase in this line item.

**World Board**—The World Board is scheduled to meet four times per year in the upcoming cycle, with one of those meetings at WCNA 37. Our average cost per meeting in this past cycle was slightly less than \$50,000 per meeting because there are only 13 board members. With three North Americans rolling off of the Board and elections being held at WSC 2018, we expect this expense per meeting to go up. We base the line item for the World Board on four meetings per year and expenses, rather than using the annualized number. We also have other, smaller incidental expenses associated with the WB.

The Executive Committee continues to plan their meetings to coincide with a World Board or Business Plan meeting.

Human Resource Panel—This group is scheduled to meet a minimum of five times during the cycle to work on nominations and manage the World Pool. Part of one of these meetings will be used for orientation and training.

WSC Cofacilitators—The WSC Cofacilitators are scheduled to meet to prepare for the Conference with the parliamentarian and the World Board and HRP.

#### FELLOWSHIP DEVELOPMENT

**Fixed Operational Expense**—This section of the budget covers the expenses associated with support to the Fellowship.

**Publications**—These are the projected expenses for producing, publishing, and distributing *Reaching Out* four times per year and *The NA Way Magazine* four times per year in six languages. *The NA Way* is also translated into a seventh language, Farsi, but since WSO Iran charges for these issues, there is no expense. Every effort is being made to encourage members to opt for the electronic subscription, which features additional contents and links to our worldwide Fellowship. We are happy to report that *Reaching Out*—which celebrated 30 years in 2015—has increased by 16% and 25% in paper and electronic subscriptions, respectively, and has been translated by two communities so far for the cycle. We will be discussing this more in the *Conference Report* and at WSC 2018.

**Fellowship Support**—This is World Services' face-to-face interaction with the Fellowship, primarily in workshops and forums. This includes interactions at zonal forums, workshops, and local Fellowship development activities.

**Public Relations**—This is the cost of NAWS' efforts aimed at furthering NA's primary purpose by making professionals in various fields aware that NA is a community resource for addicts. This includes attendance at and participation in professional events for NAWS and NAWS' cooperation with local PR events. These activities reach those who interact with addicts.

A related public relations activity is providing information about Narcotics Anonymous in various magazines aimed toward professional fields such as corrections and treatment. Awareness of NA and NA recovery literature may help professionals connect addicts to the NA Fellowship.

**Developmental Literature**—This is the cost to distribute free literature to a growing number of developing NA communities, to hospitals and institutions, and for public relations purposes. The amount also includes the expenses for shipping, customs, and duties. We are still working on better reflecting this activity in our financial reports. To see the actual amounts, see the description for "Developmental Subsidies & Allowances" under the income heading.

#### **EVENTS**

**Fixed Operational Expense**—This section of the budget covers the fixed expenses associated with event planning and support to the Fellowship.

Future and Prior Conventions—These are the expenses associated with planning up to five conventions at any time.

WCNA 37 – The Magic Is Still Real

**Convention Budget**—We stick the Convention at the bottom of the budget to show the effect of all of the other activity prior to factoring in an event that occurs every three years and can differ drastically depending on where it is held. WCNA 37 is projected to allow for positive net proceeds. The World Board set the registration price to cover the fixed expenses of audiovisual, center rent, security, setup, and so on. Those "core" expenses are projected at \$102 per registrant. That allows the possibility of some income from merchandise and some special events.

**Core Expenses**—These are the projected costs for registration, program, facilities, workgroup, and administration divided by the number of projected registered attendees. These figures from the budget are reflected below:

Registration	\$739,200
Program	\$356,500
Facilities	\$789,000
Workgroup	\$46,000
Administration	\$206,850
Projected Registrants @ 21,000	\$102 per registrant to cover expenses

#### 2018–2020 World Services Variable Operations

The "Guidelines for the NA World Services Budget" (*GWSNA*, p. 28) call for a specific process to be created for the consideration, evaluation, development, and approval of World Service projects and those activities that vary from year to year.

This cycle we are proposing several projects that are listed individually under WSC Support and Fellowship Development. We have asked for leeway with increasing workgroup meetings if there are the human and financial resources available to do so later in the cycle. There is an additional allocation for PR roundtables carried over from the past two cycles that was never used. In any given Conference cycle, we may or may not be able to accomplish everything that we propose. We believe that the spirit of the budget process adopted by the Conference requires Conference approval of the work of World Services. Therefore, we present all items that could possibly be worked on before the next meeting of the WSC, and we report our activity throughout the Conference cycle.

#### **Other Financial Notes**

We are proposing that the meal and incidental allowance be raised from \$55 to \$60. The last increase was approved by WSC 2008, so it has been ten years. The proposed reimbursement policy for 2018–2020 is included in this packet for consideration at the upcoming Conference.

The Cash Basis sheet for the proposed 2018–2020 budget will also be distributed at or before WSC 2018. This sheet shows the actual cash values for NAWS each cycle. For example, there are items in the NAWS financial reports that have an impact on net proceeds but aren't really cash that we spend. Things like the decreasing/increasing value of our Fixed Assets—called Depreciation/Amortization—is where these types of noncash items are reflected on our Statement of Financial Position, or what used to be referred to as the Balance Sheet. A reduction in our fixed asset value results in a lowering of our Net Proceeds on that statement. Since this is only an accounting entry, as it does not actually involve spending that amount, we put that amount back into the reflection of our cash position to provide a more realistic view of our cash assets.

We then take those major expenses that we project to spend cash on and show their respective impact on our cash position by the end of the cycle. Investments in computer hardware or software, furniture, leasehold improvements, or other items are just a few examples of these kinds of expenses. So, in a budget cycle where we expect a negative income/expense result, we allocate cash as a backup to better support our ability to accomplish the items mentioned above or projects approved by the WSC.

					2018-19	2019-20	
	Donation	Donation Income Increase			%00.0		
	Literature	Literature Income Increase			1.50%		
	Literat	Literature Cost Increase			8.00%		
	ω_	Expenses Increase			2.00%	2.00%	
	NARCOTICS	ANONYMOU	ANONYMOUS WORLD SERVICES,	RVICES, INC.	Ġ	_	
Å	PROPOSED BUDGET FOR FISCAL YEARS 2019 and 2020	DGET FOR F	<b>ISCAL YEAR</b>	S 2019 and 2	020		
	2015-16 Actual	2016-17 Actual	24 month total	Annualized	Proposed July 2018 - June 2019	Proposed July 2019 - June 2020	Cycle Total for Fiscal Years 2019 and 2020
INCOME							
RECOVERY LITERATURE INCOME							
BASIC TEXT: Hardcover English	\$2 129 589	\$2 102 889	\$4 232 478	\$2 116 230	\$2 147 983	\$2 216 718	\$4 364 701
BASIC TEXT: Translated	185,527	181,841	367,368	183,684	186,439		378,845
BASIC TEXT: Softcover	1,028,650	961,266	1,989,916	994,958	1,009,882	1,042,199	2,052,081
JUSI FOR IOUAY IT WORKS: HOW & WHY	/82,883 628,018	7/6,286 599.767	1,559,169	//9,585 613.893	/91,278 623.101	816,599 643.040	1,607,877
SPONSORSHIP BOOK	34,429	29,521	63,950	31,975	32,455		65,948
STEP WORKING GUIDES	768,736	818,222	1,586,958	793,479	805,381		1,636,535
LIVING CLEAN GLIIDING PRINCIPI FS	401,702	409,247 833 161	8/1,009	435,505	300,000	412,800 309.600	812,800 609 600
ePUB BOOKS	88,155	98,768	186,923	93,462	94,863		192,762
LITERATURE INCOME (IRAN)	802,679	697,590	1,500,269	750,135	761,387		1,547,137
OTHER RECOVERY LITERATURE	1,344,464	1,317,603	2,662,067	1,331,034	1,350,999	1,394,231	2,745,230
Subtotal	\$8,254,892	\$8,826,161	\$17,081,053	\$8,540,527	\$8,503,768	\$8,775,889	\$17,279,657
OTHER INVENTORY INCOME							
MEDALLIONS	\$838,030	\$859,696	\$1,697,726	\$848,863	\$861,596		\$1,750,763
KEYTAGS & CHIPS	1,318,138	1,300,113	2,618,251	1,309,126		1.0	2,700,045
NON-FIPT INFORMATION BOOKLETS HANDROOKS	57,804 46 970	60,871 49.478	118,675 96 448	59,338 48 224	60,228 48 947		122,382
SPECIALTY ITEMS	83,727	77,261	160,988	80,494			166,017
GROUP/AREA MATERIALS	173,830	115,479	289,309	144,655	-		298,347
MIRACLES HAPPEN	22,309	24,695	47,004	23,502	23,855	24,618	48,472
Subtotal	2,540,808	2,487,593	5,028,401	2,514,201	2,551,914	2,633,575	5,185,488
SHIPPING	\$585,222	\$611,302	\$1,196,524	\$598,262	\$607,236	\$626,667	\$1,233,903
DISCOUNTS DEVELOPMENTAL SLIBSIDIES & ALLOWANCES	(1,330,777)	(1,433,968)	(2,764,745)	(1,382,373)	(1,403,108) (158,440)	E)	(2,851,116) (321 968)
		/popt.p./	1				
Subtotal	(\$876,433)	(\$1,004,002)	(\$1,880,435)	(\$940,218)	(\$954,321)	(\$984,859)	(\$1,939,180)
Gross Literature Income (less discounts)	9,919,267	10,309,752	20,229,019	10,114,510	10,101,361	10,424,604	20,525,965
Gross Literature Income (without Iran)	9,116,588	9,612,162	18,728,750	9,364,375	9,339,974	9,638,854	18,978,828
RECOVERY LITERATURE COST OF GOODS							
BASIC TEXT: Hardcover English	370,968	333,396	704,364	352,182	383,878		775,434
BASIC TEXT: Translated BASIC TEXT: Softcover	67,093 122.579	40,368 114 454	107,461 237 033	53,731 118,517	58,566 129 183	59,738 131 767	118,304 260 950
JUST FOR TODAY	66,779	61,276	128,055	64,028	69,790		140,976
IT WORKS: HOW & WHY	99,453 3 004	88,799	188,252	94,126	102,597		207,247
STEP WORKING GUIDES	78,598	71,932	150,530	75,265	82,039		165,718
LIVING CLEAN	59,411	51,225	110,636	55,318	60,297		121,799
GUIDING PRINCIPLES	28.658	107,762 31.821	107,762 60 479	53,881	52,906 32.961	53,964	106,870 66.581
LITERATURE PRODUCTION (IRAN)	z0,030 514,736	537,003	1,051,739	525,870	573,198		1,157,859
OTHER RECOVERY LITERATURE	246,912	230,618	477,530	238,765	260,254	265,459	525,713
Subtotal	1.663.111	1.674.261	3.337.372	1.668.686	1.813.043	1.849.304	3.662.348

# 2018 Conference Approval Track • Page 35

	NARCOTICS	ANONYMOL	NARCOTICS ANONYMOUS WORLD SERVICES, INC.	ERVICES, INC	G		
R -	<b>ROPOSED BL</b>	IDGET FOR F	PROPOSED BUDGET FOR FISCAL YEARS 2019 and 2020	S 2019 and 2	020		
	2015-16 Actual	2016-17 Actual	24 month total	Annualized	Proposed July 2018 - June 2019	Proposed July 2019 - June 2020	Cycle Total for Fiscal Years 2019 and 2020
OTHER INVENTORY COST OF GOODS							
MEDALLIONS	\$181 266	\$185 337	<b>\$366</b> 508	\$183 200	\$199 796	\$203 792	\$403 588
KEYTAGS & CHIPS	273.965	277.581	551.546	275.773	300,593		607.197
NON-FIPT INFORMATION BOOKLETS	5,208		9,952	4,976			
HANDBOOKS	10,597	10,522	21,119	10,560	11,510	11,740	23,250
SPECIALTY ITEMS	24,444		43,340	21,670			47,713
GROUP/AREA MATERIALS	53,949		79,977		7	7	ω
MIRACLES HAPPEN	4,184	4,3/1	8,555	4,2/8	4,662	4,756	1
Subtotal	\$553,613	\$527,474	\$1,081,087	\$540,544	\$589,192	\$600,976	\$1,190,169
			# 1 110 1L0			#0 110 001	
	\$2,216,724	\$2,201,/35	\$4,418,459	\$2,209,230	\$2,402,236	\$2,450,281	\$4,852,516
lotal Cost of Goods (without Iran)	\$1,701,988	\$1,664,732	\$3,366,720	\$1,683,360	\$1,829,038	\$1,865,619	\$3,694,657
Net Literature Income	\$7.702.543	\$8.108.017	\$15.810.560	\$7.905.280	\$7,699,125	\$7.974.324	\$15.673.449
Net Literature Income (without Iran)	\$7,414,600	\$7,947,430	\$15,362,030	\$7,681,015	\$7,510,936		\$15,284,171
FELLOWSHIP CONTRIBUTIONS							
BREAKDOWN BY DONOB TYPE							
Members	\$52,734	\$175,295	\$228,029	\$114,015	\$114,015	\$114,015	\$228,029
Groups	80,444	88,284	168,728	84,364	84,364	84,364	168,728
Areas	176,399	153,332	329,731	164,866	164,866	164,866	329,731
Regions	540,835	594,455	1,135,290	567,645	567,645	567,645	1,135,290
Evenis/Conventions Unity Day	00,000 0	143,303	000,822	1 14,332	114,332	0	229,003 ()
Zonal & Other Forums	81,380	34,336	115,716	57,858	57,858	57,858	115,716
Total Contributions	\$1,018,092	\$1,189,265	\$2,207,357	\$1,103,679	\$1,103,679	\$1,103,679	\$2,207,357
MISCELLANEOUS INCOME							
LICENSED VENDOR PAYMENTS	\$29,950	\$30.700	\$60,650	\$30,325	\$30,325	\$30,325	\$60.650
INTEREST	3,752	3,7	7,534				7,534
MISCELLANEOUS	2,395	36	2,431	1,216	0	0	0
Total Miscellaneous Income	\$36,097	\$34,518	\$70,615	\$35,308	\$34,092		\$68,184
<b>OPERATING INCOME</b> (Not including event speci	\$8,756,732	\$9,331,800	\$18,088,532	\$9,044,266	\$8,836,896	\$9,112,094	\$17,948,990
		\$9,171,213	\$17,640,002	\$8,820,001	\$8,648,707	\$8,911,005	\$17,559,712

	NARCOTICS	ANONYMOU	NARCOTICS ANONYMOUS WORLD SERVICES, INC.	RVICES, INC			
R.	<b>KOPOSED BU</b>	DGET FOR F	PROPOSED BUDGET FOR FISCAL YEARS 2019 and 2020	S 2019 and 2	020		
	2015-16 Actual	2016-17 Actual	24 month total	Annualized	Proposed July 2018 - June 2019	Proposed July 2019 - June 2020	Cycle Total for Fiscal Years 2019 and 2020
EXPENSE							
LITERATURE PRODUCTION & DISTRIBUTION							
FIXED OPERATIONAL EXPENSES							
MARKETING	\$2,781	\$996	\$3,777	\$1,889	\$1,889 Allocation moved to Public Relations	o Public Relations	
IN-HOUSE PRODUCTION (not included in Cost of Goods	84,570	99,921	184,491	92,246	94,090		190,063
TRANSLATIONS (not included in Cost of Goods)	41,611	31,624	73,235	36,618	37,350		75,447
CHIERATURE DISTRIBUTION (IRAN)	32,594 563 146	98,088 635 586	131,282	500,041	611353	68,293 623 580	135,24/
BUSINESS PLAN WORKGROUP	0	6,860	6,860	3,430	7,700		15,554
LEGAL	37,878	40,768	78,646	39,323	40,109		81,021
LITERATURE PRODUCTION & DISTRIBUTION TRA	8,032	16,169	24,201	12,101	12,343		24,932
ACCUUNTING	18,355	18,905	37,260	18,630	19,543	19,543	39,085
	650.934	755 652	1 406 586	703 293	804.937		1 625 972
TECHNOLOGY	120,983	130,142	251,125	125,563	134,247	136,932	271,180
Total Literature Production & Distribution	\$2,857,897	\$3,205,617	\$6,063,514	\$3,031,757	\$3,254,975	\$3,319,684	\$6,574,660
al Literature Production & Distribution (without Iran)	\$2,825,303	\$3,106,929	\$5,932,232	\$2,966,116	\$3,188,022	\$3,251,391	\$6,439,413
WORLD SERVICE CONFERENCE SUPPORT							
FIXED OPERATIONAL EXPENSES							
PUBLICATIONS	\$14,336	\$12,043	\$26,379	\$13,190	\$13,453		\$27,176
	435,726 203 468	2,981	438,707	219,354	25,000	214 200	494,416
HUMAN RESOURCE PANEL	26.148	22.085	48.233	24.117	24.599	25.091	49.690
WSC COFACILITATORS	5,225		5,225	2,613	2,613	5,225	7,838
ACCOUNTING DEPEONNEL (Included and huddeded to underla and included	11,275	13,360	24,635	12,318	11,314	11,314	22,628
	404.616	535.330	939.946	469.973	466.016	475.336	941.352
TECHNOLOGY	74,318	91,967	166,285	83,143	77,722	79,277	156,999
	¢1 071 040	44 704 074		41 000 JC	64 CEC 400		770 00F 04
200004	\$1,371,049	41,134,011	\$9,100,1 ZU	000,000 ¢	¢1,000,499	¢2,133,079	40,1 32,011
VARIABLE OPERATIONAL EXPENSES							
PROJECTS ADOPTED AT PREVIOUS WSC	72,477	1,164	\$73,641	\$36,821			150,000
					90,000	on'no	
Subtotal	\$72,477	\$1,164	\$88,165	\$44,083	\$90,000		\$150,000
Total World Service Conference Support	\$2,044,326	\$1,796,035	\$3,854,885	\$1,927,443	\$1,746,499	\$2,195,879	\$3,942,377

	NARCOTICS	<b>ANONYMOL</b>	NARCOTICS ANONYMOUS WORLD SERVICES, INC.	ERVICES, INC			
PR	PROPOSED BU	JDGET FOR I	BUDGET FOR FISCAL YEARS 2019 and 2020	S 2019 and 2	020		
	2015-16 Actual	2016-17 Actual	24 month total	Annualized	Proposed July 2018 - June 2019	Proposed July 2019 - June 2020	Cycle Total for Fiscal Years 2019 and 2020
FELLOWSHIP DEVELOPMENT							
FIXED OPERATIONAL EXPENSES							
	¢176 705	¢71 588	¢108 203	\$00 117	\$101 120	¢103 150	COLU 281
FELLOWSHIP SUPPORT	345.169	406.753	751.922	375.961	383.480		774.630
PUBLIC RELATIONS	83.848	92.750	176,598	88,299	90.065	91,866	181,931
DEVELOPMENTAL LITERATURE	333,389	465,112	798,501	399,251	407,236	415,380	822,616
	17,830	16,637	34,467	17,234	18,000	18,000	36,000
PERSONNEL (Includes amt budgeted to variable projects	1,259,956	1,205,870	2,465,826	1,232,913	1,313,743	1,340,018	2,653,760
OVERHEAD	846,144	723,684	1,569,828	784,914	741,389	756,217	1,497,606
IECHNOLOGY	117,527	114,525	232,052	116,026	123,649	126,122	249,771
Subtotal	\$3,130,568	\$3,096,919	\$6,227,487	\$3,113,744	\$3,178,691	\$3,241,905	\$6,420,595
VARIABLE OPERATIONAL EXPENSES							
PROJECTS ADOPTED AT PREVIOUS WSC	0	0	\$0	\$0			
MENTAL HEALTH/ILLNESS PAMPHLET					30,000	30,000	60,000
DAILY MEDITATION BOOK					45,000	45,000	90,000
PUBLIC RELATIONS ROUNDTABLES			•	•	38,000		38,000
Subtotal	¢0	09	¢0	09	¢113 000	\$75 000	\$1 88 DOD
000008	<b>*</b>	2			000		000'00 I ¢
Total Fellowship Development	\$3,130,568	\$3,096,919	\$6,227,487	\$3,113,744	\$3,291,691	\$3,316,905	\$6,608,595
EVENTS							
FIXED OPERATIONAL EXPENSES							
FUTURE (AND PRIOR) CONVENTIONS	\$6,221	\$1,815	\$8,036	\$4,018	\$0	10,000	10,000
	- 000 1	1	- 07 U		. 11	0 571	L 1 13
DEPRONNEL (Includes and hurdrated to variable projects	352 046	210,1	0,494 A61 671	2,241 230 836	1 10,2	1/0'7	3,143
	176.646	60.435	237,081	118,541	105,913	108.031	213,944
TECHNOLOGY	32,838	10,411	43,249	21,625	17,664	18,017	35,682
Total Events (without event specific)	\$572.733	\$183.798	\$756.531	\$378.266	\$313.826	\$330.051	\$643.877
(							
NAWS EXPENSE (without event specific)	\$8,605,524	\$8,282,369	\$16,902.417	\$8,451,209	\$8,606,991	\$9,162.518	\$17,769,509
NAWS EXPENSE (without Iran)	\$8,572,930	\$8,183,681	\$16,771,135	\$8,385,568	\$8,540,037	\$9,094,225	\$17,634,262
EXCESS REVENUE/EXPENSE (without event spec	\$151,208	\$1,049,431	\$1,186,115	\$593,058	\$229,905	(\$50,424)	\$179,481
EXCESS REVENUE/EXPENSE (without Iran)	(\$104,141)	\$987,532	\$868,867	\$434,434	\$108,670	(\$183,220)	(\$74,550)

	NARCOTICS	ANONYMOL	NARCOTICS ANONYMOLIS WORLD SERVICES, INC.				
				5 2040 and 2			
Í		DGEL FOR P	PROPOSED BUDGET FOR FISCAL TEARS 2019 and 2020	S 2019 and 2	070		
	2015-16 Actual	2016-17 Actual	24 month total	Annualized	Proposed July 2018 - June 2019	Proposed July 2019 - June 2020	Cycle Total for Fiscal Years 2019 and 2020
WCNA 37							
INCOME							
					\$ 2,327,500		2,327,500
PRE-REG MERCHANDISE					\$ 106,000		106,000
SPECIAL EVENTS					\$ 673,000		673,000
NEWCOMER DONATIONS					\$ 15,000		15,000
MERCHANDISE					\$ 798,584		798,584
OTHER SALES					\$ 50,000		50,000
TOTAL WCNA 37 INCOME					\$ 3,970,084	ج	3,970,084
EXPENSE							
REGISTRATION					\$ 739,200		739,200
SPECIAL EVENTS					\$ 638,250		638,250
PROGRAM					\$ 356,500		356,500
MERCHANDISE					\$ 785,600		785,600
FACILITIES					\$ 789,000		789,000
WCNA 37 Workgroup					\$ 50,000		50,000
ADMINISTRATION					\$ 206,850		206,850
TOTAL WCNA 37 EXPENSE			-		\$ 3,565,400	• ج	3,565,400
WCNA 37 NET REVENUE					\$ 404,684	۰ ج	404,684
	ECIFIC				\$634,589	(\$50,424)	\$584,165
EXCESS REVENUE/EXPENSE (without Iran)					\$513,354	(\$183,220)	\$330,134

# Proposed Travel Reimbursement Policy 1 July 2018 – 30 June 2020

This package will attempt to answer most questions you may have concerning reimbursement and advances for expenses you may incur while fulfilling your world service commitment.

Enclosed you will find a copy of the World Services Travel Guidelines. You should attempt to familiarize yourself with this document. The most commonly asked questions are addressed here.

#### Seven Basic Rules to Keep in Mind

- 1. All requests for funds and accounting for advances must be submitted on a Reimbursement Request form. A copy is included.
- 2. All reimbursement requests must be submitted no later than 60 days after the last travel day of a trip or event. Submissions after 90 days will typically be denied. Any advances not accounted for within this time period must be returned. Please note that any advances not accounted for will become accounts receivable and reported to the Conference.
- 3. You will only be reimbursed for travel on the days you were scheduled to travel or attend an event. International travelers will frequently need an extra day on either end of an event. This is anticipated. All other extensions must receive prior approval on a case-by-case basis or they will not be reimbursed.
- 4. Requests should include a receipt, when possible, for non-meal-related reimbursable items.
- 5. Send all original documents (including receipts) to the WSO.
- 6. Travel expenses are typically reimbursable for portal-to-portal expenses.
- 7. The Internal Revenue Service (IRS) does not allow for personal phone calls as a reimbursable expense.

#### MEALS

Maximum meal and tip allowance is \$60 US per day (including travel days). If you are traveling outside the US, you will be notified prior to departure of the approved Daily Meal and Tip Allowance for the particular country to which you are traveling. This is the maximum you will be advanced/reimbursed for meals and tips. It is not necessary to save or turn in your meal receipts.

#### TRAVEL

You must turn in receipts for all travel expenses; airfare, cab fare, shuttle service, mileage, or other ground transportation, parking, and tolls are reimbursable. If normal receipts are unavailable, a handwritten, signed receipt must be included. It is generally expected that the most economical means of transportation safely available will be used. Occasionally, travelers may wish to pool their resources and rent a car. This can frequently save money; however, in most cases this must receive prior approval. Please note that when using your own car, you must include your odometer reading from the point of origin to the point of destination and the purpose of the trip on the reimbursement request. This reimbursement request will serve as the necessary receipt for mileage reimbursement. The reimbursable mileage rate for 2017 is \$0.54 per mile. These rates change each year and are established by the IRS.

For meetings held at the WSO-Chatsworth, ground transportation, including car rental, does not require prior approval. The maximum allowable ground transportation from Los Angeles area airports is \$40 per person each way, including tips. If you choose to use something other than the shuttle voucher provided by NAWS, ground transportation that exceeds this amount requires prior approval.

#### **Travel Reservations Procedure**

Air transportation will be reserved through the WSO or its agent whenever possible. <u>Travelers making</u> reservations through their own travel agents must fax or email a copy of their itinerary to the WSO at the <u>time the ticket is booked</u>. All travelers are required to make their travel arrangements at least 21 days prior to the scheduled travel. In cases when this is not possible, travelers must request special consideration for their travel by notifying the WSO prior to the 21-day deadline. The WSO will then ask for a decision from the designated member of the World Board. Their decision may be any of the following:

- 1. To approve the travel request
- 2. To ask the traveler to pay the difference between the ticket price and the 21-day advance purchase price
- 3. To offer an alternative mode of travel including but not limited to the use of other airlines, or air travel certificates
- 4. To reject the travel request

#### SAMPLE REIMBURSEMENT REQUEST

The following scenario is examined: Sam (could be Samantha) Service is funded to attend a workshop at a zonal forum meeting in Dallas for three days. Sam lives in Wisconsin. Sam purchases airline tickets (after checking with the WSO travel agent for a quoted rate) from a local travel agent. *Note:* In most cases, the WSO travel agent will be the least expensive. A local agent should only be utilized as a means to secure a lower fare, never as a convenience. Remember to always purchase your tickets a minimum of 21 days prior to departure in order to qualify for the lowest fare. Sam then drives to the airport (27 miles from home) and parks at the economy parking lot. Usually, the hotel room is booked by the WSO; however, that was not possible on this occasion. The shuttle to the hotel costs \$14.00, and Sam tips the driver \$2.00. Sam attends the event, imparting great wisdom to the local NA community, returns to the airport by shuttle (\$16 with tip), and flies home. The parking bill is \$21. Sam saves all receipts. An advance of \$180 was requested and granted. The meal allowance is \$60/day. What is reimbursable, and how does Sam fill out a request?

Refer to the sample request attached.

- Airfare—yes, with receipt and itinerary faxed to the WSO.
- Drive to airport—yes; the beginning and ending odometer readings and the purpose of the trip must be provided. Compute mileage at \$0.54 per mile (27 x \$0.54 = \$14.58).
- Shuttle (with tip)—yes, with receipt.
- Meals—maximum meal and tip allowance is \$60 per day (includes travel days); no receipts needed.
- Hotel—yes, with receipt. *Note*: Only room rate and tax is reimbursable; anything else charged to your room (meals, movies, phone calls, etc.) is your responsibility. Single accommodations may be planned to accommodate travelers from different time zones and/or those with individual personal issues such as snoring. This must be approved by World Services and may not be done by the individual traveler. If staying with a non-world service traveler, they will be expected to pay for one-half of the room. The WSO staff will let travelers know how to arrange payment.
- Parking—yes, with receipt.

Fill out the Reimbursement Request as shown and mail the signed original to the WSO. You may fax a copy to the WSO to help expedite your approval, but all originals *must* go to the office.

After approval, the balance of Sam's request (after deducting the \$180 advance) is mailed in the form of a check on the next weekly run. Because Sam filled out the request correctly and included the proper documentation (receipts), within a week (two at the most) Sam has been reimbursed for the above expenses.

#### ADVANCES

If you receive an advance, you MUST submit a reimbursement request, even if no money is due you. This is done to account for the funds. Include any unused funds. No funds will be advanced or reimbursed to you until any previous advances that are outstanding for 60 days or more have been accounted for.

#### A WORD TO THE WISE

If, after reading the World Service Travel Guidelines and this package, you are uncertain about a particular item and whether or not it is or would be reimbursable, please contact the WSO for clarification. A good rule of thumb to use is this: If something is not addressed clearly in the World Service Travel Guidelines, it most likely will require prior approval if you plan on requesting reimbursement. As with all policies, there are times when travelers may need to seek an exception. The World Board Executive Committee has the ability to consider these requests on a case-by-case basis.

We hope this has been helpful. Again, please submit your requests as soon as possible. It will help you be reimbursed more quickly and greatly aid in the administration of our travel budget.

# **Reimbursement for Non-Travel Trusted Servant Expenses**

Most expenses incurred in order to fulfill your service commitment are reimbursable. All require receipts and must be submitted within 90 days of purchase (in the case of supplies) or date of bill (phone/fax).

#### 2018-2020 Communications Policy

The IRS does not allow personal phone calls as a reimbursable expense. Only telephone calls that are directly related to a specific business purpose are a reimbursable expense. Telephone, internet, and fax expenses incurred by world service trusted servants in the course of authorized or necessary world service business are reimbursable using the following procedure.

- Allocations are determined by project, activity, or assignment. These allocations will be for monthly expenditures unless otherwise authorized.
- Telephone credit cards may also be issued when authorized.
- All phone and internet expenses must be substantiated.
- Individuals' expenses must be submitted to the WSO each month or as a bill is available.
- If you have been approved by World Services to install a dedicated line for internet, the installation and the monthly line charge are reimbursable (with receipts) or, in some cases, may be directly billed to NAWS. These connections are provided to ensure reliable communications with World Services.

#### Miscellaneous

Any other expenses incurred that you believe should be reimbursed should be submitted as "other" on a Reimbursement Request and include receipt(s).

# Sample Reimbursement Request

Name:	Sam Service	Date of Request:	1 Sept 2018
Event/Purpose:	Zonal Forum Workshop	Dates of Event:	04-06 Aug 2018
Location:	Dallas, Texas, USA		

#### Maximum meal and tip allowance is \$60 per day

	3	# of Days	x \$60.0	0	\$180.00			
Days	Travel	Lodging	Meal	/Tip	Other	Notes		Daily Total
Thursday								
Friday	\$292.00 \$14.58* \$30.00**		\$30.0	0		Airfare *27 miles **Shuttle		\$366.58
Saturday			\$40.0	0				\$40.00
Sunday	\$14.58* \$35.00** \$21.00***	\$181.50	\$55.0	0		*27 miles **Shuttle ***Parking	J	\$307.08
Monday								
Tuesday								
Wednesday								
Totals	\$407.16	\$181.50	\$125.	00				\$713.66
			-			Adva	nce	\$180.00
						В	alance	\$533.66
Make & Mode	l of Vehicle	2006 Prius			Licen	se Number	123XXX	1
	reading at ning of trip	62300		Od	ometer read	ding at end of trip	62354	

#### # of David y f(0,0)+100 00

I hereby certify the above is true and correct.

Signed	Date	_
Approved	Date	

# **Proposed Rules and Tools for WSC Decision Making**



**OBJECTIVE 4** — Future of the WSC: Continue work to make the WSC a more effective resource to help achieve the Vision for NA Service.

Strategies:

- **A.** Based on the results of the WSC discussions, continue to further the discussion about WSC sustainability and effectiveness, and frame viable options for WSC seating.
- **B.** Improve the effectiveness of the WSC meeting by continuing to refine decision-making processes, discussion protocols, consensus-building strategies, and use of time during the week.
- **C.** Improve the effectiveness of the time between meetings by working on processes to forward issues and have discussions on ideas between WSC meetings.

For the last several Conferences, we have been working on shifting toward a more discussion- and consensus-based set of processes. At each Conference we have introduced some new processes to try with a motion or set of motions before we begin decision making. We plan to do the same thing this Conference. The pages that follow explain the ideas and some of the background. Those of you who are new to the WSC may need to read through this a couple of times, and you may have questions. Please reach out and let us know if anything is confusing or you have any questions: worldboard@na.org.

During the 2016–2018 cycle, we released two reports and held several webinars focused on strategy B of our strategic plan objective about the Future of the WSC. For many of you, the information in this section will not be new information.

Our <u>last Future of the WSC report</u> paraphrased A Guide to World Services in NA to explain, "The World Service Conference is the place in our cycle where we all come together to approve the work that has been done and set priorities and discuss the work for the cycle ahead. The more effective our discussion and decision-making processes are, the more effective our planning overall is."

#### **Decision-Making Threshold**

As we continue to move toward a more consensus-based body, we believe that it is time for our decisions to better reflect that ideal. Currently, some proposals or motions are able to carry with what is called a simple majority (50% +1), and others require a two-thirds majority. Often there is lengthy debate at the Conference to determine what type of decision is being made and what majority is required for specific decisions. Rather than spending time in these debates, we are proposing that all decisions of the WSC, with the exception of WSC elections, require a two-thirds majority to be adopted. We feel this simplifies our process and is more in line with the principle of developing consensus. Election majorities, described in <u>A Guide to World Services in NA</u>, would not change.

With that in mind, we will be offering the following motions at the start of WSC 2018. If these approaches prove successful, we will offer proposals at the end of the week to adopt the approaches that seem successful on an ongoing basis and make the associated changes in *A Guide to World Services in NA*. We have identified in the following proposal some of the places where a different majority is currently called out in the WSC Rules of Order.

# To adopt, for WSC 2018 only, the following approaches for use in all WSC business, business discussion, proposal decision sessions, and the Moving Forward session:

All decisions at WSC 2018, excluding WSC elections but including changes to motions or proposals and requests for a roll call vote or other procedural decisions, require a two-thirds majority of those present and voting to vote in the affirmative to be adopted.

At WSC 2016, ideas were offered to improve the business sessions of the Conference week. Four proposals specifically asked for formal business sessions to be eliminated, and there was consensus to commit those proposals to the World Board. To get a sense of the direction the Conference wished to go, a straw poll was conducted before the proposals were committed, and participants were in consensus support to eliminate formal business. As a reminder, the outcome of that straw poll was 93-19-3-2.

One of the actions WSC 2016 took was to adopt a definition of consensus and a process to reduce discussion when the Conference is in consensus for or against a motion or proposal. The WSC definition of consensus is 80 percent or more of voting participants. When a motion or proposal has this level of support or opposition, discussion on the main motion or proposal is limited. The Conference has not yet adopted a rule to limit discussion of any changes to the motion or proposal. At times during the Conference, the body has consensus agreement on a *CAR* motion in the initial straw poll, only to spend valuable time discussing changes to the motion, with no meaningful difference in the outcome of the vote. This was the case at WSC 2016 with Motion 2, which was discussed for hours. We are suggesting a change for WSC 2018 that will provide an opportunity for the minority voice to be heard, and also honor the initial consensus of the body and allow the Conference to decide to move forward with deciding a motion.

In support of these, at WSC 2018 we will ask:

#### To adopt for WSC 2018 only, the following approaches for Old Business:

Rename the session CAR Discussion and Decisions

Eliminate formal Old Business

If a motion has consensus in the first straw poll (80% or more of voting participants in support or not in support of the motion), the Conference will have the option to discuss and decide on that motion without any changes (amendments) if participants wish.

The Cofacilitators will make it clear to all participants when the Conference is making a final decision. Final decisions on Motions will be taken in the *CAR* discussion and decision session.

#### To adopt for WSC 2018 only, the following approaches for CAT business:

For CAT business:

Address Conference Approval Track (CAT)–related decisions in the same way described above for *CAR*-related decisions, including renaming the session CAT Material Discussion and Decisions.

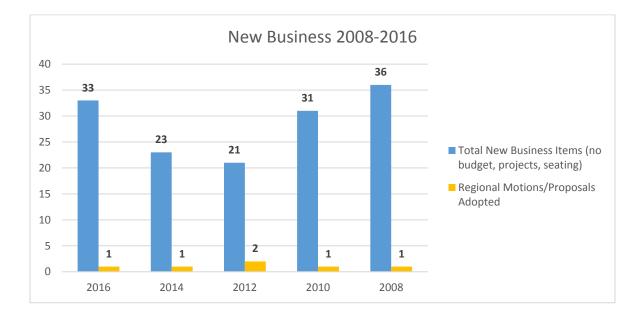
The CAT Material Discussion and Decisions session would include:

- o Approval of NAWS budget
- Approval of project plans
- o Decision on any requests for seating (including any proposals submitted at the WSC)
- o Any World Board proposals included in the CAT
- o Any proposals to change any of the above items

The question of how to handle the new proposals submitted at the WSC is a bit more complicated. We are suggesting that Conference participants prioritize the new proposals submitted at the WSC and discuss some limited number of them. There seems to be support for that idea. We have had further discussion about the details of how that might work and reported our ideas in the <u>Future of the WSC 3</u> report. We had a Conference participant web meeting to discuss the process in November 2017. We are suggesting the following process:

#### New proposals submitted at the WSC

As participants who have attended any of the past Conferences might recall, we spend a great deal of time in New Business with little to show for it. In fact, over the last five WSCs we have adopted a total of six regional proposals in new business. Below is a graph of the new proposals from the past five WSCs, not including budget, project plans, and motions or proposals to seat particular regions.



Everyone seems to agree that something needs to change. The way we've been approaching New Business is taking up a lot of time with minimal effect. The approach below has been reported and discussed with Conference participants. You may recall that the Future of the WSC reports included ideas about this approach. We are offering more details here, based on our discussions and input from Conference participants. At WSC 2018 we will ask:

#### To adopt for WSC 2018 only, the following approaches for New Business:

- 1. All makers of new proposals will use a New Proposal form to submit their proposal. The form will include the following information:
  - a. Maker
  - b. Main topic/issue addressed in the proposal
  - c. The proposal itself
  - d. What does this proposal intend to accomplish? (i.e., project, issue discussion, new tools, evolving the idea to create a 2020 *CAR* motion, etc.)
  - e. Any contextual or support material that would be helpful in discussion of the proposal

- 2. The deadline for New Proposal submissions will be 12:00 noon on Wednesday of the Conference week. The WSC Cofacilitators and World Board Chair will oversee the compilation of all submitted proposals and will be responsible for the final presentation of the list to be distributed to Conference participants. They may group proposals that have similar themes (much as is done currently).
- 3. New Proposal packages and surveys will be distributed to Conference participants Wednesday evening.
  - a. Each participant will be asked to complete the survey, identifying the proposals or topics they wish to discuss with a "yes" and those they do not wish to discuss with a "no." Participants can choose to vote "yes" or "no" for every proposal, none of the proposals, or any number between.
  - b. The deadline to complete and turn in New Proposal surveys is noon Thursday.
- 4. Surveys will be tabulated; all results will be provided to Conference participants Thursday evening.
  - a. The proposals or topics that receive the most "yes" votes will be identified for discussion in small groups. We will seek the Conference's concurrence on the small-group discussion topics.
  - b. All proposals that were submitted and not discussed will be included in an appendix to the WSC minutes.
- 5. New Proposal discussions will take place in two 90-minute breakout sessions on Friday.
  - a. We will meet as a large group prior to the start of the small-group discussions to review the proposals and agree on a frame (depending on topics and intended outcomes), so that there is a common understanding of the process and goals.
  - b. There will be five breakout rooms, two for RDs, two for ADs, and one for Spanish-speaking participants.
  - c. Each session in the breakout rooms will have time for both small- and large-group discussions on each topic. Each breakout room will be asked to agree on outcomes of their discussions to report back to the Conference.
  - d. Session outcomes will be compiled in preparation for the Saturday morning session.
- 6. Large-group follow-up on small-group sessions (Saturday morning)
  - a. We will report the points of agreement or disagreement from the breakouts, and facilitate a discussion on how to move forward. This could include additional large-group or small-group discussions.
  - b. Either here or in Moving Forward, the Conference will decide how to carry forward proposals or topics that received considerable support but were not identified for discussion.
- 7. Moving Forward session (Saturday afternoon)
  - a. Any outcomes from the New Proposals process that need a final vote will be addressed.
  - b. Any other issues from the week's work that need a final vote will be addressed.

# **NA World Services**



19737 Nordhoff Place Chatsworth, CA 91311 Tel (818) 773-9999 Fax (818) 700-0700 www.na.org

To:	WSC 2018	Participants

From: World Board

Date: 17 January 2018

**Re:** WSC Seating Requests and World Board Recommendations

This report includes the following:

- A. An introduction to this report
- B. Our recommendations for your consideration for those regions seeking seating at WSC 2018
- C. The workgroup's thoughts on regions that applied for seating and additional thoughts about the process
- D. A brief summary of the background and recent Conference decisions about seating
- E. The Criteria for Recognition of New Conference Participants from A Guide to World Services in NA (GWSNA)
- F. The completed seating request from each region, including background information about Brazil

#### A. Introduction—Applications for Seating at the 2018 WSC

Eleven regions applied for Conference seating by the 28 April 2017 deadline. Ten responded to the request for further information: Brazil Central, Brazil Nordeste, Eastern Pennsylvania, Minas (Brazil), Netherlands, North-West Russia, Occidente de Mexico, Rio Grande do Sul (Brazil), Thailand, and Ukraine.

We again decided to form a seating workgroup this cycle composed of one Board member and three RDs, and we are grateful to these members for their efforts in carefully and diligently considering the applications. The workgroup members for this cycle were Franney J (World Board), Bob W (RD, Greater New York), Andy S (RD, Minnesota), and Mahmoud S (RD, Egypt). We appreciate how difficult their task was and want to express our thanks to each of them for their service on this workgroup.

Every workgroup gets a written "charge" from the World Board (WB) that outlines their task and some of the Board's expectations. The Seating Workgroup's charge articulated some of the challenges for both the workgroup and the WB. What we wrote to them is:

Your charge is very similar to the World Board's responsibility with this issue: that is to frame a recommendation for each region that has applied for seating that Conference participants can consider before they arrive at the WSC. As we all know, seating at the WSC has been an emotionally charged issue and WSC participants have seemed to use the applications as much as the recommendations in coming to their own decisions. Consequently, we had stopped using a workgroup in 2006 because it seemed such a duplication of effort.

The Criteria for Recognition is a policy that has not been what we hoped: it does not seem to lead to definitive, objective recommendations. As the criteria itself explains, "Due to the complex nature of regional development, each application is considered on a case-by-case basis, rather than through some arbitrary criteria that establish minimum sizes and structure of regions in order to address local service issues." It is our collective responsibility, the workgroup's and the World Board's, to ensure that the WSC has the information it needs to make an informed decision. We are asking you to consider the policy, the individual applications, ask for any missing or lacking information, and then hopefully, come to consensus as a workgroup about your recommendation to the WSC. The rationale for your recommendation will be published in the CAT along with the World Board's.

Thank you for being willing to undertake this task.

The challenge we expressed in the 2016 seating report remains true: "At this point in our collective history: The Conference is engaged in a process of change while at the same time having to deal with the current reality of seating as outlined in *GWSNA*. This presents us all with a dilemma: How can we safeguard the sustainability and effectiveness of the WSC, while also responding responsibly to regions that apply for seating?" Obviously both the Board and the workgroup struggled with this tension this cycle. The World Board ultimately came to consensus that the Conference has asked us to make recommendations based on the current criteria, and ultimately that is what we have tried to do in this report.

We believe that we are still engaged in a process of change as the Conference continues to discuss possible changes, including five *CAR* motions directly related to seating, while at the same time having to deal with the current reality of the seating criteria in *A Guide to World Services in NA* (*GWSNA*). We have tried to provide as much information as we can in this report to help you understand our recommendations.

#### **B. World Board Seating Recommendations**

Given that the Conference rejected the idea of a seating moratorium while the future of the WSC is discussed, we think that it is an appropriate course of action to offer recommendations on the regions that have applied based upon the criteria in *GWSNA*. We believe that this fulfills our responsibility to offer the necessary information to Conference participants to aid in any decisions they may make. If participants choose to seat anyone at WSC 2018, we believe that three of the applying regions meet the current criteria.

The workgroup recommended only one region for seating at WSC 2018, the Netherlands. We understand the limitations of the process available to the workgroup and decided to revisit the recommendations and discuss two additional regions' applications in greater depth at our December Board meeting. The workgroup is limited to the information they receive through the formalized seating process, but in our discussions during the Board meeting it was clear that our impressions of these two communities, through our communication with and exposure to them, was that they were more ready for Conference seating than their applications might indicate. After discussion, we decided to seek out more information, and ultimately to forward the Mexico-Occidente region and the Ukraine region as a recommendation from the World Board for seating at WSC 2018. We believe both regions qualify under the current criteria as stated under each recommendation. This difference in recommendations should be seen not as any shortcoming or conflict with the recommendations from the workgroup, but simply as our ability to reach a little further for information. We discussed the seating recommendation process itself and how we can better ensure that the workgroup has access to as much information as possible when making their recommendations. This is a discussion we expect to continue next cycle and to report to participants if we have any ideas for improvements to the process.

#### Netherlands

We agreed with the workgroup's consensus to recommend the Netherlands Region for seating. The main points of the workgroup's discussion of Netherlands' application are summarized below:

- The region satisfies the criteria contained in *GWSNA*, in particular the amount of time the region has been delivering services and the geographic boundaries of the community.
- The region's application details a wide range of services being provided. In particular, the workgroup noted the community's efforts to reach out to younger members.
- The application shows substantial growth in the last decade.
- A culture of problem solving through consensus building, even with contentious issues, was also demonstrated by the application.
- Although the region has close contact with other regions within its zone, these regions do not represent them at the WSC.

#### Mexico-Occidente

Based on the seating application received, the workgroup did not recommend seating this region. As we stated above, we revisited this application based on our experience with this region. The following points summarize the main points of the Board's discussion:

- The region has consistently participated in the Latin American Zonal Forum for many years.
- The level of services they provide as a region demonstrates a sufficient level of maturity for them to be a positive contributor to the WSC.
- We asked for and received the regional minutes that the workgroup had been unable to obtain. There had been a turnover in the RD position in the middle of this process.
- In the case of both Mexico-Occidente and Ukraine, concern was expressed that a process that relies solely on a written application may disadvantage non-English-speaking regions and negatively impact their ability to provide a comprehensive account of their service efforts.

#### Ukraine

Based on the seating application received, the workgroup did not recommend seating this region. As we stated above, we revisited this application based on our experience with this region. The following points summarize the main points of the Board's discussion:

- The region is one of the largest NA communities in Europe and covers substantial territory.
- The region is active in its PR and FD efforts.
- The region has experience with delivering services outside its national borders.
- The region has experienced significant growth despite the political upheavals in its country in recent years.
- The young and enthusiastic members within the region could bring a unique perspective from Northeastern Europe to the Conference.

#### C. Workgroup Thoughts on All Regions Applying for Seating

#### Netherlands—see above

#### Mexico-Occidente

The main points of the workgroup's discussions are summarized below:

• The workgroup agreed that the application provided limited information about services within the region and that accordingly resources might be better focused on developing these rather than on becoming a Conference participant.

- The application stated that the region does not engage in any shared services with its neighboring regions, and provided no information about Fellowship development efforts.
- The region did not provide the requested minutes with its application, or when it was requested to do so in subsequent communication. Accordingly, the workgroup had concerns that the region was not yet organized in its communication efforts and regarded this application to be incomplete.

#### Ukraine

The main points of the workgroup's discussions are summarized below:

- Based on the application, the workgroup concluded that the region is not yet sufficiently mature in its service delivery efforts relevant to point six of the seating criteria.
- Although the region is growing, concerns were also expressed that it would be better served by continuing to focus its resources on internal development.

The Board concurs with the consensus reached by the workgroup to not recommend seating the other seven regions that applied. We have included the workgroup's thoughts on why they are not recommending each application below.

#### Thailand

- This region's application either was incomplete, was lacking in detail, or provided incorrect information.
- The application failed to offer any detail on the presence of two regions in Thailand and whether this was still the situation.
- The community seems to consist primarily of non-Thai-speaking groups, and there appears to be a division between indigenous and expatriate members.
- The low level of service provision in the community led the workgroup to agree that it does not currently rise to the level of a region and that it does not have the experience necessary to be an effective Conference participant.
- The application does not offer any detail on how seating will benefit the community in Thailand, or on what Thailand will be able to offer the Conference as a seated participant.

#### Eastern Pennsylvania

- The workgroup agreed that this region does not satisfy the circumstances outlined in point 2 of the seating criteria that provide reasons for a region to not conform to state boundaries.
- The workgroup also agreed that the reasons presented in the application related to point 5 of the criteria regarding the circumstances that precipitated the formation of the region from an already existing region are not compelling and do not justify seating of this region.

#### North-West Russia

- The workgroup came to consensus that the region is not yet sufficiently mature in its service delivery efforts as mentioned in point 6 of the seating criteria.
- Some members of the workgroup also expressed a concern that the number of groups within the region was very low for a region of its size and that this indicated that it is not yet fully developed, although it was noted that each group hosts multiple meetings.
- Some discussion about the region's geographic boundaries led to consensus that they satisfied the conditions for conforming to a territorial boundary outlined in point 2 of the seating criteria because they align with the territory of Russia's federal districts.

#### Minas (Brazil)

• This region's application states that the date of the region's formation was January 2015. The region therefore does not fulfill the requirement to have functioned as a separate body for at least three years before applying, as specified in point 1 of the seating criteria.

#### **Brazil Central**

- After discussion, the workgroup came to consensus that this region was not yet developed enough in its service delivery efforts to be seated.
- The workgroup also considered the large geographic area of the region and the relatively low number of groups within that area. The workgroup expressed that it would be more appropriate for the region to focus on internal development at this time rather than have its resources be diverted by becoming a seated region.
- The workgroup had concerns that the region does not conform to state boundaries within Brazil, and agreed that these issues should be addressed before seating of the region.

#### **Brazil Nordeste**

- The workgroup noted from this region's application that its service delivery efforts are not yet adequately developed to be seated, and had the same concerns about the relatively low number of groups in a large geographic area that it had with the Brazil Central Region.
- The region provided only one set of minutes with their application, and these were in Portuguese. They did not send the other sets of minutes in English as they were requested to do in subsequent communications. Accordingly, the workgroup regarded this application to be incomplete.

#### Rio Grande do Sul (Brazil)

- The workgroup's main concern was that this region does not represent the entire Brazilian state of Rio Grande do Sul, and does not satisfy the circumstances outlined in point 2 of the seating criteria that provide reasons for a region to not cover an entire geographic entity.
- The workgroup disagreed with the statement in the region's application that having a seat at the Conference would lead to unification of all the areas within the state of Rio Grande do Sul, and instead suggested that the region should unify before being considered for seating in accordance with point 2 of the seating criteria.
- The workgroup also had concerns that NA does not exist in a large portion of the state and that this indicated a need for internal development.
- The workgroup came to agreement that the region is already connected with the wider NA Fellowship through its attendance at the Brazilian and Latin American Zonal Forums and so is not an isolated community.

#### Additional Thoughts About the Process from the Seating Workgroup

The workgroup spent some time during their meetings discussing the broader challenge of how to address the seating of developing regions in the future and how their diversity can be added to a body that has struggled to move forward with change. The workgroup recognized that this was outside the scope of their task, which was simply to consider each seating application in light of the criteria, but wanted to offer the perspective that the policy does not appear to adequately address the needs of a globally expanding Fellowship. The seating criteria require that regions applying for seating "conform to established geographic boundaries . . . unless there are certain conditions to the contrary," and that there should be "extraordinary circumstances" that lead to the formation of a new region from an existing service body. The criteria also ask questions related to an applying region's "service and recovery experience" and whether they "add a voice or value to the conference that does not exist in the current service body." The potential for disparity between new applicants and those

regions that are already seated creates the appearance of a two-class system within the Fellowship, with seating that is based not on equal criteria but on the date of the seating request.

The workgroup also wanted to offer the observation that seating at the WSC does not always promote growth within a community, and at times may prove a hindrance to that growth.

#### D. Background and Recent Conference Decisions Regarding Seating

Seating at the WSC is an issue that has challenged successive Conferences over the years. One of the consequences of our own success as a Fellowship is that as NA has grown, the Conference has become larger and increasingly more expensive to the point where its sustainability and effectiveness are threatened.

The Criteria for Recognition of New Conference Participants was created in 2000 as a part of a larger set of Conference policy changes, including a two-year Conference cycle and the WSC funding of delegates' attendance. The idea was that if the WSC was going to fund regional delegates, there needed to be some sort of criteria in place for Conference participants. This policy quickly proved ineffective, however. In an effort to draft a policy that could adequately deal with the diversity of our Fellowship, we ended up with very few objective criteria. The seating process does not seem to adequately consider the needs of either the Conference or the regions applying for seating. Without an effective policy in place, and with a growing need to consider the size and the cost of the WSC while also continuing to welcome new NA communities to the table, Conference decisions related to seating have become increasingly emotional and difficult.

Included below are the specific seating-related decisions since the 2008 Conference.

WSC 2008 passed by voice vote the following motion adopting a moratorium on the consideration of regions resulting from a regional split for two Conference cycles. That motion was:

To place a moratorium on the current *Criteria for Recognition of New Conference Participants* from *A Guide to World Services in NA* until WSC 2012. The World Board would continue to make recommendations to the conference in 2010 and 2012 concerning regions that did not result from a division of a conference seated community.

All Conference motions take effect at the close of the WSC at which they are adopted, so the moratorium came into effect at the end of WSC 2008.

Seven regions—Egypt, El Salvador, Nepal, Nicaragua, Poland, North Carolina, and Southern Brazil—were seated at WSC 2008.

WSC 2010 considered the following amendment to the moratorium, which failed by a standing vote of 80/40/1/0 (yes/no/abstain/present). [The amendment required a two-thirds majority of voting members to pass, in this case, 81.]

To revise the conditions of the moratorium adopted at WSC 2008 as follows:

To place a moratorium on the current *Criteria for Recognition of New Conference Participants* from *A Guide to World Services in NA* until WSC 2012. The World Board would continue to make recommendations to the conference in 2010 and 2012 concerning regions that did not result from a division of a conference seated community. No regions will be considered for seating at WSC 2012.

Intent: To allow the conference time to discuss WSC seating and the attendant policies without the added consideration of new regions requesting seating for this one conference only.

Two regions were seated at WSC 2010—Lithuania and Denmark.

WSC 2012 considered the following questions about seating:

Do you support the WB recommendation to not consider any region for seating at WSC 2014? Straw poll results: 41 in favor, 55 opposed

Continue the spirit of the existing moratorium for one cycle? (Do not consider regions resulting from a split.) Straw poll results: 73 in favor, 20 opposed

This resolution from the 2012 *Conference Agenda Report* was passed:

Resolution 8: To Approve in Principle: State/national/province boundaries are the primary criterion for seating consideration at the World Service Conference.

Carried by standing vote: 60-46-1-3 (yes-no-abstain-present not voting)

No regions were seated at WSC 2012.

Two World Board motions in the 2014 *Conference Agenda Report* to discontinue participation by alternate delegates and cease the automatic funding of a delegate from every seated region were offered as a means of controlling both the cost and the size of the WSC. Neither of these motions was supported.

One region—the Dominican Republic—was seated at the 2014 Conference.

The 2014 and 2016 Conferences engaged in broad discussions about the future of the WSC, which have been continued during the 2016–2018 Conference cycle under the auspices of the Future of the WSC Project.

Three regions were seated at WSC 2016—Grande São Paulo, HOW, and Rio de Janeiro.

#### E. Criteria for Recognition of New Conference Participants (GWSNA 2016–2018)

When WSC 2008 approved a moratorium on this conference policy until after WSC 2012, the policy was removed from this Guide. When straw polled, WSC 2012 supported (73-20) continuing the spirit of the moratorium for one more conference cycle, until WSC 2014. The 2014 conference made no formal decisions about the seating policy though there were a series of discussions at the conference focused on the future of the WSC. There are plans for a virtual workgroup this cycle comprised of conference participants to continue to evolve the ideas about Planning Our Future. The policy included in this Guide is unchanged from 2008 when the conference passed the seating moratorium.

If you need more information, please contact the World Board.

- 1. A new region is eligible to apply for recognition as a conference participant after having functioned as a service body for at least three years. For regions forming out of an already existing region, the newly formed region has to have functioned as a separate body for at least three years.
- 2. New regions should conform to established geographic boundaries, equivalent to state, territorial, provincial, or national boundaries, unless there are certain conditions to the contrary. A region forming out of an already existing region may be seated at the conference by demonstrating that it meets the specific conditions that necessitate separation. From time to time, local service delivery needs arise in existing regions that result in the establishment of multiple regions. These circumstances should be reserved for situations caused as a result of large NA populations, great geographic distances, or such diversity of language or custom so as to impede effective, direct communication between the service committee and the Fellowship.

- 3. A region that meets these criteria may then initiate its request to be recognized as a conference participant by submitting a letter of intent to the World Board not less than one year before a World Service Conference.
- 4. Upon receiving notification from the region, the World Board will request that the region provide information on the current and past history of the service delivery within the region. The Board will inform the region of the type of information that should be submitted.
- 5. If the region is forming out of an already existing region, the new region should also provide information as to the nature of the extraordinary circumstances that precipitated the formation of the new region, and summarize the consideration and decision-making processes used to create the new region. This statement should also address what special circumstances exist that would preclude the new region from continuing to have its voice heard at the conference by simply participating in some form of shared services (regional assemblies, workshops, or any form of participation in collecting group conscience) with the old region.
- 6. All regions will also be asked to answer questions such as:
  - Why do you want to become a conference participant?
  - Do you believe that the voice of your NA community is not currently being heard at the WSC? If so, why?
  - Do you believe your community has enough NA service and recovery experience to be a positive contributor to the global decision-making process for the Fellowship? If so, explain how.
  - Will participation at the conference affect your local NA community? If so, how?
  - Do you believe that your region adds a voice or a value to the conference that does not exist in the current conference body?
- 7. The World Board reviews the information provided using a group of conference participants—World Board members and regional delegates—as a workgroup, who are involved throughout this process, while working directly with the region to obtain any further information. Interactions between the Board, its workgroup, and the region may continue until the Board is satisfied that it has collected all the information needed. The Board, with the assistance of the workgroup involved, will produce a final report with recommendations for the upcoming conference. The requesting region will see the report before it is distributed to conference participants and may include any additional information it believes is relevant for the conference to consider. A report of the information will then be distributed to conference participants prior to the WSC. Due to the complex nature of regional development, each application is considered on a case-by-case basis, rather than through some arbitrary criteria that establish minimum sizes and structure of regions in order to address local service issues.
- 8. Upon the presentation of information to the WSC, the conference will consider the request. Formal recognition as a conference participant requires a new business proposal to pass with a two-thirds vote of approval by the conference. There is no need for the region to be present at the conference at which their request is being considered and funding for attendance will not be provided.
- 9. The addition of the new region will take effect upon the close of the World Service Conference at which its application is approved. Upon approval, the newly recognized region's delegate is automatically funded to the next WSC.

#### F. Profiles from each Region and Background Information on Brazil

The following bullets explain some of the main points related to the development of the current regional structure in Brazil. These, along with the Brazilian regional map supplied by the Brazilian Zonal Forum, are offered in an effort to explain some of the unique circumstances within Brazil and are intended to aid in the decision-making process of Conference participants.

- 1992—Brazil Region seated at the WSC. Region covers the entire country of Brazil.
- Late 1990s—early 2000s: Discussions of the challenges related to the geographic size of Brazil result in the proposal to form a new level of service called nucleos in 2002. These are multi-area service bodies that are positioned between the ASC and the RSC. They are intended to enable neighboring areas to support each other, promote Fellowship growth in less-developed areas, and save on travel expenses.
- 2002 to the present day—nucleos form in different parts of Brazil, initially in the major population centers of Rio de Janeiro and São Paulo.
- 2005—Southern Brazil Region formed.
- 2007—Grande São Paulo Region formed.
- 2008—Southern Brazil Region seated.
- 2009—HOW and Rio de Janeiro Regions formed.
- 2011—Rio Grande do Sul Region formed.
- 2013—Brazil Central and Brazil Nordeste Regions formed.
- 2015—Minas Region formed.
- 2016—Grande São Paulo, HOW, and Rio de Janeiro regions seated.



# WSC 2016 Seating Request Form



\*\*Please note: If you do not have precise figures for some of the questions here but can give a close estimate, approximations are fine. When numbers are requested, please answer with a number rather than spelling out the word.

## Seating Questions (from A Guide to World Services in NA)

Why do you want to become a conference participant? For further development of our region, to be part of the collective consciousness and to be a greater share in world services.

Do you believe that the voice of your NA community is not currently being heard at the WSC? If so, why? Brazil Central Region has developed through the principles of our fellowship, always thinking of our primary purpose, and we can add a lot through our collective conscience to world services. In our country (Brazil), our region represents around 15% of the entire national community, which is represented only by Brazil Region and South Brazil Region. That's one reason why we ask to be seated, so we can add in world services and have a better growth in our locality.

Do you believe your community has enough NA service and recovery experience to be a positive contributor to the global decision-making process for the Fellowship? If so, explain how. Although we're still a growing Region, our servers did contribute much to the locality of our service structures. We worked for more than 8 years as an intermediate structure (Nucleo on the Road), so we feel we've reached the maturity to move to this new stage and contribute to the World Services.

How will participation at the conference benefit your local NA community? Through exchange of experience, gathering new methods to apply the message and better develop our locality.

<u>Please tell us about any other regional information or comments regarding the region's experience with</u> <u>the seating process.</u> We do not engage in any other Region meeting of the WSO, but we have been seeking more communication with other structures that have already settled and even who are seeking settlement. We also know the size of the challenge that lies ahead on world service, and it motivates us to strive for the primary purpose of our fellowship.

Does your region represent all of the groups/meetings in your NA community? Yes.

## **Regional formation and history**

Does the region conform to established geographic boundaries, equivalent to state, territorial, provincial, or national boundaries, as recommended in A Guide to World Services? If not, why? Our region was created from a long discussion among the areas that made up the "Nucleo" (intermediary structure that we called "Nucleo NA Estrada"), from which most of the CSAs joined the new region. Although 3 areas remained in the old region, everything took place in a completely spiritual way, observing all points of view.

If any part the region was previously part of another region, what was the reason for the division? Please briefly describe the division process. All Areas Services Committees settled in Brazil Central Region were part of Brazil Region, so this division is looking forward to have a greater growth because the size of our geographic distance. Brazil Central Region was created from the division of Brazil Region, in a fully spiritual process that lasted 8 years of preparation through studies and countless meetings. The Central Region Brazil was an intermediate structure that we called Nucleo ("Nucleo NA Estrada"), where we developed the regional services and used it to send the decisions to the Brazil Region. Through several years of maturing in the service, and after have seeing the difficulties presented by the distance and the financial resources we could invest in message, in agreement with the Brazil Region, we decided it was time to create our region.

#### **Brasil Central Seating Request**

Shortly after came the creation of the Region, as well as other Areas Services Committees. They believed in our vision and came together with the region to develop services.

What was the date of the regional formation?	15/11/2013.
When did the region begin to administer services?	
What year did NA recovery meetings begin in the region? 02/05/1987 ("Gênesis" Group;	Rio Branco
City; Acre State).	
Please provide copies of notes/minutes from your last three RSC meetings (in English only,	<u>, if possible)</u> .

Documents attached.

## Facts about your Region

Name of Regional Delegate:Filemon TiagoName of Alternate Delegate:Marco EmilioHow long is the RD term in your region?2 yearsHow many areas are in the region?13How many groups are in the region?99How many meetings take place each week in the region?266How many H&I panels take place each week in the region? (Please count panels facilitated by all servicebodies, not just the RSC.)30 panels each weekDoes your region attend a zonal forum?Yes.
How long is the RD term in your region?2 yearsHow many areas are in the region?13How many groups are in the region?99How many meetings take place each week in the region?266How many H&I panels take place each week in the region? (Please count panels facilitated by all servicebodies, not just the RSC.)30 panels each weekDoes your region attend a zonal forum?Yes.
How many areas are in the region?13How many groups are in the region?99How many meetings take place each week in the region?266How many H&I panels take place each week in the region? (Please count panels facilitated by all servicebodies, not just the RSC.)30 panels each weekDoes your region attend a zonal forum?Yes.
How many groups are in the region?
How many meetings take place each week in the region?       266         How many H&I panels take place each week in the region? (Please count panels facilitated by all service bodies, not just the RSC.)       30 panels each week         Does your region attend a zonal forum?       Yes.
How many H&I panels take place each week in the region? (Please count panels facilitated by all service bodies, not just the RSC.)         Bodies, not just the RSC.)         Bodies your region attend a zonal forum?
bodies, not just the RSC.)
Does your region attend a zonal forum?
<u>If yes, which zonal forum?</u> Brazilian Zonal Forum (FZB) and Latin-American Zonal Forum (FZLA)
How long has your region been attending? Brazil Central Region has been attending to
Brazilian Zonal Forum since its foundation, and to Latin-American Zonal Forum since 2015.

## Budget (Please specify currency if not giving amounts in US dollars)

What percentage of your RSC's annual budget comes from group and area contributions?	(Please use
<u>numbers only)</u> :	
What percentage comes from conventions and events?	
What percentage comes from literature sales?	0%
Please describe, in percentages, your RSC's annual expenses:	
PR efforts? 30%	
► H&I?	
Holding workshops and service meetings?	
Traveling delegates or other trusted servants to service meetings and workshops?	
Holding events?	
Expenses to hold and manage the RSC?	
Specify any other expenses?	
What was the total amount of money contributed by the region to your zonal forum during	<u>ng your last</u>
fiscal year?	\$200,00
Contributed by the region to NAWS?	0,00
Your Regional Service Structure	
How often does your RSC meet?Ever	y 3 months.
Does your RSC meet in the same place each time?	Yes.

Does your region have a regional office? No.

Does your region have a regional convention? Brazil Central Region had its first regional convention

#### in 2016 and we are preparing for 2nd convention.

If yes, is attendance:  $\Box$  increasing  $\Box$  decreasing  $\Box$  staying the same

Did your regional convention make a profit this year? **x** yes  $\Box$  no

What committees or workgroups do you have at your RSC?

□ Convention/Events	x FD/Outreach	x H&I	
Human Resources	□ Literature distribution	Literature Review	
x Phoneline	x PR/PI	□ Project Based Workgroups	
Regional Service Office	□ Translations	□ Website	
□ Youth	□ Other, please specify		
Is there a corporation or an entity with l	egal status that is a part of you	u <u>r RSC?</u> Y	es/
Does your region use Consensus Based	Decision Making (CBDM) to re	each decisions? I	No
Do any of your areas use CBDM to reac	h decisions?	1	No
Comments about how that works			

#### **Service Delivery & Best Practices**

<u>Please describe the service workshops your region or the areas in your region have held this cycle, if any,</u> <u>giving information such as the topics covered, number of workshops, average attendance, etc</u>. **Our areas have 8 H&I committees, 6 PR/IP committees and 5 Outreach committees, each one of them holding at least one weekly meeting and dedicating themselves to training to better serve the requested services**. <u>Does your region provide any other type of fellowship development or outreach efforts?</u> We are in a **development process. H&I is working on 'learning days' and reviewing the National Manual; PR/PI and Outreach have made services together in each area, trough collage of posters, leaflet distribution, visits to groups.** 

What kind of training and mentoring efforts take place in your region and/or its areas? Services from public organs to publicize our fellowship, H&I has made study steps inside prisons along with another Region.

Describe what kind of planning your region and/or its areas utilize. Each subcommittee determines its projects' costs, so we can evaluate how much we actually need to spend on all of the mentioned services along with the table service, so it's all presented to the ASCs to appreciate it, and can approve the proposals or not.

Does your region or its areas have any shared services with other service bodies? Yes.

<u>If yes, please describe</u>. **Brazil Central Region is an active participant of the Brazilian Zonal Forum**. <u>Has your region had discussion about where NA does not exist in your region?</u> **No.** 

If you have had any particular successes with communication strategies in your region and/or its areas please share them. Brazil Central Region is a recently created region, but we are always in contact with each other, along with the areas and groups.

<u>Please describe the different types of public relations efforts (PR/PI) carried out in your region</u>. **PR/PI** servers along with Outreach servers went to a ASC's locality to strengthen this community, presenting panels and collaborating with leaflet distribution, bringing evident growth to that location.

How many statewide/national conferences per year does your PI/PR committee participate in/exhibit at? Our first service forum is approaching. We have a space for this subcommittee, and its coordinators participate in the Brazilian Zonal Forum.

Does the region have any type of NA phoneline or a helpline? No. Areas have their help lines. Do you have a regional website? **x no** If yes, please include the URL:

If yes, do you keep your meeting information updated on the website? x no Has your region hosted CAR workshops? X yes If yes, please describe these efforts, such as number of workshops and average attendance. How does your region reach a conscience about WSC matters? DVote by GSRs at regional workshop/assembly □Vote by RCMs at RSC meeting OR by: x Area tally x Group tally □ Member tally □ Other -please specify Does your region engage in gathering a conscience for CAT material? x yes 🗆 no How does your region delegate authority to you as a delegate to make decisions at the WSC? For items in the CAR, is the decision left to your discretion or is it a mandate? x My discretion D Mandate Does it seem as though the number of members in your region has been growing, shrinking, or staying **x growing**  $\Box$  shrinking  $\Box$  staying the same the same since WSC 2014? Are there government or other legal impediments that restrict the ability of NA to function or grow in If yes, what is your region doing to resolve these obstacles? ..... Are there special language, translation or related issues that restrict the ability of NA to function or grow <u>in your community?</u>.....□ yes **x no** 

If yes, what is your region doing to resolve these obstacles? .....

#### **Innovations and Challenges**

What subject generated the most interest and discussion in your region over the past conference cycle? We talk a lot about the growth of our fellowship, which was actually discussed in the last conference. Please describe the most significant challenge your region has faced since WSC 2014. We haven't participated in the last WSC.

<u>Please describe some highlights or successes your region has experienced since WSC 2014.</u> We haven't participated in the last WSC.

What additional information would you like to share with other conference participants? Our region has progressively grown in services and in spirituality, with more and more members and service committees fully dedicated to the NA service, seeking to spread the message that this wonderful program really works.

#### **Delegate Experience**

What has worked well and what challenges have you experienced in your role as regional delegate? I have received a lot of help from all delegates of Brazil and Latin America. This is my first term as a delegate and I've grown a lot. I've served to keep our Region well informed about everything that has happened in our fellowship, at zonal and regional level, as well as worldwide, because, as we know, nothing matters most than the exchange of experience in the service, "and the value of one addict helping another is without parallel".

I hope to be with all of you at the next conference, which may guide our next Region's experiences. I'm pleased to be able to serve this wonderful fellowship, that has been saving my life.

# WSC 2018 Seating Request Form



\*\*Please note: If you do not have precise figures for some of the questions here but can give a close estimate, approximations are fine. When numbers are requested, please answer with a number rather than spelling out the word.

# Seating Questions (from A Guide to World Services in NA)

Why do you want to become a conference participant?

Because we want to be responsible with the fellowship, acoording to the third concept.

Do you believe that the voice of your NA community is not currently being heard at the WSC? If so, why? Yes. We are not being heard simply because we do not have a seating at WSC.

Do you believe your community has enough NA service and recovery experience to be a positive contributor to the global decision-making process for the Fellowship? If so, explain how. Yes, because even before we be region, we already had experience as nucleo. It gave us some experience in develop and expand NA services. How will participation at the conference benefit your local NA community? We will know another communities experiences.

Please tell us about any other regional information or comments regarding the region's experience with the seating process. We have some experience even in translation and reviewing our literature. Does your region represent all of the groups/meetings in your NA community? Yes.

## **Regional formation and history**

Does the region conform to established geographic boundaries, equivalent to state, territorial, provincial, or national boundaries, as recommended in A Guide to World Services? If not, why? There are 9 states in our geographic region. Only the state of Bahia does not make part of Nordeste region, because it is nearest Brasil region.

If any part of the region was previously part of another region, what was the reason for the division? Please briefly describe the division process. It happened because Brazil is a very large country. Then many services were difficult to be done. So the 14 areas decided to become nucleo and after region What was the date of the regional formation? 26/05/2013

When did the region begin to administer services? 26/03/2013

What year did NA recovery meetings begin in the region? 1994

Please provide copies of notes/minutes from your last three RSC meetings (in English only, if possible).

# Facts about your Region

Name of Region Nordste Name of Regional Delegate Rodrigo X Name of Alternate Delegate Marcos A How long is the RD term in your region? 2 years How many areas are in the region? 14 How many groups are in the region? 137 How many meetings take place each week in the region? 298 How many H&I panels take place each week in the region? (Please count panels facilitated by all service bodies, not just the RSC.) 09 Does your region attend a zonal forum? X□ yes □ no If yes, which zonal forum? Fórum Zonal Brasileiro How long has your region been attending? 4 years

#### Budget (Please specify currency if not giving amounts in US dollars)

What percentage of your RSC's annual budget comes from group and area contributions? (Please use numbers only) 59

What percentage comes from conventions and events 34

What percentage comes from literature sales 3

Please describe, in percentages, your RSC's annual expenses:

- $\triangleright$  PR efforts? 20
- ≻ H&I? 6
- Holding workshops and service meetings? 8
- > Traveling delegates or other trusted servants to service meetings and workshops? 27
- ➢ Holding events? 8
- Expenses to hold and manage the RSC? 21
- Specify any other expenses?

What was the total amount of money contributed by the region to your zonal forum during your last fiscal year? R\$ 1.200,00

Contributed by the region to NAWS? R\$ 333,33

#### Your Regional Service Structure

How often does your RSC meet? Each 3 months.

Does your RSC meet in the same place each time?  $\Box$  yes X $\Box$  no? If no, please explain. In order to give different communities in the region the opportunity to attend a meeting.

Does your region have a regional office?  $X \square$  yes  $\square$  no

Does your region have a regional convention? X□yes □ no

If yes, is attendance:  $X\Box$  increasing  $\Box$  decreasing  $\Box$  staying the same

Did your regional convention make a profit this year?  $X\Box$  yes  $\Box$  no

What committees or workgroups do you have at your RSC?

X <sup>II</sup> Convention/Events	X <b>D</b> FD/Outreach	X□ H&I
Human Resources	Literature distribution	X Literature Review
X Phoneline	X□ PR/PI	Project Based Workgroups
X Regional Service Office	X <b></b> Translations	□ Website
□ Youth	$\Box$ Other, please specify	

Is there a corporation or an entity with legal status that is a part of your RSC?	X ves 🗆 no
Does your RSC use Consensus Based Decision Making (CBDM) to reach decisions?	X□ yes □ no
Do any of your areas use CBDM to reach decisions?	X□ yes □ no
Comments about how that works Most of the times we search consensus. If it is not possible w	vo voto

Comments about how that works Most of the times, we search consensus. If it is not possible, we vote.

#### **Service Delivery & Best Practices**

Please describe the service workshops your region or the areas in your region have held this cycle, if any, giving information such as the topics covered, number of workshops, average attendance, etc. .

Does your region provide any other type of fellowship development or outreach efforts?

 $\Box$  yes X $\Box$  no If yes, please describe.

What kind of training and mentoring efforts take place in your region and/or its areas?

Workshop and average attendance.

Describe what kind of planning your region and/or its areas utilize.

Administrative and finantial planning.

Does your region or its areas have any shared services with other service bodies? X□ yes □ no If yes, please describe. Helpline and site are shared. All the country shares them.

If you have had any particular successes with communication strategies in your region and/or its areas please share them. Whatsapp and e-mails groups.

If you have had any particular successes with utilizing technology in new ways within your region and/or areas please share them.

Some decisions are taken through e-mail, skype or whatsapp group.

- Please describe the different types of public relations efforts (PR/PI) carried out in your region Schools, hospitals, universities. We made a workshop with profissionals of different areas.
- How many statewide/national conferences per year does your PI/PR committee participate in/exhibit at? At least once a year.
- Does the region have any type of NA phoneline or a helpline? X□ yes □ no If yes, please describe these phoneline/helpline service efforts.

Each area has a helpline. In one of the states \_ Ceará \_ the 5 areas created a shared helpline.

Do you have a regional website? X□ yes □ no If yes, please include the URL

www.crnanordeste.com.br. This site is used specificly for the convention.

If yes, do you keep your meeting information updated on the website? ...... $X\Box$  yes  $\Box$  no Has your region hosted CAR workshops?  $X\Box$  yes  $\Box$  no? If yes, please describe these efforts, such as

number of workshops and average attendance. We use to do that at the areas meeting.

How does your region reach a conscience about WSC matters?

 X Vote by GSRs at regional workshop/assembly
 IVote by RCMs at RSC meeting

 OR by:
 IVote by RCMs at RSC meeting

 $\Box \text{ Area tally} \qquad \Box \text{ Group tally} \qquad \Box \text{ Member tally}$ 

□ Other -please specify \_\_\_\_

Does your region engage in gathering a conscience for CAT material?  $X \square$  yes  $\square$  no

How does your region delegate authority to you as a delegate to make decisions at the WSC?

For items in the *CAR*, is the decision left to your discretion or is it a mandate? 
My discretion X Mandate

Does it seem as though the number of members in your region has been growing, shrinking, or staying the same since WSC 2016? X□ growing □shrinking □ staying the same

Are there government or other legal impediments that restrict the ability of NA to function or grow in your community?  $\Box$  yes  $X\Box$  no If yes, what is your region doing to resolve these obstacles?

Are there special language, translation or related issues that restrict the ability of NA to function or grow in your community?  $\Box$  yes X $\Box$  no If yes, what is your region doing to resolve these obstacles?

#### **Innovations and Challenges**

What subject generated the most interest and discussion in your region over the past conference cycle? The seating of new regions.

Please describe the most significant challenge your region has faced since WSC 2016 Development. Please describe some highlights or successes your region has experienced since WSC 2016 Support

given to distant groups.

What additional information would you like to share with other conference participants? Our effort to meet at different cities.

#### **Delegate Experience**

What has worked well and what challenges have you experienced in your role as regional delegate? Frequent communication with another regional delegates has worked well. Our biggest challenge is build an effective channel with Naws.

# Seating Questions (from A Guide to World Services in NA)

*Why do you want to become a conference participant*? The first tradition states that our personal recovery depends on NA unity. We respectfully request to become conference participants to have access to information and resources available to conference participants and experience that spirit of unity to grow in spiritual principles through the selfless service.

Do you believe that the voice of your NA community is not currently being heard at the WSC? If so, why? The Eastern Pennsylvania Region of NA was formed in 2003. Since that time, our votes on the Conference Agenda Reports of 2004 through 2016 have not been counted. Our Region currently cannot participate in the free flow of ideas and information and there is risk of information being missed. Also, there is a lack of willingness to hear our perspective on different issues. We have attempted to have our voice carried by other regions, however, in incidents where our conscience changes theirs, they have proven to be unwilling.

Do you believe your community has enough NA service and recovery experience to be a positive contributor to the global decision-making process for the Fellowship? If so, explain how. Our service community has many members with significant clean time and the willingness to serve. We hope our past experience will speak for itself. Our Region has been fully supporting it's component areas for 14 years since our formation in 2003. We have been an active part of the Autonomy Zonal Forum since January 2004. We have had a Regional Delegate attend every World Service Conference to speak with members and gain insight on upcoming events that we as a Region can be a part of. The Areas in our Region put on Learning Days with workshops on Hospitals and Institutions, Public Relations committees and Phone Line. We would be honored for the opportunity to serve and contribute in the global decision-making process.

*How will participation at the conference benefit your local NA community*? Participation at the Conference would give us the opportunity to participate in webinars, discussion boards and literature projects to which conference participants are invited. We would also love the privilege to work together with other NA communities to share and receive experience strength and hope to deal with issues impacting our community. Our NA community currently feels a disconnect and disenfranchised from the greater global community.

*Please tell us about any other regional information or comments regarding the region's experience with the seating process.* We have made a request for seating in 2008 which was denied. The moratorium took effect at the end of business in 2008. Since that time, we have made repeated efforts with surrounding regions to develop a fair method to have our voice heard. Every attempt has been met with resistance.

*Does your region represent all of the groups/meetings in your NA community*? If the State of Pennsylvania is our NA community, then the answer is no. The Greater Philadelphia Region, Tri-State Region and Mid Atlantic Region also represent NA groups in Pennsylvania.

#### **Regional formation and history**

Does the region conform to established geographic boundaries, equivalent to state, territorial, provincial, or national boundaries, as recommended in <u>A Guide to World Services</u>? If not, why? No, our Region does not conform to established geographic boundaries because there are already three other Regions in the State of Pennsylvania.

If any part of the region was previously part of another region, what was the reason for the division? Please briefly describe the division process. In 2003, four Areas joined together to form Eastern Pennsylvania Region of NA. Those areas are Montgomery County, Bucks County, Pure And Simple Area and Bee Hive Area. These areas were originally a part of the Greater Philadelphia Region. The reasons for division are the Greater Philadelphia Region was becoming so large that they were unable to be responsive to the service needs of the Areas which comprise our current region. There were also repeated elections of trusted servants who had shown an inability to work within the principles contained in our 12 Traditions and Concepts.

What was the date of the regional formation? June 2003. When did the Region begin to administer services? June 2003

*What year did NA recovery meetings begin in the region*? Montgomery County Area has the oldest meeting in Plymouth Meeting, PA. It is Recovery First Group at Church on the Mall and it began 45 years ago in 1972. There have been continuous NA H&I presentations at Eagleville Hospital since 1969, when a local member brought the Little White Book back from California.

Copies of our last three RSC meetings are attached. <u>Facts about your Region</u> *Name of Region*: Eastern Pennsylvania Region of Narcotics Anonymous.

Name of Regional Delegate: Merle Silverbook

Name of Alternate Delegate: Tim Rudolph

How long is the RD term in your Region? 2 years

How many areas are in the Region? 4 Areas

How many groups are in the Region? 127 groups

How many meetings take place each week in the Region? 130 meetings

How many H&I panels take place each week in the region? 41

Does your region attend a zonal forum? Yes

*If yes, which zonal forum?* Autonomy Zonal Forum *How long has your region been attending?* Since January 2004.

#### **Budget (Please specify currency if not giving amounts in US dollars)**

*What percentage of your RSC's annual budget comes from group and area contributions*?100%

What percentage comes from conventions and events? None.

What percentage comes from literature sales? None.

Please describe in percentages, your RSC's annual expenses:
PR efforts? 0.7%
H&I? None
Holding workshops and service meetings? 12%
Traveling delegates or other trusted servants to service meetings and workshops? 10%
Holding events? None
Expenses to hold and manage the RSC? 3.3%
Specify any other expenses? Region maintains Insurance Policy for all 130 meetings \$3,610 per year or 20%

What was the total amount of money contributed by the region to your zonal forum during your last fiscal year? None

Contributed by the region to NAWS? \$9,877.32 or 54%

Your Regional Service Structure

How often does your RSC meet? 6 time per year or every other month. Does your RSC meet in the same place each time? Yes Does your region have a Regional Office? No Does your Region have a Regional Convention? No

What committees or workgroups do you have at your RSC? PR/PI, H&I, Website, Phoneline

Is there a corporation or an entity with legal status that is a part of your RSC? No

*Does your RSC use Consensus Based Decision Making (CBDM) to reach decisions?* It is being introduced to our Areas as well as our Regional Service Body.

*Do any of your areas use CBDM to reach decisions*? They are moving away from Robert's Rules of Order and using modified form of CBDM.

*Comments about how that works* – There is a focus on incorporating more discussion before voting.

#### Service Delivery & Best Practices

Please describe the service workshops your region or the areas in your region have held this cycle, if any, giving information such as the topics covered, number of workshops, average attendance, etc. The Region has scheduled four Learning Days (one for each Area) including presentations on RCM responsibilities and duties, Hospitals & Institutions, Public Information, Phoneline, Unity and Activities. The average attendance is approximately 50 members.

*Does your region provide any other type of fellowship development or outreach efforts?* Our contributions to NAWS is a part of our fellowship development. Members of our region participate in a number of community events such as Recovery Walks to reach out to addicts that don't know about Narcotics Anonymous.

What kind of training and mentoring efforts take place in your region and/or its areas? Our Region has put together manuals such as "New GSR Orientation Booklet" to inform new trusted servants on what to expect at Area Service Committee Meetings. We have "Co" and "Alternate" positions to mentor and nurture upcoming trusted servants in the processes and protocols of service. Our Regional Delegate and Regional Delegate Alternate reach out to Areas to see how Region can help and support them.

*Describe what kind of planning your region and/or its areas utilize*. The Region schedules an annual inventory to analyze our strengths and weaknesses and determine what changes need to be implemented to better serve the groups. Also, the Region develops an annual budget.

*Does your region or its areas have any shared services with other service bodies*? The EPARNA Region conducts CAR workshops in the Greater Philadelphia Region. Also, we have done a shared Public Relations event with the other regions in the Autonomy Zonal Forum. In addition, Bucks County Area is hosting an In Service Learning Day in collaboration with the Burlington County Area from New Jersey.

*Has your region had discussion about where NA does not exist in your region*? Yes. Our discussion includes best possible ways to reach addicts of different nationalities who speak English as a second language, addicts who have disabilities, addicts in isolated areas and people unable to attend meetings.

- *If you have had any particular successes with communication strategies in your region and/or its areas please share them.* Our region tries to encourage openness to share ideas and discussion. Our Regional Delegate and Regional Delegate Alternate attend Area Service Committee Meetings to facilitate communication between the Areas and answer questions.
- *If you have had any particular successes with utilizing technology in new ways within your region and/or areas please share them.* Our regional website is updated regularly.

*Please describe the different types of public relations efforts (PR/PI) carried out in your region.* Our Public Relations committee has had an information table at community events. Also, the committee visits local hospitals, doctor's offices and rehabilitation centers to provide updated meeting lists and pamphlets to distribute in their facilities.

How many statewide/national conferences per year does your PI/PR committee participate in/exhibit at? None

- *Does the region have any type of NA phoneline or a helpline? If yes, please describe these phoneline/helpline service efforts.* Yes, Our phoneline receives calls every day and is serviced by NA members from our Region.
- Do you have a regional website? If yes, please include the URL Yes, the website is eparna.org If yes, do you keep your meeting information updated on the website? Yes
- Has your region hosted CAR workshops? If yes, please describe these efforts, such as number of workshops and average attendance Yes, our Region has four CAR workshops (one for each Area) and two-three additional CAR workshops that are conducted with Greater Philadelphia Region. The attendance at our Area workshops is around 20-30 members. The workshops conducted in Philadelphia with the Greater Philadelphia Region have 50-75 members.

How does your region reach a conscience about WSC matters? Group Tally

Does your region engage in gathering a conscience for CAT material? Yes

- How does your region delegate authority to you as a delegate to make decisions at the WSC? For items in the CAR, is the decision left to your discretion or is it a mandate? My discretion
- Does it seem as though the number of members in your region has been growing, shrinking, or staying the same since WSC 2016? Growing

Are there government or other legal impediments that restrict the ability of NA to function or grow in your community? No

If yes, what is your region doing to resolve these obstacles?

Are there special language, translation or related issues that restrict the ability of NA to function or grow in your community? No If yes, what is your region doing to resolve these obstacles?

## **Innovations and Challenges**

- What subject generated the most interest and discussion in your region over the past conference cycle? Our Region was excited to see two motions (Motion #6 and #7) that suggested making any World Board meeting open to any NA member and allowing non-conference participants the ability to view the discussion board. Both of these motions were steps in the right direction to increase ALL NA members ability to obtain information about what is going on in the fellowship.
- *Please describe the most significant challenge your region has faced since WSC 2016* Our region struggles to stay connected. We would like the ability to participate in webinars and have access to discussion boards.
- *Please describe some highlights or successes your region has experienced since WSC 2016* Our region has experienced growth in collaboration projects between Areas. There has also been growth in the number of homegroups in each Area.

*What additional information would you like to share with other conference participants*? We end with this quote and plea: "Without continual growth and progress, such words as improvement, achievement and success have no meaning." (Benjamin Franklin) Please don't limit our growth!

#### **Delegate Experience**

# What has worked well and what challenges have you experienced in your role as regional delegate?

One of the challenges we have faced as a region is to generate or maintain interest in the global aspect of our connection with the fellowship. Another challenge is to motivate a desire from our regional members to participate beyond our smaller community.

Successes include a very upbeat atmosphere at the regional level, with principles taking precedence over personalities. There are few, if any vacancies, and we have been fully functional as a region, including our insurance and help line for 14 years.



#### - FORMULÁRIO DE ASSENTAMENTO -

Why do you want to become a conference participant? ...... To be part of the worldwide servie structure, aiming the unity

Do you believe that the voice of your NA community is not currently being heard at the WSC? If so, why? ...... Yes, because we don't have a seat at the WSC

Do you believe your community has enough NA service and recovery experience to be a positive contributor to the global decision–making process for the Fellowship? If so, explain how. Yes, we are formed by structured areas which were part of a forum that realized a convention and studied all the points before formed the region effectively, this process started in 2006

How will participation at the conference benefit your local NA community? ..... Exchange experiences, unity, concepts 8 and 9 and tradition 5.

Please tell us about any other regional information or comments regarding the region's experience with the seating process.

Does your region represent all of the groups/meetings in your NA community? .....

Almost all groups of the Minas Gerais state are in the Minas Region, but some groups are in other regions because of the geography.

#### Regional formation and history

Does the region conform to established geographic boundaries, equivalent to state, territorial, provincial, or national boundaries, as recommended in A Guide to World Services? If not, why? ...... No, by the time of formation, other regions have had areas of the Minas Gerais state geographically closer, out state is too large so financially, some areas decided stayed in other regions.

If any part of the region was previously part of another region, what was the reason for the division?

Yes, the fellowship had to grow to improve the services.

Please briefly describe the division process. Our region was the result of efforts developed by a fórum created in the state in 2006, so the region started from a plan.

What was the date of the regional formation? January 2015

When did the region begin to administer services? In January 2015, we just continued the services that the forum was doing.

What year did NA recovery meetings begin in the region? .....

1987 –MenteAberta Groupin SJDR 1986 - Reviver Group 1988 - PiraporaGroup

Please provide copies of notes/minutes from your last three RSC meetings (in English only, if possible).

Por favor providenciecópias de anotações/atas das trêsultimasreuniões do CSR (SomenteemInglês, se possível)

Facts about your Region Name of Region Minas Region
Name of Regional Delegate <mark>Raphael Vinícius França da Silva</mark>
NameofAlternateDelegate <mark>Vacancy</mark>
How long is the RD term in your region? <mark>2 years</mark>
How many areas are in the region? <mark>11 Areas</mark>
How many groups are in the region? <mark>135 groups</mark>
How many meetings take place each week in the region? R- 258 meetings per week.
How many H&I panels take place each week in the region? (Please count panels facilitated by all service bodies, not just the RSC.)
Does your region attend a zonal forum? <mark>Yes</mark>
If yes, which zonal forum? <mark>BZF - Brazilian Zonal Forum</mark>
How long has your region been attending? <mark>2 years</mark>
Budget (Please specify currency if not giving amounts in US dollars)
What percentage of your RSC's annual budget comes from group and area contributions?(Please use numbers only) R –60 to 70%
What percentage comes from conventions and events? R - 20 to 30%.
What percentage comes from literature sales? R – There is no literature Sales in the region, the areas by literature from our multiregional office (ACS)
Please describe, in percentages, your RSC's annual expenses:
¬ PR efforts? <mark>5.5%</mark>
¬ H&I? <mark>5.5%</mark>

 $\neg$  Holding workshops and service meetings? .....

#### <mark>23%</mark>

 $\neg$  Traveling delegates or other trusted servants to service meetings and workshops?

#### 10%

- Specify any other expenses?	
R – 8%	

What was the total amount of money contributed by the region to your zonal forum during your last fiscal year? **R\$** 600.00

Contributed by the region to NAWS? .....

We have approved R\$ 50.00 per month which we intend to do it during the next WSC as we decided to save money to be there.

#### Your Regional Service Structure

How often does your RSC meet? ..... Qual a frequencia das reunioes regionais? 4 times per year

Does your RSC meet in the same place each time? If no, please explain. ....... No, every time is in a different place to encourage the areas to participate

Does your region have a regional office? ..... Yes, in Varginha City

Does your region have a regional convention? ...... R – Sim, realizadaem 2009 Yes, in 2009 If yes, is attendance: oincreasingodecreasingostaying the same We had just one convention with the attendance of 350 people

Did your regional convention make a profit this year? We did not have convention this year

What committees or workgroups do you have at your RSC? o Convention/Events

o FD/Outreach

- o H&I
- o Human Resources
- o Literature distribution
- o LiteratureReview
- o Phoneline
- o PR/PI

o Project Based Workgroups o Regional Service Office
o Translations
o Website
o Youth
oOther, please specify

Is there a corporation or an entity with legal status that is a part of your RSC? Yes, We have a legal office

Does your RSC use Consensus Based Decision Making (CBDM) to reach decisions? Yes

Do any of your areas use CBDM to reach decisions? ..... oyesono Yes, all of them

Comments about how that works .....

Before making decisions, in all meetings of the ASC and in the regional meeting we discuss until we reach a consensus, always allowing all the members to put their point of view. We just open a formal decision process when we realize that we will not reach the consensus.

#### Service Delivery & Best Practices

Please describe the service workshops your region or the areas in your region have held this cycle, if any, giving information such as the topics covered, number of workshops, average attendance, etc. ......

Does your region provide any other type of fellowship development or outreach efforts? Yes

The Outreach has been working with the areas looking for getting close to them. We've done some service foruns, meetings with some geographically close areas for changing experience and we've been working in the development of the north of the state.

What kind of training and mentoring efforts take place in your region and/or itsareas? . We had all the support of the BrasilRegion.Outreach to support our areas

Describe what kind of planning your region and/or its areas utilize. ...... Financial plan and outreach to develop the region

Has your region had discussion about where NA does not exist in your region? Yes

If you have had any particular successes with communication strategies in your region and/or its areas please share them...... Media in Tv, Busdoor, radio spots, links in social media, informative folders

If you have had any particular successes with utilizing technology in new ways within your region and/or areas please share them. ...... Whatsapp group

Please describe the different types of public relations efforts (PR/PI)carried out in your region ..... All our efforts are concentrated in developing, we have our logo in water and power bills and group list.

How many statewide/national conferences per year does your PI/PR committee participate in/exhibit at? ..... None Do you have a regional website?oyeso no If yes, please include the URL ...... If yes, do you keep your meeting information updated on the website?

How does your region reach a conscience about WSC matters? oVote by GSRs at regional workshop/assembly oVote by RCMs at RSC meeting OR by: oArea tally oGroup tally o Member tally oOther -please specify

Does your region engage in gathering a conscience for CAT material? oyesono Yes

How does your region delegate authority to you as a delegate to make decisions at the WSC? For items in the *CAR*, is the decision left to your discretion or is it amandate? oMy discretion oMandate Mandate

Does it seem as though the number of members in your region has been growing, shrinking, or staying the same since WSC 2016?ogrowingoshrinking ostaying the same Growing

Are there government or other legal impediments that restrict the ability of NA to function or grow in your community? ...... No If yes, what is your region doing to resolve these obstacles? .....

#### **Innovations and Challenges**

What subject generated the most interest and discussion in your region over the past conference cycle?

Moratorium, Seating of the other Brazilian Regions

Please describe the most significant challenge your region has faced since WSC 2016 ..... To develop NA in the North of Minas State

Please describe some highlights or successes your region has experienced since WSC 2016 ...... Raising of the number of areas, groups and the participation of the members and region servants

What additional information would you like to share with other conference participants? ...... We are carring a work group to realize our next convention in 2018 in the Ouro Preto city, where we have already had a convention.

#### **Delegate Experience**

What has worked well and what challenges have you experienced in your role as regional delegate?

The comunication with other Brazilian regions and the BZF meetings have contributed a lot for our region growing

The biggest challenge that I've faced is always to keep a good communication, making all the information of all level of service reach our groups. I think that a big challenge always is going to be to get the groups and other structures closer.



\*\*Please note: If you do not have precise figures for some of the questions here but can give a close estimate, approximations are fine. When numbers are requested, please answer with a number rather than spelling out the word.

## Seating Questions (from A Guide to World Services in NA)

#### **Ouestion:**

Why do you want to become a conference participant? ..... Answer:

The Netherlands have a fast growing NA fellowship. We'd like to take part of the group conscience worldwide to add our experience and learn from other regions/zones and take part in the decision making processes. The Dutch fellowship would like to be able to put procedures/guidelines on the WSC agenda about possible improvements that we find in applying the current procedures. We'd like to be heard concerning the NA literature development. Sharing and improving our experience with youth in recovery.

Also very important for us is participation in the discussions on the zonal representation. Our experience with living in a country where drugs are very common and tolerated which brings it's own specific challenges. We have a longstanding tradition of 'polderdenken' which is closely related to CBDM. It's in our nature to bring parties together looking for consensus in debates. As a small country with an excellent infrastructure we have a deeply rooted tradition in building lasting relationships with other countries.

#### **Ouestion:**

Do you believe that the voice of your NA community is not currently being heard at the WSC? If	
so, why?	•••

#### Answer:

Currently our voice is heard through our sponsor country. Also we are being heard in the EDM. Still, this is only indirectly which makes it much more complicated and practically impossible to exert any influence on the decisions made by the WSC.

#### **Question:**

Do you believe your community has enough NA service and recovery experience to be a positive contributor to the global decision-making process for the Fellowship? If so, explain how. .....

## Answer:

Yes, we do believe we have enough NA service and recovery experience to be a positive contributor. In 2018 the Dutch fellowship will celebrate the 30<sup>th</sup> anniversary. In the last 10 years we've grown from one Area to one Region and four Area's with a fifth under construction. Currently there are about 220 weekly meetings in our region and this number continues to grow. Thanks to the willingness of the more experienced members we manage to keep sustaining the service structure in this growth. Two of our Area's are in the process of splitting into smaller Area's to better serve the large number of groups.

We gained a lot of service experience from our sponsor country, our participation in EDM and participation of Area members in the European Service Learning Days. We are organizing local workshops to share this experience with newer members and groups.

Due to our central geographical position in Western Europe and our excellent infrastructure many of our members visit a lot of conventions abroad bringing back their recovery and service experiences to our fellowship. Most of our experienced members have the means to travel abroad frequently.

#### Question:

How will participation at the conference benefit your local NA community? .....

#### Answer:

We hope to gain support for developing larger youth conventions. Also we hope by participating in the WSC to attract experienced members to the Dutch events bringing their experience to our community. Being in closer contact with our fellow regions will make it easier to bring their experience to our groups.

#### **Question:**

Please tell us about any other regional information or comments regarding the region's experience with the seating process.

#### Answer:

This is our first request for seating in the WSC.

## **Question:**

Does your region represent all of the groups/meetings in your NA community? ..... Answer:

Yes.

## **Regional formation and history**

#### **Question:**

Does the region conform to established geographic boundaries, equivalent to state, territorial, provincial, or national boundaries, as recommended in A Guide to World Services? If not, why? .... Answer:

Yes. National boundaries.

## **Question:**

If any part of the region was previously part of another region, what was the reason for the
division? Please briefly describe the division process.
Answer:
N/A
Question:
What was the date of the regional formation?
Answer:
. 0011

# january 2011

Area Nederland was split in three Area's and one Region. Before this, Area Nederland served as a region as well. Regio Nederland started as a continuance of Area Nederland.

## **Question:**

When did the region begin to administer services?..... Answer:

Immediately after founding, regio Nederland took over the administration of all regional services from Area Nederland.

#### **Question:**

What year did NA recovery meetings begin in the region?
Answer:
1988

## Question:

Please provide copies of notes/minutes from your last three RSC meetings (in English only, if possible).

# Facts about your Region

Question:
Name of Region
Answer:
NA Regio Nederland
Question:
Name of Regional Delegate
Answer:
Martijn F.
Question:
Name of Alternate Delegate
Answer:
Remco G.
Question:
How long is the RD term in your region?
Answer:
2 years
Question:
How many areas are in the region?
Answer:
4 (plus one under construction)
Question:
How many groups are in the region?
Answer:
200
Question:
How many meetings take place each week in the region?
Answer:
220
Question:
How many H&I panels take place each week in the region? (Please count panels facilitated by all
service bodies, not just the RSC.)
Answer:
about 25 monthly
Question:
Does your region attend a zonal forum?□ yes □ no
If yes, which zonal forum?
How long has your region been attending?
Answer:
No,
although we have been a participant in EDM for 4 years

# Budget (Please specify currency if not giving amounts in US dollars)

Question: What percentage of your RSC's annual budget comes from group and area contributions? (Please use numbers only) Answer: 100% Question: What percentage comes from conventions and events? Answer: 0% Question: What percentage comes from literature sales? Answer:
0%
(literature is sold by Area's)
Question:
Please describe, in percentages, your RSC's annual expenses:
<ul> <li>PR efforts?</li> </ul>
6,3 %
➤ H&I?
0 % (is done by Area's)
Holding workshops and service meetings?
0 % (is done by Area's)
> Traveling delegates or other trusted servants to service meetings and workshops?
50%
Holding events?
28 % (Regional Assembly)
Expenses to hold and manage the RSC?
5,4%
Specify any other expenses?
LTC 5,3%
Banking cost 1,9%
Miscellaneous 3,1%
Question:
What was the total amount of money contributed by the region to your zonal forum during your last fiscal year?
Answer:
3000 euro to EDM
Question:
Contributed by the region to NAWS?
Answer:
0 euro

(One of our Area's did donate)

# Your Regional Service Structure

Question:

#### Netherlands Seating Request

How often does your RSC meet?		
Answer:		
every two months		
Question:		
Does your RSC meet in the same place each time?  U yes  no? If no, please explain		
Answer:	-	
Yes		
Question:		
Does your region have a regional office?	,	□ yes □ no
Answer:		-
No		
Question:		
Does your region have a regional conver	ntion?	🗆 yes 🗆 no
If yes, is attendance: 🛛 increasing 🛛		-
Did your regional convention make		
Answer:	1 5 5	
We're planning on one for 2018. Our goa	al is a convention every two ye	ears.
	5 5	
Question:		
$\widetilde{W}$ what committees or workgroups do you	ı have at vour RSC?	
□ Convention/Events	□ FD/Outreach	□ H&I
□ Human Resources	□ Literature distribution	□ Literature Review
□ Phoneline	□ PR/PI	Project Based
Workgroups		- )
□ Regional Service Office	□ Translations	□ Website
□ Youth	□ Other, please specify	
Answer:		
Conventions/Events		
FD/Outreach		
Translation		
Website		
Project Based (Regional Assembly, Mult	imedia)	
, , , , , , , , , , , , , , , , , , , ,	,	
Area's are managing:		
Phoneline Workgroups		
Youth		
Literature Distribution		
PR/PI		

H&I

## Question:

Is there a corporation or an entity with legal status that is a part of your RSC?......  $\Box$  yes  $\Box$  no **Answer**:

Not yet. Currently under discussion in the RSC to establish a legal entity for NA in the Netherlands because of legal liability.

## Question:

Does your RSC use Consensus Based Decision Making (CBDM) to reach decisions? ......  $\Box$  yes  $\Box$  no

#### Answer:

Yes
Question:
Do any of your areas use CBDM to reach decisions?□ yes □ no
Comments about how that works
Answer:
Yes.

Started by Region and one Area it was soon copied.

## **Service Delivery & Best Practices**

#### Question:

Please describe the service workshops your region or the areas in your region have held this cycle, if any, giving information such as the topics covered, number of workshops, average

attendance, etc. .....

#### Answer:

H&I, 10 Building strong homegroups, 4 Traditions, 6 Service workshop, 2 Sponsorship, 6 Social Media, 1

with average 15 to 20 attendants

#### Question:

Does your region provide any other type of fellowship development or outreach efforts?	
□ yes □ no If yes, please describe	••••

#### Answer:

There is an existing cooperation with the salvation army, them bringing us homeless addicts (respecting the sixth tradition the NA name is not used and we don't mention the name of the salvation army). Region sent representatives of our Area's to the European Service Learning Days. These representatives were assigned to use their experience from the ESLD to help the fellowship development along.

#### Question:

What kind of training and mentoring efforts take place in your region and/or its areas? ...... Answer:

The aforementioned workshops

#### Question:

Describe what kind of planning your region and/or its areas utilize. ..... Answer: Financial planning, budgeting Agenda of events

## Question:

Does your region or its areas have any shared services with other service bodies? □ yes □ no If yes, please describe.....

#### Answer:

Recently we started cooperation with the Area Flanders of the Belgium Region on LTC. (Flanders is dutch speaking).

## Question:

Has your region had discussion about where NA does not exist in your region? ......  $\Box$  yes  $\Box$  no **Answer**:

No. No blank spots.

#### Question:

If you have had any particular successes with communication strategies in your region and/or its areas please share them.....

#### Answer:

Social Media especially Facebook. Announcements of Events. Sharing Experience strength and hope. Sending translated JFT by mail and Facebook to NA members.

## Question:

If you have had any particular successes with utiliz	zing technology in new ways within your region
and/or areas please share them	

#### Answer:

N/A

#### Question:

Please describe the different types of public relations efforts (PR/PI) carried out in your region ......

#### Answer:

This is done by the Area's. We have an open service position for the coordination of these activities.

#### Question:

How many statewide/national conferences per year does your PI/PR committee participate in/exhibit at?

#### Answer:

N/A

## Question:

Does the region have any type of NA phone line or a helpline? □ yes □ no If yes, please describe these phone line/helpline service efforts.

#### Answer:

Yes, there are 6 phone lines, all of them managed by the Area's. Any addict can call them 24/7. The numbers are on the website and also on business cards handed out at H&I efforts. The phone lines are run by experienced members. They are ready to give emotional support and they will provide information about meetings and if necessary bring the caller in contact with a member nearby.

When parents or other interested parties call they are pointed to suitable information sources. **Question:** 

## Do you have a regional website? yes no If yes, please include the URL.....

If yes, do you keep your meeting information updated on the website?......  $\Box$  yes  $\Box$  no **Answer:** 

#### Yes:

## www.na-holland.nl

All meetings are listed on the website. The webteam also maintains the information about the Dutch meetings kept by NAWS.

## Question:

Has your region hosted CAR works number of workshops and aver	shops? □ yes □ no? If yes, please d age attendance	
Answer:		
No		
Question:		
How does your region reach a cons	cience about WSC matters?	
□Vote by GSRs at regional wor		□Vote by RCMs at RSC
meeting	1	5
OR by:		
□ Area tally	Group tally	□ Member tally
$\Box$ Other -please specify	1 5	
Answer:		-
Vote by RCMs at RSC meeting		
Question:		
Does your region engage in gatheri	ng a conscience for CAT material?	□ yes □ no
Answer:		
Only if matters are brought back fro	om EDM by our RD/alt-RD	
Question:		
How does your region delegate aut		
items in the <i>CAR</i> , is the decisior Mandate	n left to your discretion or is it a ma	andate? $\Box$ My discretion $\Box$
Answer:		
My discretion		
Question:		
Does it seem as though the number staying the same since WSC 201		0 0 0
Answer:		staying the same
growing		
Question:		
Are there government or other legal	limpodiments that restrict the shill	ty of NA to function or grow
in your community?	-	
, <b>,</b> e e	g to resolve these obstacles?	
Answer:		
no		
Question:		
Are there special language, translati		-
grow in your community?		
If yes, what is your region doing	g to resolve these obstacles?	
Answer:		
no		
Innovations and Challenges		
Question:		
What subject generated the most in cycle?	terest and discussion in your regio	n over the past conference
Answer:		

The zonal representation. **Question:** 

Please describe the most significant challenge your region has faced since WSC 2016.....

#### Answer:

Building progress in unity.

#### Question:

Please describe some highlights or successes your region has experienced since WSC 2016...... Answer:

Ongoing reorganization in LTC. Spreading CBDM throughout the service structure. The upcoming Regional Assembly in November 2017.

#### Question:

What additional information would you like to share with other conference participants? ...... **Answer:** 

Our experiences with recovery of young people. For example the annual youth convention.

## **Delegate Experience**

## Question:

What has worked well and what challenges have you experienced in your role as regional delegate?

#### Answer:

Implementing CBDM has worked very well. It brought a huge positive change in the total service structure. It was especially positive for the unity in our fellowship.

The presentation we gave on EDM on the youth convention gave a boost to this convention and might lead to a European youth convention in the near future.

Since our fellowship is growing explosively we have to keep up, with the help and experiences of other countries. We learned a lot from visiting the RSC of our sponsor country. Exchanging experience with other RD's at the EDM was also very helpful.

Also challenging was reaching unity in our point of view regarding the usage of baby blue, grey book and other historical literature at meetings. It was very helpful to exchange experiences with other participants of EDM, NAWS and members of the World Board.

Organizing a Regional Assembly was another challenge. We invited the RD and alt-RD of our sponsor country to participate in the upcoming RA by giving lectures and workshops.

Experiencing the atmosphere of recovery at EDM and in our communications with NAWS and members of the World Board makes us feel very grateful and gives us the strength to carry on and bring a positive contribution to the WSC.

# **WSC 2018 Seating Request Form**



\*\*Please note: If you do not have precise figures for some of the questions here but can give a close estimate, approximations are fine. When numbers are requested, please answer with a number rather than spelling out the word.

## Seating Questions (from A Guide to World Services in NA)

Why do you want to become a conference participant? To be part of the wider group conscience, to feel part of the world-wide community, to bring vision from our part of the world.

to a greater world of NA and will help us better understand important things regarding NA service structure and our role and place in it.

Please tell us about any other regional information or comments regarding the region's experience with the seating process.

Does your region represent all of the groups/meetings in your NA community? ......Yes

## **Regional formation and history**

Does the region conform to established geographic boundaries, equivalent to state, territorial, provincial, or national boundaries, as recommended in *GWSNA*? If not, why? **Yes, it is Federal Territory of the North-West** If any part of the region was previously part of another region, what was the reason for the division? Please briefly describe the division process. The largest area of the new region (St. Petersburg Area) was previously part of the first and oldest Russian-speaking region Western Russia. Moreover it was the founding member of that first region. In the past approximately 7 years many new groups opened in the North-West of the country, and the old region didn't have resources to serve them properly as they needed fellowship development. So that became the task for the Area St. Petersburg and brought about the idea of forming a new region on that territory which was done.

## Facts about your Region

Name of Region	North-West Russia
Name of Regional Delegate	
Name of Alternate Delegate	vacant
How long is the RD term in your region?	
How many areas are in the region?	

How many groups are in the region?	60
How many meetings take place each week in the region?	231
How many H&I panels take place each week in the region? (Please count panels facilitated by all service be	odies, not
just the RSC.)	app. 25
Does your region attend a zonal forum?	es 🗆 no
If yes, which zonal forum? Russian-speaking Zonal Forum	

How long has your region been attending? 4 years

## Budget (Please specify currency if not giving amounts in US dollars)

What percentage of your RSC's annual budget comes from group and area contributions? (Please use numbers only)	60%
What percentage comes from conventions and events?	10%
What percentage comes from literature sales?	30%
Please describe, in percentages, your RSC's annual expenses:	
PR efforts? 5%	•••••
➢ H&I? 5%	•••••
Holding workshops and service meetings? 30%	•••••

- > Traveling delegates or other trusted servants to service meetings and workshops? 20%.....
- Holding events? 10% .....
- Expenses to hold and manage the RSC? 30%.....
- Specify any other expenses? donations to Zonal Forum and NAWS all that is left after planning of expenses for the next 6 month

What was total amount of money contributed by the region to your zonal forum during your last fiscal year? **600USD** Contributed by the region to NAWS? **none (previous fiscal year after hosting zonal convention - 500USD)** 

## Your Regional Service Structure

How often does your RSC meet?		2 times a year
Does your RSC meet in the same place e	ach time? 🛛 yes <u> no</u> ? If no,	please explain. Place is chosen in
advance from the bids presented by are		
Does your region have a regional office?		🛛 yes <u>  no</u>
Does your region have a regional conver	ntion?	🛛 yes 🗖 no
If yes, is attendance: 🛛 increasing 🗆	$\square$ decreasing $\square$ staying the sam	ne
Did your regional convention make	a profit this year? $\Box$ yes $\Box$ no	
What committees or workgroups do you	have at your RSC?	
□ Convention/Events	<b>FD/Outreach</b>	
Human Resources	<b>Literature distribution</b>	□ Literature Review
□ Phoneline	□ PR/PI	Project Based Workgroups
Regional Service Office	□ Translations	□ Website
□ Youth	□ Other, please specify	
Is there a corporation or an entity with le	egal status that is a part of you	r RSC? 🛛 yes 🗖 no
Does your RSC use Consensus Based De	cision Making (CBDM) to reac	h decisions? 🗖 yes 🗆 no
Do any of your areas use CBDM to reach	n decisions?	<u>Dyes</u> D no
Comments about how that works That	works well for most question	s, not for all of them, though

# Service Delivery & Best Practices

Please describe the service workshops your region or the areas in your region have held this cycle, if any, giving information such as the topics covered, number of workshops, average attendance, etc. **Our region held appr. 50 workshops this cycle** (25 per year). Topics - IDT and most popular such as building strong home groups and Traditions. Attendance very much depends on area where the workshop is held. Average 20 people.

Does your region provide any other type	1 1	•
-		ly proving funding for GSRs to attend
What kind of training and mentoring eff		
		rested in translations and literature); PR
and HI assembly; Delegate's see	ssions	
Describe what kind of planning your reg	gion and/or its areas utilize. Bot	th normal planning & Strategic Planning
Does your region or its areas have an	ny shared services with othe	er service bodies? $\Box$ yes $\Box$ no If yes,
please describe. We take part in	the work of Zonal Translat	ions committee
Has your region had discussion abo	ut where NA does not exist i	in your region? <u>Uyes</u> no
If you have had any particular succe	esses with communication st	rategies in your region and/or its areas
please share them. We use What	sup chat for communication	n, it works well, also we have online
meetings in Zoom every month	or even twice a month betw	veen regular RSC meetings
If you have had any particular succe	esses with utilizing technolog	gy in new ways within your region
and/or areas please share them.	We use Zoom for online cor	nferences
Please describe the different types of	f public relations efforts (PR,	/PI) carried out in your region Health
fair; round tables with profession	onals; information letters et	c
How many statewide/national conference	ces per year does your PI/PR co	mmittee participate in/exhibit at? <b>None yet</b>
Does the region have any type of NA	A phoneline or a helpline? $\Box$	l yes 🗖 no If yes, please describe these
phoneline/helpline service effort		
Do you have a regional website?	yes 🛛 no If yes, please inclu	de the URL http://www.na-szr.ru/
If yes, do you keep your meeting	g information updated on the	e website?
Has your region hosted CAR works	hops? 🛛 yes <u>🛛 no</u> ? If yes, pl	ease describe these efforts, such as
How does your region reach a consc	cience about WSC matters?	
□Vote by GSRs at regional work	shop/assembly	□Vote by RCMs at RSC meeting
OR by: AND	1	·
□ Area tally	<b>Group tally</b>	□ Member tally
$\Box$ Other -please specify		
Does your region engage in gatherir	ng a conscience for CAT mate	erial? 🔲 yes 🗆 no
	0	make decisions at the WSC? For items
		Indate? $\Box$ My discretion $\Box$ Mandate
	5	has been growing, shrinking, or staying
8	<b><u>l growing</u></b> $\Box$ shrinking $\Box$ s	ë ë ; ë
		ability of NA to function or grow in your
		·····
•		rict the ability of NA to function or grow
		,
Innovations and Challenges		

What subject generated the most interest and discussion in your region over the past conference cycle?
 Traditions - new material and workshops
 Please describe the most significant challenge your region has faced since WSC 2016 The most significant challenges were budgetary shortfall and the shutdown of the only meeting in the

geographically isolated area in Karelia

- Please describe some highlights or successes your region has experienced since WSC 2016 We had very successful literature assembly (brought income and raised awareness) and we helped to form a new area in Syktyvkar (member of the region now).....
- What additional information would you like to share with other conference participants? The longest distance between groups in our region is 1354 km (841 miles); 2 of groups in our region are above the Northern polar circle, 3 of groups are just on the polar circle latitude .....

#### **Delegate Experience**

What has worked well and what challenges have you experienced in your role as regional delegate?

I'm an outgoing delegate. Actually my term is over by now and this task - to send this form - is my last task. The biggest challenge for me was to try to attend as many area meetings as possible - in fact that was not possible at all, even though it was in our regional Guidelines. Instead we use Zoom, and including 2 monthly online meetings of the Zonal forum that was a bit too much for me. Also I faced some difficulties trying to collect feedback for CAT material, but since we are not present at the WSC, it did not drive me crazy. As a quite experienced regional delegate (I used to be a delegate for the old region and attended the WSC twice) of the new developing region I gained a lot of new exciting experience, and I wish the new delegate will have this exciting experience too and will be able to be even more helpful to the region, and will attend the WSC in the future.

# **WSC 2018 Seating Request Form**



\*\*Please note: If you do not have precise figures for some of the questions here but can give a close estimate, approximations are fine. When numbers are requested, please answer with a number rather than spelling out the word.

## Seating Questions (from A Guide to World Services in NA)

regions have representation in our region. .....

## **Regional formation and history**

Does the region conform to established geographic boundaries, equivalent to state, territorial, provincial, or national boundaries, as recommended in A Guide to World Services? If not, why? Yes we do. Our region has boundaries by states. Our region has 5 states. Before this year we had 6 states ...... If any part of the region was previously part of another region, what was the reason for the division? 17 years ago

we were part of the Mexico region but the people in service stealth the whole convention money and we decided after that not to be part of that.

Please briefly describe the division process. Reading the guides, the Guide to World services, local services guide we took the chance to make our new region and start over with the help of other people with experience in this area.

What was the date of the regional formation? 03/08/2000

When did the region begin to administer services? Right after the new region we started to serve and in 2001 we had our first regional convention with a great success and great support of the other regions until now....... What year did NA recovery meetings begin in the region? Since 2000 ...... Please provide copies of notes/minutes from your last three RSC meetings (in English only, if possible).

## Facts about your Region

Name of Region: Occidente
Name of Regional Delegate: Renato D.
Name of Alternate Delegate Antonio D
How long is the RD term in your region? 2
How many areas are in the region? 5
How many groups are in the region? 75
How many meetings take place each week in the region? 520

How many H&I panels take place each weel		
just the RSC.) From 5 to 10		
Does your region attend a zonal forum?		5
If yes, which zonal forum? Foro Zonal		
How long has your region been attendir	ng? Since 2001	
Budget (Please specify currency i		
What percentage of your RSC's annual bu only)30		
What percentage comes from conventio		
What percentage comes from literature		
Please describe, in percentages, your RS		
	-	
	-	gs and workshops? 30
e		
•		
What was the total amount of money contr		
250dls	5 6 5	05 5
Contributed by the region to NAWS? 250dl	S	
Your Regional Service Structure		
	month and as the month with	al (alarna)
How often does your RSC meet? Every two Does your RSC meet in the same place		
RSC each area	-	
Does your region have a regional office'		
Does your region have a regional conve		-
If yes, is attendance: 🖾 increasing		
Did your regional convention make		
What committees or workgroups do you		0
⊠ Convention/Events	$\boxtimes$ FD/Outreach	⊠ H&I
☐ Human Resources	$\boxtimes$ Literature distribution	□ Literature Review
⊠ Phoneline	⊠ PR/PI	□ Project Based Workgroups
🗵 Regional Service Office	□ Translations	⊠ Website
⊠ Youth	□ Other, please specify	
Is there a corporation or an entity with l	egal status that is a part of you	ır RSC?⊠ yes 🗖 no
Does your RSC use Consensus Based De		
Do any of your areas use CBDM to read		
Comments about how that works		
Service Delivery & Best Practices		
Please describe the service workshops y	our region or the areas in you	r region have held this cycle, if
any, giving information such as the	topics covered, number of wor	rkshops, average attendance, etc
Does your region provide any other typ		
$\Box$ yes $\boxtimes$ no If yes, please describe.		

What kind of training and mentoring efforts take place in your region and/or its areas? We make a lot of workshops in all our areas

		We planning for the whole year a role to
Does your region or its areas have any s	hared services with other set	rvice bodies? $\Box$ yes $\boxtimes$ no If yes, please describe.
		ist in your region?□ yes □ no
		strategies in your region and/or its areas
If you have had any particular successes	s with utilizing technology ir	n new ways within your region and/or areas
please share them. We use our we	bsite to share information	L
Please describe the different types o	f public relations efforts (	PR/PI) carried out in your region
How many statewide/national conferen	ces per year does your PI/PR	committee participate in/exhibit at?
Does the region have any type of N.	A phoneline or a helpline	$\mathbb{Z}$ yes $\Box$ no If yes, please describe these
		in the whole region. One for each area
Do you have a regional website?	l yes 🗖 no If yes, please in	clude the URL
www.naregionoccidente.org		
If yes, do you keep your meeting	g information updated on	the website?⊠ yes □ no
Has your region hosted CAR workshop	s? ⊠ yes 🗆 no? If yes, plea	se describe these efforts, such as number of
workshops and average attendance	We publish every new we	orkshop we take or we make for the whole
NA Community		
How does your region reach a conscience	ce about WSC matters?	
⊠Vote by GSRs at regional wor	kshop/assembly	⊠Vote by RCMs at RSC meeting
OR by:		
Area tally	□ Group tally	$\Box$ Member tally
$\Box$ Other -please specify		
Does your region engage in gatherin	-	-
		e to make decisions at the WSC? For items
		mandate? $\boxtimes$ My discretion $\square$ Mandate
6	, e	n has been growing, shrinking, or staying
	☑ growing □shrinking □	• •
· · ·	-	A to function or grow in your community?
, , , , , , , , , , , , , , , , , , ,	-	cles?
		t the ability of NA to function or grow in your
		□ yes ⊠ no
If yes, what is your region doing	to resolve these obstacles	?
Innovations and Challenges		

What subject generated the most interest and discussion in your region over the past conference cycle? Our new traditions books, the expenses report and our new literature. Please describe the most significant challenge your region has faced since WSC 2016 Keep growing as a region,

keep together and keep us serving as a fellowship and distribute and read and make a few workshops of our new literature

Please describe some highlights or successes your region has experienced since WSC 2016 The acceptation of the new service plan

What additional information would you like to share with other conference participants? .....

## **Delegate Experience**

What has worked well and what challenges have you experienced in your role as regional delegate? I think if we still working together we'll be a strong region as we been doing now. Even when our voice is not heard in the WSC we had kept been serving with love. All that we want is to keep doing our great job as a great team.

# WSC 2018 Seating Request Form



\*\*Please note: If you do not have precise figures for some of the questions here but can give a close estimate, approximations are fine. When numbers are requested, please answer with a number rather than spelling out the word.

# Seating Questions (from A Guide to World Services in NA)

Do you believe that the voice of your NA community is not currently being heard at the WSC? If so, why? ...... Yes! As mentioned above, we have been conducting our own CAR workshops since 1996, as part of our term calendar, but we've never been able to deliver the results ourselves. We've tried somehow to be heard through other regions.

#### Do you believe your community has enough NA service and recovery experience to be a positive

contributor to the global decision-making process for the Fellowship? If so, explain how...... Yes, we believe our contribution with our experiences in service and recovery would be important to the WSC. Here in the extreme south of Brazil, due to our reality, we experience long geographic distances and the lack of human and financial resources. This has not stopped the growth of new group openings and new areas, service workshops, translation of literature, conventions, and weekend long steps and traditions meetings. We were leaders in the creation of the Southern Brazil Region and a regional convention, when there was still only one region in Brazil. This shows that we are mature in providing services and especially in encouraging unity in our state.

How will participation at the conference benefit your local NA community? .....

The Southern Brazil Region was formed by 3 states: Parana, Santa Catarina and Rio Grande do Sul. Each state has its own experiences and peculiarities, its characteristics, accent, culture, etc... The distance to a regional meeting is over 800 km. Our state, Rio Grande do Sul, has a total of 10 areas. When we started the process of creating the Rio Grande do Sul Region, the intention was to unite the 10 areas, but in the process, some of these areas did not want to give up being part of a Region with a seat at the conference. Today, although 4 areas are still part of the Southern Brazil Region, we have been doing many services together (list of groups, posters, phone line and others). These areas have already shown their intention to join our region. Having a seat at the conference will certainly help this UNITY to happen, so our regional geographic area will be completed by all the areas in the state of Rio Grande do Sul.

We believe that the greatest contribution is in BELONGING, to know that we are part, that we are the same, that we are recognized as members of the WSC. Sometimes there are things in NA that can not be expressed in words, you just feel... I belong! We remember our first service meeting in our home group, being part of the decision making, the information we had to go through at the next service meeting, the first area meeting report, sharing experiences with other groups. We also remember the first regional meeting, getting to know other representatives and their experiences, and nowadays our participation in the Brazilian Zonal Forum, where together with others we decide the future of NA in Brazil ... this will be our third attempt to be accepted and recognized as a Region in the WSC. There is no way to measure the lenght of the WSC's contribution to the groups in our community, involving them in making decisions at a global level in our fellowship.

Please tell us about any other regional information or comments regarding the region's experience with the seating process.

Does your region represent all of the groups/meetings in your NA community? ...... No, in 1994, we formed our first area services committee here in the state of Rio Grande do Sul. In Brazil we also had only one region, the Brazil Region. In order to participate in a regional meeting we had to go to the center of the country (São Paulo / Rio de Janeiro) which is 1,200 km to 1,800 km away. Our area grew in size and from that, other areas were

#### Rio Grande do Sul Seating Request

established, resulting in more conventions, more weekend long steps and traditions meetings and concepts workshops, training workshops and the realization of a convention at a national level, organized and carried out by our community. Soon after the convention, we formed the Southern Brazil region (2005), thus joining two other states (Santa Catarina and Paraná). During the first few years, most of the service commitments in the region were filled by members of our community. During this period, a WG (Working Group) was formed to study and debate an old wish of our community: to form the 'Gaúcha' region. Soon enough the idea became accepted and vigorous, but in the course of the process, we had some difficulties with personalities, which resulted in the retreat of some areas. Soon afterward we also had the appearance of the Service System project, which brought greater clarity for the creation of new regions, especially in the geographic sense. The areas that had retreated also claimed that it would be very difficult to have a new seat at the conference, also because we understand the number of regions in the WSC today. But the Work Group continued, and 3 areas approved the creation of the new region. Today we are 6 areas out of 10 in the state of Rio Grande do Sul, and a large part of our state is still facing great difficulties, including communities in which the heart of NA still does not beat! We still have many services to do, including Outreach, Public Information, H&I, and mainly supporting new groups. In terms of the seating process, in addition to our experience with gaining a seat with the Southern Brazil Region, we have made two requests to the WSC (2014/2016), in which our participation as a recognized and seated region was denied.

## Regional formation and history

If any part of the region was previously part of another region, what was the reason for the division?
Please briefly describe the division process
What was the date of the regional formation? May 29, 2011
When did the region begin to administer services?
What year did NA recovery meetings begin in the region?
The Southern Brazil Region was formed by 3 states. Our state is located in the extreme south of Brazil. The main reasons that
led us to form the Rio Grande do Sul Region were the distance to regional meetings, costs invoved, communication
difficulties, our reality as an NA community and our own growth as a region.

The groups questioned mainly the costs of travel by our representatives to regional meetings, the issue of communication, the unity itself and the issue of having to organize individual regional workshops state by state. So a Work Group was formed, and the process of forming the Rio Grande do Sul Region began. When the new region was approved by the groups, we communicated that to our "mother" region, and as soon as our regional service committee was first formed, we requested to participate in the Brazilian Zonal Forum and later in the Latin American Zonal Forum.

May 29, 2011

The services were in fact already running, even before we officially became a region, for the reasons stated above.

Before NA, we had CDA (Chemically Dependent Anonymous) groups and then TA (Toxicomanous Anonymous-1988). In 1988 they became NA, and in 1994 there was the formation of our first area in the State of Rio Grande do Sul: the 'Gaúcha' Service Committee with 5 groups. Nowadays there are more than 70 groups.

Please provide copies of notes/minutes from your last three RSC meetings (in English only, if possible).

## Facts about your Region

Name of Region
Rio Grande do Sul Region
Name of Regional Delegate
Pedro M
Name of Alternate Delegate

André F
How long is the RD term in your region?
2 years
How many areas are in the region?
6 areas
How many groups are in the region?
77
How many meetings take place each week in the region?
129
How many H&I panels take place each week in the region? (Please count panels facilitated by all
service bodies, not just the RSC.)
16 institutions are served, including clinics, therapeutic communities and 2 prisons.
Does your region attend a zonal forum?
If yes, which zonal forum? Brazilian zonal forum and Latin American zonal forum
How long has your region been attending?

## 6 years

# Budget (Please specify currency if not giving amounts in US dollars)

What percentage of your RSC's annual budget comes from group and area contributions?(Please use numbers only)
90%
What percentage comes from conventions and events?
What percentage comes from literature sales?
Please describe, in percentages, your RSC's annual expenses:
▶
R efforts?
\$ 1.725,00 ≻
&I?
۶H
&I
In the service meetings?
➤
raveling delegates or other trusted servants to service meetings and workshops?
►
>H
olding events?
0,00
۶ E
xpenses to hold and manage the RSC?

R\$ 11.888,84		
What was the total amount of mon	ey contributed by the region to	your zonal forum during your last
fiscal year?		
R\$ 600,00		
Contributed by the region to NAWS	5?	
R\$ 0,00		
Your Regional Service Struc	ture	
How often does your RSC meet?		
3 times a year		
Does your RSC meet in the same pla No. Every 2 meetings an area can file a mo	otion requesting that the meeting is held	
Does your region have a regional of		
Does your region have a regional co		
If yes, is attendance: 🛛 increasin	g□decreasing□Xstaying the sam	ne
Did your regional convention m	ake a profit this year? $\Box X$ yes $\Box$ no	)
What committees or workgroups do	o you have at your RSC?	
□X Convention/Events	$\Box X$ FD/Outreach	□ H&I
Human Resources	Literature distribution	□ Literature Review
□ Phoneline	□X PR/PI	Project Based Workgroups
Regional Service Office	$\Box$ XTranslations	□ Website
□ Youth	$\Box$ Other, please specify	

Comments about how that works ..... In the region, consensus decisions happen when the climate of the debate points to a unanimous decision. We ask if there is a consensus, and in some cases, when only one member is contrary, we ask him/her how we could help to clear his doubts on the issue at hand. If the member continues to be contrary to the decision of the others, a vote is taken by raising hands or by individual call of the voting members. In the ASCs what predominates is the raising of hands.

## Service Delivery & Best Practices

Please describe the service workshops your region or the areas in your region have held this cycle, if

any, giving information such as the topics covered, number of workshops, average attendance, etc. . We have held two workshops, Service Structure and Atmosphere of Recovery in Service. We had the participation on average of 15 to 20 members.

Does your region provide any other type of fellowship development or outreach efforts?

□Xyes□ no If yes, please describe.

What kind of training and mentoring efforts take place in your region and/or its areas? ...... Our region encourages the areas to carry out meetings of groups in line with the Service System Project, in addition to workshops that are held in their communities for service commitment training. We also encourage the areas to plan their actions in the beginning of the term. .....

Does your region or its areas have any shared services with other service bodies? Dyes no If yes, please describe.....

We have a PhoneLine committee shared between the areas, as well as with some areas of the Southern Brazil region. Administrative meetings are held bimonthly with the representatives of each area where they provide directions and hold the committee accountable.

Has your region had discussion about where NA does not exist in your region? ......  $\Box Xyes \Box no$  If you have had any particular successes with communication strategies in your region and/or its areas

please share them..... The latest communication tool between the region and areas is our secret facebook group, where you can find the minutes, reports, and even the discussion group for the region's trusted servants. The Whatsapp application and virtual meetings of the region members and the area representatives brought us very close together in our communications.

If you have had any particular successes with utilizing technology in new ways within your region

and/or areas please share them. As mentioned above, social networks are an important tool in our communications today.

Please describe the different types of public relations efforts (PR/PI)carried out in your region .....

Our areas have PR subcommittees where trusted servants present information about NA: who we are, where are we, and what we have to offer. In these panels we present a video of NA (attached), share strength, faith and hope, and distribute group lists and PI pamphlets.

This year, in the period between October 2016 and January 2017 we have had media insertions in the main TV channel in our state (video attached).

We have a banner (photo attached) with the PhoneLine number and Website address, which we present at events with large numbers of people, such as soccer games, events in squares, shows. We distribute list of groups and inform people about NA personally.

We have recently carried out a campaign on the back of buses (photo attached), as well as posters inside the buses (photo attached), which brought a good return on our PhoneLine.

Attached also are photos of walls where we will paint information about NA: national website, phoneline number and group information.

How many statewide/national conferences per year does your PI/PR committee participate in/exhibit
at?
Does the region have any type of NA phoneline or a helpline?□yes□X noIf yes, please describe these
phoneline/helpline service efforts

No, but we are in advanced conversations with the HOW region, to work together on the 0800 telephone (toll-free line). In addition to participating in the shared Helpline, in our service forums we allow space to train new telephone attendants and 12th step volunteers.

Do you have a regional website?□yes□ no If yes, please include the URL.....

#### Rio Grande do Sul Seating Request

If yes, do you keep your meeting inf we are part of the national website v	1	5
Has your region hosted CAR workshop	s? □Xyes□ no? If yes, please o	describe these efforts, such as
number of workshops and average a	ttendance	
As mentioned before, we have held the CAR wo		
In this last cycle, we had 20 attendances. The CAR workshop is part of our calendar / cycle planning.		
How does your region reach a conscience	e about WSC matters?	
□Vote by GSRs at regional worksho	p/assembly	□Vote by RCMs at RSC meeting
OR by:		
□Area tally	□Group tally	□X Member tally
□Other -please specify		_

## **Innovations and Challenges**

What subject generated the most interest and discussion in your region over the past conference cycle?

Service System Project - Our own WSC seating process - The Brazilian Zonal Forum, what is its function? The cost of the literature, especially the Basic Text, our first regional convention! The unity process, with neighboring areas and region!

.....

Please describe the most significant challenge your region has faced since WSC 2016.....

Our greatest challenge is the extension of our geographic territory, many municipalities are still without groups, or even without the knowledge that NA exists, the distance between groups and areas, and of course the lack of financial and human resources.

Please describe some highlights or successes your region has experienced since WSC 2016...... Our atmosphere of service and recovery amongst the members of the region and our ASCs, the presence of new members in our regional meetings, our own two-day meeting with workshops, and our relationship of unity with the neighboring region, the interest shown by other areas not yet participating in our region, and the realization of the Regional Convention.

## **Delegate Experience**

What has worked well and what challenges have you experienced in your role as regional delegate?

This is my first term as a Regional Delegate and it's a great challenge. My main difficulty is with the English language, despite having good friends who help me, I also use google translator.

I would love to participate in the online discussion forums, but once again the language barrier prevents me from these interactions. I will start an English course to see if I can make things easier.

Our regional meetings are still very similar to our area meetings, we get caught up in the subcommittee services and the bureaucratic process. We are in the process of making them understand that we are a region, so our topics should be more of a national and global level. On the other hand I understand, because that is what we know. I am very interested in the topics of Naws News and NA Way, I communicate a lot of these topics in my report, as well as topics from our multiregional office, which imports, prints and distributes our literature, and the topics of the Brazilian and Latin American Zonal Forums. It is very "pleasant" to be able to participate in this process of growth and maturation of our community that I have been participating in since the beginning of our first groups. The difficulties and challenges contribute greatly to my recovery and this new way of life!

# WSC 2018 Seating Request Form



\*\*Please note: If you do not have precise figures for some of the questions here but can give a close estimate, approximations are fine. When numbers are requested, please answer with a number rather than spelling out the word.

## Seating Questions (from A Guide to World Services in NA)

Why do you want to become a conference participant?	
Do you believe that the voice of your NA community is not cur	rently being heard at the WSC? If so,
why?	Not heard as not involved.
Do you believe your community has enough NA service and re	ecovery experience to be a positive
contributor to the global decision-making process for the Fellow	wship? If so, explain how Yes
How will participation at the conference benefit your local NA	community? Discussion, bringing unity
Please tell us about any other regional information or comments	regarding the region's experience with
the seating process.	Nil, as we haven't applied before.
Does your region represent all of the groups/meetings in your N	NA community?Yes

## **Regional formation and history**

## Facts about your Region

Name of Region
Name of Regional Delegate
Name of Alternate Delegate
How long is the RD term in your region?
How many areas are in the region?
How many groups are in the region?
How many meetings take place each week in the region?
How many H&I panels take place each week in the region? (Please count panels facilitated by all service
bodies, not just the RSC.)
Does your region attend a zonal forum? Yes yes 🗆 no
If yes, which zonal forum?Asia Pacific Forom
How long has your region been attending?

## Budget (Please specify currency if not giving amounts in US dollars)

What percentage of your RSC's annual budget comes from group and	area contributions? (Please use
numbers only)	
What percentage comes from conventions and events?	
What percentage comes from literature sales?	Nil
Please describe, in percentages, your RSC's annual expenses:	
➢ PR efforts? Combined with H&I	

#### **Thailand Seating Request**

<ul> <li>H&amp;I?</li> <li>Holding workshops and service n</li> <li>Traveling delegates or other trust</li> <li>Holding events?</li> <li>Expenses to hold and manage the</li> <li>Specify any other expenses?</li> <li>What was the total amount of money confiscal year?</li> </ul>	neetings? ed servants to service meetin RSC?	gs and workshops? 15% 
Contributed by the region to NAWS?	Nil	
Your Regional Service Structure		
How often does your RSC meet? Does your RSC meet in the same place ea Does your region have a regional office? Does your region have a regional conven If yes, is attendance: increasing Did your regional convention make a What committees or workgroups do you	tion?	□ yes □ no yes □ no me
Convention/Events Convention/Events Human Resources Phoneline Regional Service Office Youth Is there a corporation or an entity with le	<ul> <li>FD/Outreach</li> <li>Literature distribution</li> <li>PR/PI</li> <li>Translations</li> <li>Other, please specify</li> <li>gal status that is a part of you</li> </ul>	□ Project Based Workgroups Website Ir RSC?□ yes ■ no
Does your RSC use Consensus Based Dee Do any of your areas use CBDM to reach Comments about how that works Pr	decisions?	yes □ no

#### **Service Delivery & Best Practices**

Please describe the service workshops your region or the areas in your region have held this cycle, if any, giving information such as the topics covered, number of workshops, average attendance, etc. . Does your region provide any other type of fellowship development or outreach efforts? yes I no If yes, please describe. 1 to 1 at Rehabs, also to Thai Nationals What kind of training and mentoring efforts take place in your region and/or its areas? Alt Positions..... Describe what kind of planning your region and/or its areas utilize. Fellowship Development..... Does your region or its areas have any shared services with other service bodies? yes D no If yes, please describe..... Has your region had discussion about where NA does not exist in your region? ...... yes  $\Box$  no If you have had any particular successes with communication strategies in your region and/or its areas please share them..... If you have had any particular successes with utilizing technology in new ways within your region and/or areas please share them. ..... Through Translators, Google Maps, find a meeting Please describe the different types of public relations efforts (PR/PI) carried out in your region Patani, Thai Health Professionals, Presentation and both at Bangkok Thailand Health Professionals. How many statewide/national conferences per year does your PI/PR committee participate in/exhibit at? .....One

#### Thailand Seating Request

phoneline/helpline service efforts	s. Thailand has a phoneli	yes $\Box$ no If yes, please describe these ne which is answered by another
Do you have a regional website?	yes 🗖 no If yes, please in	
If yes, do you keep your meeting	; information updated on	the website? yes □ no
Has your region hosted CAR worksh	nops? 🗆 yes 🛛 no? If yes,	please describe these efforts, such as
number of workshops and avera	ge attendance	
How does your region reach a consc	ience about WSC matters	?
□Vote by GSRs at regional work	shop/assembly	□Vote by RCMs at RSC meeting
OR by:		
Area tally	□ Group tally	Member tally
Other -please specify We don'	t have a seat	
Does your region engage in gatherin	g a conscience for CAT n	naterial? 🛛 yes no
in the CAR, is the decision left to	your discretion or is it a	e to make decisions at the WSC? For items mandate?  My discretion  Mandate
Does it seem as though the number of the same since WSC 2016? $\Box$		n has been growing, shrinking, or staying I staying the same N/A
	-	he ability of NA to function or grow in your □ yes □ no
-		? http://www.na-thailand.org
		strict the ability of NA to function or grow
		yes 🗆 no
If yes, what is your region do	oing to resolve these of	ostacles? Translation Committee and
-		
Innovations and Challenges		
, .	1	our region over the past conference cycle?
8		
ē	<i>e</i> , <i>e</i>	s faced since WSC 2016 Unity
Please describe some highlights or su	accesses your region has	experienced since WSC 2016 Fai Mai

What additional information would you like to share with other conference participants? ...... **Delegate Experience** 

What has worked well and what challenges have you experienced in your role as regional delegate?

Bangkok has rejoined the region.....

Working as group.

Disunity

# WSC 2018 Seating Request Form



\*\*Please note: If you do not have precise figures for some of the questions here but can give a close estimate, approximations are fine. When numbers are requested, please answer with a number rather than spelling out the word.

## Seating Questions (from A Guide to World Services in NA)

Does your region represent all of the groups/meetings in your NA community? **About 90%-95% Some** group in Donetsk or Lugansk, maybe 2 more cities in the country

## **Regional formation and history**

Does the region conform to established geographic boundaries, equivalent to state, territorial, provincial, or national boundaries, as recommended in A Guide to World Services? If not, why? **Yes our Region is in the Ukrainian geographic boundaries** 

If any part of the region was previously part of another region, what was the reason for the division? Please briefly describe the division process. **Before our Region was created 2 Areas was part of Western Russia Region and we had Moldova (now is separate Region) to be part of our Region in 2012- 2014** 

What was the date of the regional formation?	2012
When did the region begin to administer services?	2013
What year did NA recovery meetings begin in the region?	1991
Please provide copies of notes/minutes from your last three RSC meetings (in English only, if poss	ible).

## Facts about your Region

Name of Region	Ukraine
Name of Regional Delegate	
Name of Alternate Delegate	•
How long is the RD term in your region?	
How many areas are in the region?	
How many groups are in the region?	
How many meetings take place each week in the region?	
How many H&I panels take place each week in the region? (Please count panels fa	
bodies, not just the RSC.)	
Does your region attend a zonal forum?	Yes <b>□ yes</b>
If yes, which zonal forum?	EDM
How long has your region been attending?	Last 3years 6 monts

## Budget (Please specify currency if not giving amounts in US dollars)

What percentage of your RSC's annual budget comes fr	om group and area contributions? (Please use
numbers only)	100% before 2016
What percentage comes from conventions and events?	

What percentage comes from literature	sales?	
Please describe, in percentages, your RS	C's annual expenses:	
> PR efforts?	1	
<ul> <li>Holding workshops and service</li> </ul>	meetings?	
0 0		gs and workshops?45%
<ul> <li>Expenses to hold and manage th</li> </ul>	e RSC?	
What was the total amount of money of	contributed by the region to y	our zonal forum during your last
fiscal year?		0
Contributed by the region to NAWS?		0
Your Regional Service Structure		
How often does your RSC meet?		
Does your RSC meet in the same place	each time? □ no? If no, ple	ase explain Every Conference we
meet at different Area to help that Area	a to grow	
Does your region have a regional office	?	No
Does your region have a regional conve	ntion?	Yes <b>□ yes</b>
If yes, is attendance:	We had jus	st one with about 570 participants
Did your regional convention make	a profit this year?	🗆 yes
What committees or workgroups do you	u have at your RSC?	
□ Convention/Events	□ FD	□ H&I
	Literature distribution	
Phoneline(in PR)	D PR/PI	
Regional Service Office	□ Translations	🗖 Website(in PR)
	□ Other, please specify	
Is there a corporation or an entity with l	egal status that is a part of you	ır RSC? <b>□ yes</b>
Does your RSC use Consensus Based De		
Do any of your areas use CBDM to reac	h decisions?	🗆 yes
Comments about how that works V	Ve discuss about each issue a	nd we try to find the solution
that every Areas will satisfy		-
Service Delivery & Best Practices		

Please describe the service workshops your region or the areas in your region have held this cycle, if any, giving information such as the topics covered, number of workshops, average attendance, etc. . Does your region provide any other type of fellowship development or outreach efforts?

□ yes If yes, please describe. Every 6 mounts(on each RSC) we plane out FD events. It was 2 between RSC cycle but now we have about 4. Different topics in different Areas where is FD comes. Usually it is about atmosphere of recovery on the meeting, H&I, PR, sometimes we make a presentation with professionals with local NA members during the FD. Also RCM make workshops on they Areas, also H&I and PR/PI Assembly run they own.

What kind of training and mentoring efforts take place in your region and/or its areas? **We making workshops in any service like H&I**, **PR**, **meetings etc.** 

Describe what kind of planning your region and/or its areas utilize. We make a plan on the next 6 mounts every RSC

Does your region or its areas have any shared services with other service bodies? □ yes □ no If yes, please describe. .....**Don`t understand the question** Has your region had discussion about where NA does not exist in your region? **Yes sure always**. □ yes

**Ukraine Seating Request** 

please share them.       Don't understand the question         If you have had any particular successes with utilizing technology in new ways within your region and/or areas please share them.       Please describe the different types of public relations efforts (PR/PI) carried out in your region.         Pharmacy (business card and announcements), Drug Replacement Therapy (business card and Posters), Probation offices (business card and Posters), Municipal Transport (announcements), Mass media (phoneline numbers)         How many statewide/national conferences per year does your PI/PR committee participate in/exhibit at?       one         Does the region have any type of NA phoneline or a helpline? If yes, please describe these phoneline/helpline service efforts. We have Areas phoneline our Region helpline just coordinate Areas phoneline. Areas helpline work for information about NA when and where the NA meeting is and what is NA and what is not.         Do you have a regional website?       □yes? If yes, please describe these efforts, we do □ yes?         Has your region needed CAR workshops?       □yes? If yes, please describe these efforts, we do □ yes?         Has your region neach a conscience about WSC matters?       □Vote by CSRs at regional workshop/assembly □ Vote by RCMs at RSC meeting OR by:         □ Area tally       □ Group tally       □ Member tally         □ Other -please specify       □ yes a delegate to make decisions at the WSC? For items in the CAR, is the decision left to your discretion or is it a mandate? □ My discretion □ Mandate         Does your region delegate authority to you as a delegate to make decisions at the WSC	If you have had any particular suc	cesses with communication	strategies in your region and/or its areas		
If you have had any particular successes with utilizing technology in new ways within your region and/or areas please share them	please share them		Don't understand the question		
Pharmacy (business card and announcements), Drug Replacement Therapy (business card and Posters), Probation offices (business card and Posters), Municipal Transport (announcements), Mass media (phoneline numbers)         How many statewide/national conferences per year does your PI/PR committee participate in/exhibit at?one         Does the region have any type of NA phoneline or a helpline? If yes, please describe these         phoneline/helpline service efforts. We have Areas phoneline our Region helpline just coordinate Areas phoneline. Areas helpline work for information about NA when and where the NA meeting is and what is NA and what is not.         Do you have a regional website? □ yes If yes, please describe these efforts, such as number of workshops and average attendance Average attendance is about 25 members on RSC or some Areas events         How does your region reach a conscience about WSC matters?       □Vote by GSRs at regional workshop/assembly       □Vote by RCMs at RSC meeting OR by:         □ Area tally       □ Group tally       □ Member tally       □ yes □ no         How does your region negage in gathering a conscience for CAT material?       □ yes □ no         How does your region delegate authority to you as a delegate to make decisions at the WSC? For items in the CAR, is the decision left to your discretion or is it a mandate? □ My discretion □ Mandate         Does it seem as though the number of members in your region has been growing, shrinking, or staying the same since WSC 2016?       □ growing         Area tere government or other legal impediments that restrict the ability of NA to function or grow in your community? No □ n	If you have had any particular suc	cesses with utilizing technol	ogy in new ways within your region		
Mass media (phoneline numbers)         How many statewide/national conferences per year does your PI/PR committee participate in/exhibit at? one         Does the region have any type of NA phoneline or a helpline? If yes, please describe these         phoneline/helpline service efforts. We have Areas phoneline our Region helpline just coordinate         Areas phoneline. Areas helpline work for information about NA when and where the NA         meeting is and what is NA and what is not.         Do you have a regional website? □ yes If yes, please include the URL	Please describe the different types Pharmacy (business card and	of public relations efforts (Pannouncements), Drug Rep	R/PI) carried out in your region. Placement Therapy (business card and		
<ul> <li>How many statewide/national conferences per year does your PI/PR committee participate in/exhibit at? one Does the region have any type of NA phoneline or a helpline? If yes, please describe these phoneline/helpline service efforts. We have Areas phoneline our Region helpline just coordinate Areas phoneline. Areas helpline work for information about NA when and where the NA meeting is and what is NA and what is not.</li> <li>Do you have a regional website? □ yes If yes, please include the URL</li></ul>			tumerpar fransport (announcements),		
<ul> <li>Does the region have any type of NA phoneline or a helpline? If yes, please describe these phoneline/helpline service efforts. We have Areas phoneline our Region helpline just coordinate Areas phoneline. Areas helpline work for information about NA when and where the NA meeting is and what is NA and what is not.</li> <li>Do you have a regional website? □ yes If yes, please include the URL http://na-ua.org/ If yes, do you keep your meeting information updated on the website? Yes we do □ yes</li> <li>Has your region hosted CAR workshops? □ yes? If yes, please describe these efforts, such as number of workshops and average attendance Average attendance is about 25 members on RSC or some Areas events</li> <li>How does your region reach a conscience about WSC matters?</li> <li>□Vote by GSRs at regional workshop/assembly □Vote by RCMs at RSC meeting OR by:</li> <li>□ Area tally □ Group tally □ Member tally</li> <li>□ Other -please specify</li> <li>Does your region engage in gathering a conscience for CAT material? □ yes □ no</li> <li>How does your region delegate authority to you as a delegate to make decisions at the WSC? For items in the <i>CAR</i>, is the decision left to your discretion or is it a mandate? □ My discretion □ Mandate</li> <li>Does it seem as though the number of members in your region has been growing, shrinking, or staying the same since WSC 2016?</li></ul>	-		committee participate in/exhibit at?		
phoneline/helpline service efforts. We have Areas phoneline our Region helpline just coordinate Areas phoneline. Areas helpline work for information about NA when and where the NA meeting is and what is NA and what is not. Do you have a regional website? □ yes If yes, please include the URL					
Areas phoneline. Areas helpline work for information about NA when and where the NA meeting is and what is NA and what is not.         Do you have a regional website? □ yes If yes, please include the URL					
<pre>meeting is and what is NA and what is not. Do you have a regional website? □ yes If yes, please include the URL</pre>					
<ul> <li>Do you have a regional website? □ yes If yes, please include the URL</li></ul>					
If yes, do you keep your meeting information updated on the website?Yes we do □ yes Has your region hosted CAR workshops? □ yes? If yes, please describe these efforts, such as number of workshops and average attendance <b>Average attendance is about 25 members on RSC or some</b> <b>Areas events</b> How does your region reach a conscience about WSC matters? □Vote by GSRs at regional workshop/assembly □Vote by RCMs at RSC meeting OR by: □ Area tally □ Group tally □ Member tally □ Other -please specify					
<ul> <li>Has your region hosted CAR workshops? □ yes? If yes, please describe these efforts, such as number of workshops and average attendance Average attendance is about 25 members on RSC or some Areas events</li> <li>How does your region reach a conscience about WSC matters?</li> <li>□Vote by GSRs at regional workshop/assembly</li> <li>□ Vote by RCMs at RSC meeting OR by:</li> <li>□ Area tally</li> <li>□ Group tally</li> <li>□ Member tally</li> <li>□ Other -please specify</li> <li>□ Does your region engage in gathering a conscience for CAT material?</li> <li>□ yes □ no</li> <li>How does your region delegate authority to you as a delegate to make decisions at the WSC? For items in the CAR, is the decision left to your discretion or is it a mandate?</li> <li>□ My discretion □ Mandate</li> <li>Does it seem as though the number of members in your region has been growing, shrinking, or staying the same since WSC 2016?</li> <li>□ Are there government or other legal impediments that restrict the ability of NA to function or grow in your community? No we don't □ no</li> <li>If yes, what is your region doing to resolve these obstacles?</li> <li>Are there special language, translation or related issues that restrict the ability of NA to function or grow in your community? No □ no</li> <li>If yes, what is your region doing to resolve these obstacles?</li> </ul>					
<pre>workshops and average attendance Average attendance is about 25 members on RSC or some Areas events</pre> How does your region reach a conscience about WSC matters? Uote by GSRs at regional workshop/assembly Uote by RCMs at RSC meeting OR by: Area tally Other -please specify Vote by RCMs at RSC meeting other -please specify Vote by adhere tally Vote by adher			-		
How does your region reach a conscience about WSC matters?       □Vote by GSRs at regional workshop/assembly       □Vote by RCMs at RSC meeting         OR by:       □ Area tally       □ Group tally       □ Member tally         □ Other -please specify       □       □ Member tally         □ Other -please specify       □       □ yes □ no         How does your region engage in gathering a conscience for CAT material?       □ yes □ no         How does your region delegate authority to you as a delegate to make decisions at the WSC? For items in the <i>CAR</i> , is the decision left to your discretion or is it a mandate?       □ My discretion □ Mandate         Does it seem as though the number of members in your region has been growing, shrinking, or staying the same since WSC 2016?       □ growing         Are there government or other legal impediments that restrict the ability of NA to function or grow in your community? No we don`t □ no       □ growing the same since wsc 2016?         Are there special language, translation or related issues that restrict the ability of NA to function or grow in your community? No □ no       □ growing no         If yes, what is your region doing to resolve these obstacles?       Innovations and Challenges					
□Vote by GSRs at regional workshop/assembly       □Vote by RCMs at RSC meeting         ○R by:       □ Group tally       □ Member tally         □ Other -please specify       □ Group tally       □ Member tally         □ Other -please specify       □ yes □ no       How does your region delegate authority to you as a delegate to make decisions at the WSC? For items in the <i>CAR</i> , is the decision left to your discretion or is it a mandate? □ My discretion □ Mandate         □oes it seem as though the number of members in your region has been growing, shrinking, or staying the same since WSC 2016?       □ growing         Are there government or other legal impediments that restrict the ability of NA to function or grow in your community? No we don't □ no       □ f yes, what is your region doing to resolve these obstacles?         Are there special language, translation or related issues that restrict the ability of NA to function or grow in your community? No □ no       □ f yes, what is your region doing to resolve these obstacles?         Innovations and Challenges       □	Areas events				
OR by:       □ Group tally       □ Member tally         □ Other -please specify       □ Member tally         □ Other -please specify       □ yes □ no         How does your region engage in gathering a conscience for CAT material?       □ yes □ no         How does your region delegate authority to you as a delegate to make decisions at the WSC? For items in the <i>CAR</i> , is the decision left to your discretion or is it a mandate?       □ My discretion □ Mandate         Does it seem as though the number of members in your region has been growing, shrinking, or staying the same since WSC 2016?       □ growing         Are there government or other legal impediments that restrict the ability of NA to function or grow in your community? No we don't □ no       □ fyes, what is your region doing to resolve these obstacles?         Are there special language, translation or related issues that restrict the ability of NA to function or grow in your community? No □ no       □ fyes, what is your region doing to resolve these obstacles?         Innovations and Challenges       □	How does your region reach a conscience about WSC matters?				
<ul> <li>□ Area tally</li> <li>□ Group tally</li> <li>□ Member tally</li> <li>□ Other -please specify</li> <li>□ Does your region engage in gathering a conscience for CAT material?</li> <li>□ yes □ no</li> <li>How does your region delegate authority to you as a delegate to make decisions at the WSC? For items in the <i>CAR</i>, is the decision left to your discretion or is it a mandate?</li> <li>□ My discretion □ Mandate</li> <li>Does it seem as though the number of members in your region has been growing, shrinking, or staying the same since WSC 2016?</li> <li>□ Growing</li> <li>Are there government or other legal impediments that restrict the ability of NA to function or grow in your community? No we don't □ no</li> <li>If yes, what is your region doing to resolve these obstacles?</li> <li>Are there special language, translation or related issues that restrict the ability of NA to function or grow in your community? No □ no</li> <li>If yes, what is your region doing to resolve these obstacles?</li> </ul>	□Vote by GSRs at regional wo	rkshop/assembly	□Vote by RCMs at RSC meeting		
<ul> <li>□ Other -please specify</li> <li>□ Does your region engage in gathering a conscience for CAT material? □ yes □ no</li> <li>How does your region delegate authority to you as a delegate to make decisions at the WSC? For items in the <i>CAR</i>, is the decision left to your discretion or is it a mandate? □ My discretion □ Mandate</li> <li>Does it seem as though the number of members in your region has been growing, shrinking, or staying the same since WSC 2016?□ growing</li> <li>Are there government or other legal impediments that restrict the ability of NA to function or grow in your community? No we don't □ no</li> <li>If yes, what is your region doing to resolve these obstacles?</li> <li>Are there special language, translation or related issues that restrict the ability of NA to function or grow in your community? No □ no</li> <li>If yes, what is your region doing to resolve these obstacles?</li> </ul>	5				
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What subject generated the most interest and discussion in your region over the past conference cycle?	Innovations and Challenges				
what subject generated the most interest and discussion in your region over the past conference eyele.					

Please describe the most significant challenge your region has faced since WSC 2016 **We made our First Ukrainian Convention, GSR Assembly, made NA presentation in prison** 

Please describe some highlights or successes your region has experienced since WSC 2016 **We made** 

our First Ukrainian Convention, GSR Assembly, made NA presentation in prison

What additional information would you like to share with other conference participants?

# **Delegate Experience**

What has worked well and what challenges have you experienced in your role as regional delegate? I had no predecessor and no alternate for a first time so I had to do that service alone and sometimes I was confused about what to do. Worked well for me was asking for help other Delegates.

# 2017 NAWS Environmental Scan – Regional Input

Sixty-six (66) participants from seated regions provided input via the online survey. Their responses are summarized in the following pages. The numbers on the charts represent the number of responses. Not every region answered every question so the total is not always 66.

We thought it would be helpful for participants to see what the Board received. Since we did not ask participants ahead of time about distributing their responses, the only changes we made were to edit out specific locations.

The comments on each question have been categorized. In some cases, multiple ideas were offered in each response so these have been separated into the relevant categories. Other delegates chose to provide separate responses from groups or areas in their regions without summarizing them into a single response.

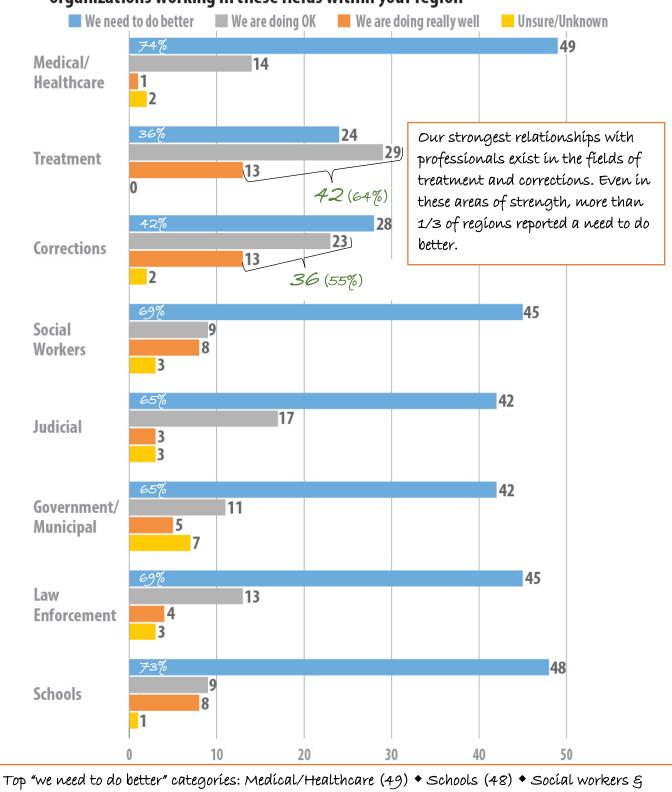
Where possible, we have attempted to use consistent categories to enable responses to be compared between questions. Identical, or near identical, responses have been compiled into a single response with a number after it to denote the amount of times it was offered. Stand-alone and general responses, or those that were not possible to interpret, are collected under "miscellaneous."

# organizations, and with professionals in your region? 4 responses We are doing really well **19** responses We are doing OK 43 responses We need to do better Nearly 2/3rd of our regions reported a need to do better when it comes to NA's relationships with (no one checked unsure/unknown) the public, with outside organizations, and with

# **External Scan**

# 1. How do you perceive NA's relationships with the public, with outside

professionals.



law enforcement (tied at 45) • Judicial and government/municipal (tied at 42)

# 2. Indicate what you believe to be NA's relationship with professionals and organizations working in these fields within your region

# Comments on NA's relationships with other organizations or professionals

We need to do better with:

- First Nation Band offices having trouble making this connection
- the press
- media
- public at large
- employers
- parents/parent organizations
- veterans
- military
- attraction
- relationship between World and local groups
- improve communication with counties
- Spanish speaking and Asian communities

We are doing ok with:

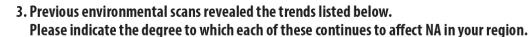
• churches

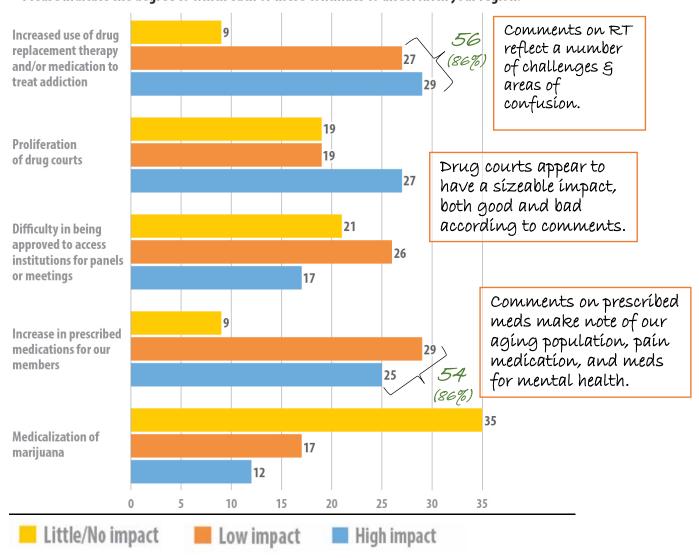
We are doing really well with:

- churches and fraternal organizations
- the public in general

Other comments made without any level of achievement indicated were:

- One area does PI
- we are making some progress with PR for professionals presentation
- With Families of addicts, colleges, specially target guidance counsellors, private coaching institutes





# **Comments on Question 3**

Survey participants were asked to comment on high impact issues.

#### Increased use of DRT/MAT

- Medical replacement therapy is keeping members away
- Treatment centers are funded by Government, based on offering harm reduction based recovery
- Replacement programs are getting a lot of buzz and activity. How to best make these addicts welcome while complying with the program and not frighten or hurt them away is gaining ground
- Issues concerning members in service who are on drug replacement therapy
- Professionals especially The ability to secure health care perceive NA as being unwelcoming to any of the patients/clients on any meds
- DRT (4)
- Increase in DRT's. We also see the long trend of medication prescribing increase. Without exception when someone leaves a treatment facility they are dual-diagnosed in some form with the solution being

meds with long-term therapy of some fashion. This sometimes makes it hard to get addicts focused on a recovery solution vs. their therapy solution. The challenge becomes addressing the "I'm different" thing. Maybe greater PR exposure with time will somehow make this less conflicting between the Therapeutic community and us. It often feels like we have to spend time deprogramming newbies.

- Local treatment centers using DRT's more often
- Increase in drug replacement, we would like to know whether or not they are clean.
- The proliferation of drug replacement therapy has caused fewer members to seek complete abstinence forms of recovery like NA
- We are a very treatment-heavy region with numerous rehabs, treatment centers, detoxes, etc. so all forms of medication have increased over the past years, especially DRT's (Suboxone / Subutex)
- Those on DRT's being disruptive
- Strong push by medical professionals, State and Federal funders to medicalize treatment by adding Medication Assisted Treatment to recovery
- Lots of arguments/confusion over what is medication vs. DRT and whether or not a clean date is valid or should be changed
- Lots of newcomers on DRTs.
- One RCM responded drug court in his area is requiring medication in order to get out of jail and he feels this is due to a lack of knowledge

# Drug courts

- Drug Courts: this has had a highly positive impact on increasing NA awareness in our region and getting people to meetings and planting the seeds of recovery
- Drug Court now offered which is bringing/introducing addicts to NA with success...
- We have massive increase in attendance at meetings from drug court participants, issues this has bought up are, the NA message being diluted and women feeling intimidated by some drug-court participants
- Increased attendance of Drug Court (3)
- Drug courts have served to send more potential members to our meetings
- The proliferation of drug courts has led to an increase in membership
- Increase in number of court papers leading to many people in meetings who don't want to be there
- Drug courts are very active in our region, but our interaction with them seems to be limited to individuals who have built relationships rather than our local fellowship as a whole. We have a very large number of members in and out in our urban areas that are sent by the court.
- People sent to meetings who don't want to be there are disruptive. If there were more informational IPs, places may be more informed about us.
- There is a continuous inflow of addicts or potential members seeking our meetings referred by drug courts. NA meetings is a primary and sometimes only resource referred to them. We have difficulty keeping follow ups with judges and prosecutors who refer this addicts/potential members to us.
- Our metropolitan areas do have a proliferation of drug courts and members in meetings with court cards. This is less of an issue in our smaller communities.

# Access to institutions

- Access to Penal Institutions/Unable to get into prisons
- There is a huge delay with getting members passed to get into the prisons people with no criminal record refused based on no reason they reapply and are passed. Makes no sense.

- The large counties also seem to have suffered a number of government cutbacks in staffing that have affected our ability to get members approved for entry into county jails.
- It seems the process is becoming more difficult to get cleared. Longer applications and such
- We have had experiences of carrying the NA message in a bad manner in some institutions and that has impeded us from having panels and NA meetings in these institutions or in other institutions that have said no to us because they were told about our bad experiences in other institutions

# Increased in prescribed medication (and medical issues)

- Prescribed Medication: People are sharing more openly in meetings about medication which is great because it has helped to reduce the stigma around mental illness (in particular), but at the same time there is an increase around NA members who are dishing out advice and medication advice.
- The increase of people on medication is having a huge impact on the fellowship in a couple of different ways people who are on medication are being judged and told they are not clean etc.
- Prescribed medications are very common among our members.
- Lots of members being prescribed pain meds or antidepressants, especially older members who experience pain as they age
- Increase in co-morbidity and aging population
- Mental health
- acute mental illness and substance abuse
- increase of depressions in our members; drug substitutions

# Medicalization of marijuana

- Exclusion of medical marijuana users from service positions requiring clean time
- There is a lack of clarity regarding whether or not members are clean if they are on medical marijuana and it causes controversy in our fellowship
- I personally do not see this but they were checked by well over half of the members/groups/committees that filled out the survey but no comments were given

Survey participants were also able to identify and elaborate on other high impact issues.

# **Treatment center attendees**

- Treatment centers bringing in a lot of their "clients" (yes newcomers who are most welcomed) which puts some of our meetings in a financial bind. Also the disproportionate not adhering to facilities requirements (i.e. no smoking etc.) are impacting the meetings. The "clients" have become a drain on the meetings simply because of in some cases, the sheer number of "clients" brought in from at times 2-3 different facilities. While we remain grateful that they are coming it has caused some meetings to speak to the facilities to make them aware.
- Treatment centers coming to our recovery meetings by the van load and draining our resources with no donation back, i.e. key tags, coffee, literature...

# **Public relations**

• Problems with professionals and medical centers, religious institutions and law and judicial institutions, so they can refer us because they have a bad public image of NA or they are lacking real and truthful information about NA. Many professionals and medical centers, religious and judicial don't send addicts to NA, because they don't know what NA is and they are confused about what NA is or we have not

reached out to them yet or because the information they have about NA is not right or it's a product of our poor public image when we have behaved badly with these persons and institutions.

- In our Region, it is still viewed by the professional community as a negative for someone to be an "addict", recovering or not.
- In the country side NA is still a taboo, members do not want to be exposed.
- Stigma for addiction, involvement with NA.
- NA is seen as less successful as AA in our Region
- Distinguishing treatment from NA Recovery, for example websites and 800 numbers riding on the NA name, directing addicts to treatment centers
- Lack of any strong NA Public Relations efforts in our Region. How does the addict find us? Professionals, the Medical community, and first responders.

# Carrying the message

- Long term treatment centers that create impression in treatment that alcohol is not a drug and addiction can be cured. Huge Alcoholics Anonymous fellowship present in our country that influence our message, also many addict are directed by professionals to AA and not to NA. Also AA has strong influence on our message and it is hard for NA to keep the message clear.
- Drug use has increased a lot in the community and in society and in educational institutions and universities, especially with young people and many of them have not heard about NA, others come to NA and don't stay and only a few continue to recover in NA. We don't know how to carry the NA message well to a large number of people who come to NA, mainly young people and we don't have a lot experience in PR and PI service in educational institutions and universities, we are talking about schools and academies, etc. Also we lack trusted servants and financial resources to do this well
- Poverty and poor healthcare relating to finding NA and being able to provide the NA solution to the poor in general -- not only translations but difficulties in FD & PR efforts in low income areas.

# Lack of trusted servants

- Our area has many more drug treatment centers available to active addicts now than 20 years ago, but we don't do a good job of reaching out to all of them because we lack enough NA members with clean time willing to do the service.
- Rural area, lack of service members meeting the requirements.
- Retention of members with clean time is low
- Lack of service participation

# Training and mentoring

- Need for more teaching and education
- Member to member communication

#### Miscellaneous

- Dealing and supplying
- Legalization of Marijuana
- Lack of respect toward traditions
- Increase in drug consumption in the community or in society in general, and increase in drug consumption in educational and college institutions
- Race relations

- Social media
- Prevalence of sex offenses
- 12 step programs or other recovery programs
- Young people are showing up in droves, then going to AA for the great activities and socialization.
- Emptying of prison population to county jails, overcrowding, looking at treatment, three strikes law in CA.
- Gender segregation/exclusion seen as high negative impact.
- Problems with space to hold meetings, fiscal problems
- Requests to open several groups in jails in the region from the authorities of these institutions.

Other low impact issues were:

- Steroids. There is a growing concern around steroid use in our Region.
- Behavioral health Rx / acceptance
- Addicts who don't use drugs (food, sex, etc.) Who come to our meetings share and take service positions.
- Treatment of other diseases

Other issues of little or no impact were:

• Social Media

Issues that were mentioned with no level of impact indicated were:

- unable to answer increase in prescriptions
- Currently a lot of Drug Court meeting attendants and concerns and trends about above trends, need to see how they play out, Marijuana is only available from Medical dispensaries, still not legal, so we don't see that here, however, we are known for our Pot Smokers who find our rooms!
- lack of members willing to commit to service

Other comments:

- A number of these issues ranked (tallying our regional members) very similar, with one "vote" making the difference between High and Low impact.
- the answers were about equal so no highlight

# Question 4: Are there other major external issues that require Fellowship-wide discussion and/or tools?

Responses to this question that highlighted new trends:

#### Social media

- Social Media is the main one in our Region. The correct use of social media within the Traditions using it appropriately at events, and also using it to promote NA events.
- Social Media and all of its various impacts
- Anonymity in the social media is still a very difficult issue.
- Anonymity and social and social medias
- Facebook We need more discussion about this and guidance

#### Self-support and finances

- The ability to secure and maintain meeting places, due too insurance regulations etc. The difficulty in finding venues (hotels) for regional meeting and workshops at a reasonable cost
- Rent is exorbitant
- Literature translation and our Seventh Tradition depends on literature sales.
- Reduced cost literature
- more information about income taxes for NA

#### Atmosphere of recovery

- Sexual harassment, add sexual harassment awareness to meeting intro
- How to handle CPS workers who attend meetings when there are members whose anonymity may be at stake

#### Demographics

- Senior Citizens; Diverse populations
- Aging in recovery
- Aging of our fellowship
- We have a large Chinese immigrant population but not a single Cantonese/Mandarin language meeting. We also have a large demographic shift in the population that is not reflected in meetings at all, and the number of meetings and the number of addicts attending meetings is suffering as a result.
- Need for Spanish language outreach

#### Legalization of marijuana

- Legalization of marijuana for recreational purposes.
- how to deal with pot legalization

#### Miscellaneous

- The misrepresentation of a large portion of the fellowship that cannot attend WSC because of the political situation (for example Iran)
- Proliferation of recovery coaches
- Doctors not being aware of substance abuse.
- Unity with other regions.
- Homeless non-members
- respects of traditions

- There is a recurring issue in our Zonal about the use of several different plants in religious rituals, which our members consider to be drugs, although those members who take part in those religious rituals tend to view themselves as being clean. These include use of other substances as a central part of their religion. Controversy arises when those members want to take service positions.
- We closely share issues that Latin American fellowships are expressing
- We need to be more proactive on issues affecting our community for example supplying drug/needle drop boxes for the public?
- No other major external issues
- None other than those relating to the above topics. The majority of our issues are internal from a variety of obsessions with wording (whether guidelines or literature), to meeting structure, local fellowship development, continuity of service bodies, progress, etc.
- I believe these are being addressed in this cycle

#### Trends previously mentioned in Question 3:

#### Increased use of DRT/MAT

- Issues concerning members in service who are on drug replacement therapy
- Above might be more and more relevant with every year... [DRT/MAT]
- Disagreement about our position on DRT, lack of meeting level information on this topic
- DRTs/MAT We need more discussion about all of these and guidance

#### **Drug courts**

- Signing papers and their possible violations of traditions
- a lot of members involved with drug court
- Punitive vs. drug treatment courts

#### Access to institutions

• difficulty in getting H&I/PR into institutions and emergency psychiatric facilities, NA is now considered a religious organization

#### Increased in prescribed medication (and medical issues)

- Mental health and recovery
- mental health and addiction go hand in hand we don't do enough as a society
- Additional discussion and resources are needed to address the issue of mental health and mental illness and their relationship to recovery in NA
- how to deal with mental health issues

#### Medicalization of marijuana

- medical marijuana
- how to react on prescribed marijuana

#### **Treatment center attendees**

- While adhering to our traditions, some meetings have spoken to the management of facilities with not very noticeable results. We have not tried nor feel we can, attempt to have the facilities contribute as they are an outside enterprise. adhering to our traditions is paramount yet the reality is that there is an issue
- Treatment centers overwhelming groups by bringing van loads of clients (affecting atmosphere of recovery and finances, i.e. welcome chips and coffee

#### **Public relations**

- more information that NA is a viable program for treatment for drug addiction
- Our members that working in treatment facilities are telling the facilities that some of our meetings are not suitable for their clients
- how we are perceived by treatment centers and mental health
- I have seen an increase in rehabs (for profit) misrepresenting what Narcotics anonymous is to sway client their way. They may also be advising their clients not to use NA as a means to stay clean after they complete their program.
- Stigma of NA
- Consulting + seat at the table for development of prescription drug monitoring programs (PDMPs) how we can incorporate NA as a suggestion when individuals are flagged
- It would be helpful is there was a tool on how we can approach the Judicial system with ultimate goal of sending addicts to meetings
- We still seem to be less of an option for many professionals than our AA counterparts
- Government of the state need to understand the program thoroughly if possible so as to address the scenario properly
- Greater contact with government institutions
- We believe we have to continue creating, developing and producing materials. Both internally and externally for PR and PI for educational institutions, medical professionals, religious and judicial professionals.
- Info & etiquette and language for professionals and institutions. Focus more on PR.
- Opiate epidemic (maybe something specific to working with ERs, paramedics and police).
- Some state Governments in our country are drafting a deaddiction policy. The national Government is thinking of drafting one too. We need to put NA out there to them, as a viable curative alternative

#### Carrying the message

- Actual / implied endorsement of other 12 step fellowships confusing / blurring of NAs message. In rehabs they challenge what is said in meetings with some members getting repercussions for what they said in the meeting. There is a belief that this brings the meeting under surveillance.
- Conflicts between Treatment and 12 Step Recovery
- We still always struggle with a clean and concise NA message as well as NA's singleness of purpose and Clarity. Lots of "and a's" here.
- Fellowship Development efforts in impoverished areas and also Translations (how these two also relate)
- Heroin overdoses and deaths are at unbelievable numbers. We don't seem to see any increase in meeting attendance or in the number of meetings (at this point) that one might expect based on those circumstances.
- Some in region stated we need to take NA message into schools

# Lack of trusted servants

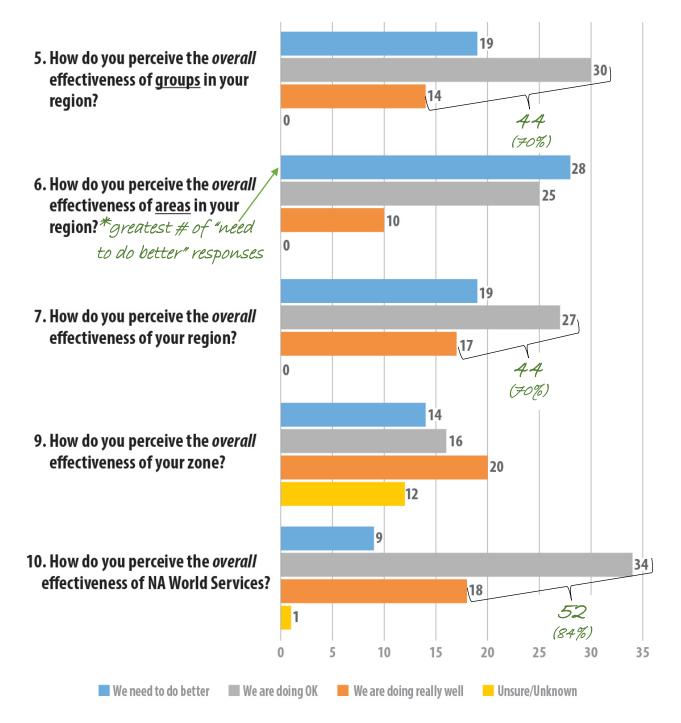
- I would love to know how other Regions keep members with clean time involved in NA (especially service)--many members move on to Church in our Region
- how to increase and attract members in service
- importance of service

#### Training and mentoring

- Service/trusted servant readiness
- Mentorship for new meetings, service bodies
- Concepts, spiritual principles and their application to trusted servants

# **Internal Scan**

Reponses to questions 5, 6, 7, 9, and 10 have been combined into one chart.



# **Comments on Question 5: overall effectiveness of groups**

#### Lack of trusted servants

- More encouragement for people to do service; not enough NA message. 2. Too many groups without GSR no voice, no message getting back to them. 3. Small fellowship, minimal PI, H & I and PR work in our region lacking enthusiasm.
- Our Region is very large. It seems groups do well to offer services and meetings, but when it comes to Areas and our Region we struggle to provide services
- Few committed members to meeting ratio. Racial division as well.
- Always need positions filled.
- Many groups don't have servants, some of them are closing meetings because don't have people to open them. However some areas the groups are really strong and very effective
- need more members to get involved in service
- Not enough service involvement
- There is a great overall difficulty fulfilling some service positions, especially GSR.

#### Unity

- In experience members that are not willing to adhere to the principles of service.
- We have some amazingly strong home groups but they have expressed concern of disunity from the home group level to the area level. We are striving to implement the SSP. We have started in one area & hope to implement in all of our areas.
- Some stronger than others, divisiveness is some areas of the region due to FIPT issues and the affiliation of some groups
- We carry a lifesaving message, members causing problems

#### Atmosphere of recovery

- We have a general problem of chattering in groups
- lack of greetings in meetings

#### **Rural/Isolated groups**

- We could do better. Some of our groups are quite isolated (we have a geographically large region) and it's hard to keep them feeling tied in. Unity is an ongoing issue between groups and individuals, because in many cases there is a lack of members with long-term clean time showing up and supporting meetings, which in turn leaves groups isolated with not much clean time and personality issues.
- We still have some issues with groups not represented in their areas and not participating above the group level because we are so rural.
- High attendance and rapidly growing fellowship in new, developing and rural areas. We struggle in some other rural and isolated communities. There are still parts of our regions that are underdeveloped.

#### Strong groups

- Some groups are struggling and some groups are flourishing
- I believe we can always do better, but we have quite a few strong groups in our region
- Our groups have a good culture of directing the meetings to the newcomer, whenever there is a newcomer in the room

#### Struggling groups

• Our groups in large part have lost a "Homegroup type Identity", the PowerPoint was great but we are still struggling.

- We have about 5 meetings that are able to gather more than 20 people every week, but most of our meetings are made up of under 10 people each week, with only 1 to 3 home group members in each.
- Each area has their particular strong meetings with the majority being weak in content, experience, enthusiasm, etc.
- There's a lack of atmosphere of recovery, unity, carrying the NA message in a good manner, trusted servants and money. There's lack of interest, there's apathy, lack of integration and involvement, foul language, irresponsibility, little commitment, lack of knowledge, group conscience is poorly informed, ineffective services in outreach, lack of practicing principles, steps, traditions and concepts, including recovery literature and service materials.
- We have many meetings but not enough groups. Starting at grass roots we need to instill the basics of a home group to members and the importance of a group as opposed to a meeting. Commit to the meeting but also commit to a group and learn about service.

#### Miscellaneous

- We don't have policy/guiding principles i.e. decide on voting etc.
- Blending of AA/NA meetings which blurs Traditions. Segregation, and a lot of no children meetings.
- There is harmony between groups
- We need groups to support our services
- Our region is growing in some places, but stagnating in some places too. Old timers are generally missing from our meetings.

# **Comments on Question 6: overall effectiveness of areas**

#### Lack of trusted servants

- There is a lack of trusted servants at all of our ASCs, and this results in people wearing two hats or more, which in turn causes burnout and conflicts
- One area only has 2 admin committee member positions filled and struggles to get GSRs to attend area mtgs
- Several open positions
- Lack of trusted servants (3)
- We have areas with financial difficulties and human resources to perform the service
- We need more members to get involved and committed to service
- We have 2 areas that are not functioning, and another that is struggling. We try without much success to help.
- Putting emphasis on having group trusted servants before having ASC trusted servants

#### Unity

- We are a big area geographically so as a member no so aware of how other groups are going
- We are experiencing disunity of home groups to the area level
- There is a large separation in the ideology between the North and South Areas of our Region. The Southern parts of our Region tend to be less interested in the idea of a Global Fellowship and show little interest in anything that does not directly affect us locally.
- Some of the Areas here are struggling to focus on their primary purpose and stay clear on what they're there to do

#### Communication

- we have a lack of communication in between areas and sharing knowledge
- More communication between areas

#### Structure

- There are no areas only 1. The rest all come to region...We have a structure problem.
- Two years ago we implemented the new SS. We don't have areas any longer, we have GSFs
- we are implementing the SSP & hopefully, throughout the state

#### Strong areas

- 6 areas there is one struggling however we are doing very good as far as our primary purpose within the areas served
- There is always room for improvement we have 4 Areas and they all operate as best they can based on willing servants and fund flow
- Many of our rural areas, have very little area involvement with their focus on their H&I needs and ensuring they get the phone line answered. One of our urban areas has done a great job of getting new folks involved by implementing pieces of the SSP in a manner that fits their area.
- Excellent trusted servants, trusted servants following direction, groups supporting areas good
- RCM's were asked this question and there was an even spread among the first three choices. When they were later asked how they perceived the effectiveness of their area subcommittees, the vast majority said those were doing okay or doing well. So, I think they perceive this question to mean the effectiveness of their ASC meetings. I think this is borne out in the atmosphere of recovery response as well.
- Some of our areas are rapidly growing and providing greater volume of and/or new services, while other areas struggle with lack of support from groups. Apathy and prioritizing conventions over other vital services.
- Some areas are doing very good PI, some other do great H&I

#### Struggling areas

- Of the 7 areas : 1 stays broke and is very isolationist 1 just came through a very difficult year but is still a bit confused 1 collapsed altogether and most of the groups are currently not part of any other service body 1 new one formed out of the one that collapsed but only serves maybe 10 groups 1 that used to be the model for the area lost its way in obsession with guidelines, restrictions, and personalities 1 actually is doing fairly well fairly consistently but still has a lot of room to grow 1 is doing the best it can, but consists of 10-20 groups spread out across a very rural 10k square miles Each area has it's PR / PI / H&I more or less, as well as activities. 3 have annual conventions.
- Right now we don't have any ASCs, GSFs or LSCs that are working well. They are almost never created due to the needs of the groups, but instead to divide, to rival and to compete, etc. They are not solid. They are not formed according to the group's conscience but instead they are formed by personal wishes or good intentions from same members. They don't last a long time.
- Many do not participate at region (via RCMs) we also have a couple of areas who are "3rd edition" heavy and don't participate in our service stricture. All of the above amounts to Areas that are not great at services like H&I and PR fly solo and cluelessly,
- Areas need to work more effectively in PR, H&I and FD in particular
- Struggling with understanding of CBDM, and difficulty finding GSRs willing to understand their roles, (not a new issue)

#### Miscellaneous

- Too much belief that NAWS carry the message which they don't do very well. Increase in mandated attendance.
- Meetings are not growing
- One response: More visibility on social media
- We need more awareness...

# **Comments on Question 7: overall effectiveness of regions**

#### Lack of trusted servants

- Too many service positions are not filled and this has been chronic
- Several open positions
- Smaller areas have minimal trusted servants and are not always represented at region. We would like to see more participation on Saturday from the grassroots, and from the workgroup/subcommittee leaders/chairs and vice chairs. Not all area feel it is necessary for their members other than RCMs to participate
- Apathy is running rampart
- We need more members to get involved and committed to service
- Lack of support from groups, lack of support from area, skeleton service body, doesn't do more than carry conscience to world

#### Unity

- We need to improve on building unity throughout our Region geography is our main barrier as we are two provinces wide and have great northern distances to cover. Our two most northern areas struggle to get RCMs elected and then able to make the 8+ hour drive to Region. Our RSC meets 3 times a year and is getting better at 'getting things done' but communication in those months between meetings is still really difficult.
- Region had some issues a couple of years ago with a big split and lack of unity due to behavior at HRSC, but we have healed that rift, and continue to work together on being a cohesive body. RCM's have stepped up to lead, after I tasked them with projects and responsibilities, they needed direction.

#### Strong regions

- Active and committed region. 2. Do more PR. 3. Great to hear our regions is stepping up and supporting the unseated countries in our Zone.
- We have taken the initiate to go back to the basics, reaching out to the areas & home groups by conducting workshops, making ourselves available to any home group or area in need.
- We are doing some efforts as a region to strengthen groups and areas, the results are going to appear in one or two years we believe.
- Our ralways trying to improve; Public Relations and Fellowship Development need more development.
- Again always need to do better trying to engage with the fellowship more by organizing service workshops with a social element also
- The region meets the needs of areas
- Things have gotten better in my tenure as RD we have a ways to go
- There were several issues with trusted servants (trust, dishonesty). Our basic services work really well. We were spending too much on facilities, and then there was a lack of financial resources this problem has already been solved.
- We have drafted a spanking new Strategic Development Plan, to carry the message to isolated places. It needs to be implemented ASAP

#### **Struggling regions**

- Better convention policy needed
- We don't have policy guiding principles i.e. decide on voting etc. We are working on it.
- Clarity on CBDM. More communication needed.

- Our region has many administrative members who have been on the body for 10 plus years, they rotate from position to position and seem stuck in the ways of old. We spend a great deal of money to meet 3 times year and we make it nearly impossible for new folks to participate. Our focus often seems stuck on the fellowshipping as opposed to carrying the message. Anyone with a new opinion is shut down, because the RCM's do in fact rotate, the administrative body essentially holds them hostage with lectures of how things have always been or a reference to guidelines that don't exist or that are modified on the fly.
- Most of what happens at the region at the moment is paying bills (insurance, etc.) and sending the RD to the zone and MRLE and discussing what's going on in the respective areas and world. No real PR, H&I, activities, convention, website, phone line. All actual services are done at the area level. Currently the RD acts as chairperson and insurance coordinator. Had a RDA for all of 1 month in the past 4 years. Every meeting the question goes out on what can the region do for the areas and groups along with a host of discussion and suggestions and offers of workshops. Every meeting both local and world issues are discussed, but nothing seems to gain traction regionally. Every meeting though there's hope.
- Because we are rural, areas do the majority of 'subcommittee' work. Our region only has a regional website at this time.
- Improve communication and cooperate with the growth of emerging areas and groups, have more representation from RCMS in the region, mainly from areas that have difficulty functioning adequately and consistently. Generate more interest in service and with topics that affect NA as a whole.
- Because the region was created before the area ["We need to do better" was selected when asked about the perceived effectiveness of the region.]

# Miscellaneous

- We have excess funds but do nothing with them
- Technology is a gift
- We have a lot of positive things
- We need more support

# **Comments on Question 9: overall effectiveness of zones**

# Understanding of zone's purpose

- Most of the Region is still in the dark a lot of the time about what our Zone does . Despite efforts there is still a lack of awareness, and most of our members have no idea what happens at this level of service.
- We have areas that question the function of the Zonal, through education, we are improving in this area
- It was 3 votes for Unsure/Unknown, 2 for Needs to do better

# Lack of purpose for zone

- It is a hard sell in terms of the return of investment for sending the RCM to each one and most of the activity at our ZF seem to be "soft" skill value of the attending delegate but with little meaningful collateral to bring back to the region
- It's a service body looking for a purpose... Maybe the best thing this does is sharing best practices and networking. I think this should move to an online presence soon (Zoom). Other than that it seems like a lot of efforts with very little results.
- We are still trying to figure out the role of our zone. Right now, we don't really do anything besides information sharing, discussion and provide workshops. We are discussing providing a service symposium, but we need more clarity around our function/purpose.

- We are still floundering with much the same question of purpose as we were when I first attended out of curiosity as a RCM then spent 2.5 years as zonal secretary. While there really is that beautiful microcosm of meeting with dear friends made there from some distances (similar feeling though smaller scale than world) and when we do discuss issues and ideas with enthusiasm it can be a beautiful thing. However, we talk quite the talk about how the zone needs to do this or is this or isn't that and how this region or that region doesn't like wasting money on the zone as it is and how it needs to change --- when it comes down to actually taking action we stay pretty retreat under the guise of "well, I need to ask my region for permission about that" then not bring back any input 6 months later from said region, but come back with the same complaint as before about how the zone needs more purpose, more value, but then resist any attempts to act on those stated needs. If that doesn't hold us back, then we get mired in procedural questions and A wasn't done as B states it must be done then we can't talk about A yet. A beautiful and wonderful experience, though as I have gained time and experience and knowledge it has become increasingly a frustrating one. There's always hope though.
- Sometimes I find we are our zone is lost in its actions, but this "structure" here is quite new and has a lot of perspective
- The forum has improved out of sight!! We need to focus more on delivery than on endless policy fueled debates

#### Strong zones

- We have a strong commitment as a region and participation is a big part of ongoing relationship to support our zone Lots of changes are reported back to member via our region.
- Our Zonal Forum seems to be comprised of intelligent members who want to serve the fellowship. We touch on PR at each forum and wonderful workshops are provided that we can bring back to our Regions. The information I can pick up from other members in invaluable. There is so much positivity and encouragement to stay active in NA and support of our primary purpose. Our Zonal Forums give me great hope for the development of a more open-minded Region being created.
- As currently structured doing good. As theoretically can be structured we can do better. (Is that talking out both sides of my neck? In stereo like?)
- We are on an upswing
- Very good information, zone is a mentoring body
- We are very welcoming, with the exception of Spanish language services
- Finally started to create an agenda, move towards more fellowship development, better coordination of services
- We believe the zone has grown a lot and its services are always more effective although at times the lack of trusted servants and money and the reflection of everything that happens on a daily basis in our groups and service bodies in general has also manifested itself in our zone.

#### Miscellaneous

- We are very possibly tending to change the Forum into just a sharing session meeting, and all national services may be located in our national literature distribution office.
- We can always improve. The continuity of the areas with a complete structure (executive committee) and attendance of the groups to these meetings on specific dates is always a challenge.

# **Comments on Question 10: overall effectiveness of NAWS**

### Understanding of NAWS' purpose

- Reduce hierarchical communication chains. Report more about what NAWS does as a support body
  directly to NA members. Do something like update fliers or Facebook. NA World Services seems focused
  on two things: literature and conventions. NAWS should stay focused on what it is doing to create a
  framework wherein individual meetings can thrive and where NA is getting the message to newcomers so
  that the fellowship can continue to grow as more and more addicts become clean.
- There is definitely more awareness than there used to be, but still some ways to go
- Some of our members & home groups have expressed the concern that NAWS is simply a "business".... Education & involvement is the key. Our region is taking action to change their perception.
- It must be a reflection and it must consider the needs and viewpoints that are included in the diversity of our fellowship worldwide
- As long as there are members who believe NA World Services is the enemy, we have work to do

#### NAWS efficiency

- Spending too much on staff admin
- Meeting updates are not easy
- Need to do better always. From literature typos to translation.
- We need to somehow speed up the literature translation process and refrain from creating new literature until this process is completed
- We feel that the WSC needs to find a way that is inclusive, yet with better use of time and energy. We are very grateful for all the services NAWS provides.

#### **Positive comments**

- I sit back and listen to naysayer's dispel the effectiveness of NAWS. I read it on the Discussion Board...I am fascinated by the self-centeredness of those that cannot see the amount of work that is done for us. If there are complaints to be lodged, I believe those must be aimed at the member's inability to work together for the common good.
- I think we do a bang up job but suffer an adversarial reputation among many addicts in the fellowship.
- Still age old "trust issues" us and them fostered by the same groups mentioned earlier, based on allot of misinformation
- Excellent
- I think this is a strong resource for NA
- The WSO and WB I think is doing fantastic overall. The usual disclaimer applies of "no one and nothing is perfect" but I applaud the work that all members of either do whether I agree with all the decisions or not. The WSC obviously is sorely lacking in effectiveness and although it is a necessary waste of time and resources, in its current incarnation, if there was no vehicle for change or improvement, it would be a tremendous waste of time and resources. With that said, I love the WSC and everything about attending it regardless of the many layers of frustration that goes along with it and I recognize the process it has had to go through over the decades and it was through attending the WSC that I recognized that service bodies and conferences have a recovery all their own and have the same type of spiritual pains and growth that the members that populate them have. When approached from an "aerial" view, or a "time lapse" view, you can trace the recovery and step process of any service body. In any case overall effectiveness of the collective bodies of NAWS, I would say are doing pretty good. Always room for improvement, especially in financial efficiency, but I think most all do the best they can currently.

- We believe that NAWS work is excellent and its services, work, activities and projects are more effective everyday although at times the lack of trusted servants and money and the reflection of everything that happens on a daily basis in our groups and service bodies and zones in general it's also manifested in NAWS
- Negative perceptions are changing
- The new Zoom WSC Participant conference calls are a great new tool that has a huge potential to help WSC participants and the WB generate a WSC work plan, execute on that work plan, workshop business items prior to the conference cycle, and make the WSC more manageable/sustainable in the long term. Could be an absolute game-changer!

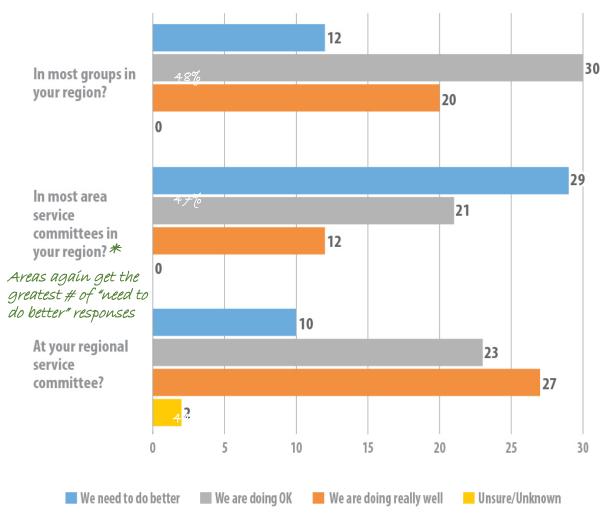
#### **Negative comments**

- Get more money into fellowship development and translations and STOP publishing books we don't need or want and didn't ask for
- Would like NAWS to stop imposing their viewpoint on regions, areas and groups. There seems to be a preconceived direction that will be derived from the input from the fellowship.
- NAWS does too much, we would like you to do less

#### Miscellaneous

- There is need for zonal representation at the world services convention.
- We need more service workshops
- However there were quite a few "unknown/unsure" and very few "we need to better"
- The communication is pretty good. There is a lot of anti NAWS propaganda on Social media. Maybe a response could be appropriate.
- Not enough make it...Many come in & out but very few stay long term...NEEDS to improve! (??)





# **Comments on Question 8a - Atmosphere of recovery in groups**

#### Treatment center attendees

- Halfway houses provide many members coming into our meetings. There is a lot of difficulty in carrying a clear message of NA.
- Use of NA language still an issue on each island, treatment centers are still AA based, and teach them to use clean and sober or an Alcoholic and an Addict, very hard to break this trend, but we continue to lead and teach about the clarity of the NA message.
- Clarity of the difference between NA & Treatment. We are NOT them. Too much of a blurred message.

#### Lack of trusted servants

• It seems difficult to find the level of dedication from our members than we used to have. Doing more with less participation.

#### Training and mentoring

• There is some room for improvement. There is a lack of mentorship and participation from those with clean time in our more rural areas which affects the atmosphere of recovery and unity in meetings.

• Hopefully the Traditions book will improve the upholding of traditions in individuals and will translate to the group and area and regional atmosphere.

#### Good atmosphere of recovery

- Every visit to groups bodes well for the atmosphere, growing and carrying the message, no screaming or shouting
- Many strong groups in our region
- We are very welcoming, with the exception of Spanish language services
- Given the loose term "atmosphere of recovery" I'd have to say we are doing ok. Most meetings there is an \*opportunity\* for a message to be carried - so I would say that qualifies as an atmosphere of recovery
   whether a message of recovery is actually carried in that opportunity is purely a matter of opinion.

#### Poor atmosphere of recovery

- I think we need to do better unity is so vital and strong personalities who have something negative to say about NA seem to be heard more
- Process to welcome the newcomer
- Noise in our meetings, gossip, children, using cell phones in meetings
- Not so much. Lately is has diminished. Our behavior has worsen although recently we have changed for the better in regards to this topic, because we realized that we cannot go on like this.

#### Miscellaneous

• They come in numbers (??) yet do not stay...

#### Comments on Question 8b - Atmosphere of recovery in ASCs

#### Lack of trusted servants

• The exception being lack of trusted servants which of course is fellowship wide for the most part

#### Training and mentoring

- We are learning, but mentorship continues to be a problem at all levels of service. People are stepping into positions they have no experience at and having to 'reinvent the wheel' each time. Quite a bit of warm body syndrome (i.e. just plugging someone into a position without thoughtfully considering if it's a good fit) at this level of service in our Region.
- Loving and caring, need better training, agreeing to disagree, Extreme North doing it well
- A lack of knowledge is a big issue. The GTLS is only in English and concepts are alien to most members. The idea of service with recovery is also missing.

#### Unity

• Our Region suffers from the use of illicit literature in many groups. When it comes to Areas, the Southern Areas have great distrust in how the funds are managed. They like to sit on funds. The World Board is not trusted, and we suffer disunity in the Areas of our Region.

#### Good atmosphere of recovery

- Our region has struggled with area service, but with strong leadership from our current batch of RCM's and the regional body support for areas, they have grown stronger. We changed how we did Learning Days, went back to the weekend approach and the number of participants stepping up for service has increased.
- Haven't seen a chair thrown in a long time
- We are very welcoming, with the exception of Spanish language services
- We are doing well in the area's that are functioning

• About half if the areas in our small region are fully functioning (all posts filled and sending area representation to Region)

#### Poor atmosphere of recovery

- This varies from area to area. There are areas where there are servants who behave in a way that doesn't attract members to service. In a few others, people tend to treat trusted servants very badly, very harshly. In most areas, service goes well, in a good atmosphere.
- Occasionally the atmosphere of recovery in service can turn hostile amongst trusted servants
- The same way it happens in the groups it happens in our service bodies but with less intensity because members who attend service meetings are members who have more clean time, recovery experience and principles, etc.
- I think it's a little better in our service committees but still the clicks exist and lack of openness in certain committees is a problem
- Many issues here. Disagree without being disagreeable is the exception rather than the rule with most (not all) of the areas.

#### Miscellaneous

- Comments from those who responded do not match the multiple choice
- Lack of communication

#### **Comments on Question 8c - Atmosphere of recovery RSCs**

#### Lack of trusted servants/resources

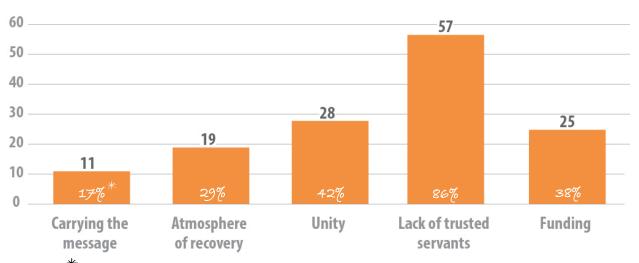
- With the number of servants we have it's ok but we do need more people to serve at this level
- For those of us that show up to region each meeting, we do a very good job staying on topic, agreeing to disagree where needed, able to debate hot issues maturely. The regional meeting itself is usually a breath of fresh air however we are badly short on resources to provide services: people and money : and most of what the areas care about is how the people that are there spend what little money is sent.

#### Good atmosphere of recovery

- Our RSC is inviting and encouraging. People feel very supported here and there is mentorship, help and guidance happening at the body. We are working with the RCMs to help this filter more into the ASCs and at the moment many of our areas are transitioning into CBDM.
- I think region has dedicated and willing service members that constantly look at themselves as to how they can be better meeting the needs of the fellowship
- We are and have been in a growth period as far as Region re engaged and capable participation
- We disagree with being disagreeable, growing, PR committee is awesome
- We are strong here
- We are very welcoming, with the exception of Spanish language services
- The questions about our RSC atmosphere and effectiveness had the highest positive scores on the scan results from all participant sectors of this scan, RSC Trusted Servants, RCMS, and Groups (FYI...the lowest score was in our relationships with government/municipal professionals).
- We have worked hard after having difficult situations related to this topic and we were able to work as a team with more synergy

#### Poor atmosphere of recovery

- We have many disagreements as to how to serve the fellowship. Our Region concentrates on the yearly Convention and not much else. There seems to be the general idea that if a member can have fun, they will recover.
- We can do better
- Political correctness sometimes prevents taking action to correct poor performance in service
- It is common that in our regional meetings there are heated discussions
- The same way in happens in the groups it happens in our service bodies but with less intensity because members who attend service meetings are members who have more clean time, recovery experience and principles, etc.



# 11. What do you see as the biggest struggles faced by groups in your region? Please check those that apply and add to the list as needed.

\* These percentages represent the proportion of the 66 respondents who selected each item. <u>Note</u>: Participants had the option of checking multiple items.

# **Question 11: Other struggles faced by groups included:**

#### **Public relations**

- Raising public awareness
- No PR in several areas, my RD A handles regional PR
- Our biggest problems center around relationships with facilities cigarette butts and that sort of thing

# Carrying the message

- NA/AA blurred message and population
- Clarity of the NA message is still an issue
- Attendance of other 12 Step

# Treatment center attendees

- Our groups are swamped by drug court, prerelease and rehab clients. This is a quality problem
- Druggy buggys coming, we are happy to have them but they do drain some of our resources with no contribution
- Meeting the needs of treatment centers dumping large numbers of patients in meetings that struggle to meet those needs

# Lack of trusted servants

- Apathy, lack of interest, unwillingness...
- Apathy
- Per Finally Free: Addicts willing to serve. Per SNL GSR: Have lots a \$\$ ... yet very little servants

# Training and mentoring

- Badly informed group conscience, 2) Ineffective GSRs
- Longtime members participating
- Lack of experience. Lack of oldtimers and lack of experience on how it works
- Mentoring of new TS
- Lack of knowledge in traditions and service principals

• many groups need more strong active participation from members with substantial clean time

#### Self-support and finances

- Also our economy is in a major economic downturn so many of our members have lost their jobs which in turn has affected groups then area etc.
- AA clubhouses getting 80% of 7th Tradition

#### Unity

- Distrust of Area/Regional Services
- Lack of commitment of the groups with the rest of the service structure, from the area to NAWS
- Unity meaning more groups participating in the SS, the response above about our groups doing well is based upon those surveyed but that does not include the vast majority of our groups/meetings that do not have a GSR

#### **Rural/Isolated groups**

- Low population in some areas, folks sit along with one or two others while keeping the only meeting for 100s of k open.
- Rural, isolated, underdeveloped NA communities

#### Communication

- Always better communication is tantamount to our success as a region.
- Lack of communication

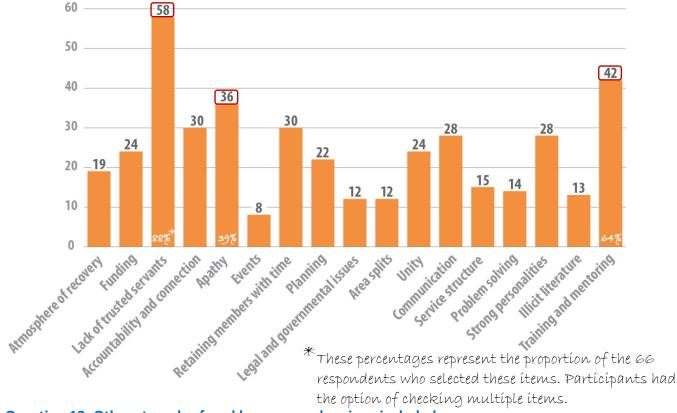
#### FIPT

• Use of illicit literature.

#### Miscellaneous

- Sponsorship; Retention of member; New member attraction
- No

# 12. Which of these do you understand to be the <u>biggest struggles faced by your areas</u> <u>and/or region</u>? (This list was taken from the 2016 regional reports.) Please check those that apply and add to the list as needed.



#### Question 12: Other struggles faced by areas and regions included:

#### Increased use of DRT/MAT

• Medically assisted treatment

#### Self-support and finances

• Legal/gov issues is about the Swedish system no longer allowing the anonymity concerning bank accounts, it is an issue that is growing and needs to be resolved

#### Unity

- Lack of respect
- conflict of interest
- Distrust of Service structure

#### Communication

• We're great at planning, but not great at 'getting things done'. The actual consistency of putting in action between our ASC/RSC is a problem for us - and communication is a big part of that.

#### Demographics

• Retaining different ethnicities

# FIPT

Illicit lit is a very dividing fact in this region

• Although illicit literature isn't very strong in this region, I do recognize it is increasingly growing. Honestly I think if you just worked with the FIPT to allow the first half of the current edition of the Basic Text to be reprinted with a restriction that whoever prints cannot sell for greater than the production cost you would bring some of the BB crew back into the fold and really not lose any great amount of income because the majority of those that would utilize that particular clause would be ones that wouldn't pay for a basic text now anyways - so the majority of the fellowship would still opt to purchase a proper book.

#### Miscellaneous

- Attracting newer members
- getting newer faces to stay involved
- 2 separate responses: IT/Web Support
- These apply to areas; not region

# Question 13: Do you believe there is a need for additional resources to address any of the issues you checked above?

# Increased use of DRT/MAT

Public Relations support; resources to address the issues surrounding drug replacement therapy

# **Public relations**

- Regional support of subcommittee services for example coordinating with prison clearance officials
- Public relation is very poor, advocacy type PR workshop is needed
- Any resource that could help us in dealing with local sheriff's offices and county jails

# Lack of trusted servants

- We have so many resources, what is prominent is a lack of communication and engagement with members
- Clone some of us
- Attracting Trusted Servants, Regional Workshops/Presentations
- No. But we want to share with you that in spite of the fact that it's within our reach to have all the NA literature and service materials, the majority of us don't know them or read them or practice them. Perhaps it would be helpful to have new material on how to deal with apathy in NA members in general, in regards to their personal recovery process, service and NA as a whole.
- How can we make service attractive?
- Financial and human resources
- Literature that explains service commitments. People need to get involved. Some subcommittees require attendance at a certain number of meetings for some service positions which may discourage participation.
- We are working to make service work more attractive. There is an abundance of resources provided by NAWS
- All is available, we have a lack of resources in translations committee to translate from English
- Videos, preferably... on Lack of trusted servants & a lot more on training and mentoring

# Training and mentoring

- Training Material
- How to Mentor: some of us have the experience but don't know how to pass it on to newer members. 'Information sharing': keeping track of decisions made and learnings from each of the service bodies in a

way that can be accessed by future trusted servants. Sometimes we make a decision, and a year later we've forgotten and can't find any trace of it.

- Standardized training modules
- We could certainly do well with more qualified members, in terms of experience. We don't follow CBDMs, it's mostly voting. We need to move in that direction. Training and mentoring are urgently required.
- Retaining members with time or at least, how to keep them involved.... mentorship
- It still requires willingness on the part of those needing/wanting mentoring to be available to be mentored and for them to let us know they wish same
- We are currently working on retention of old timers throughout the state, asking them to come help mentor and foster leadership with newer members
- Mentorship and training of service members and groups
- Training and mentoring approach, implementing modern communication tools for the fellowship to facilitate service, teaching members how to be accountable

# Local service resources

- more PowerPoint and material to get discussion of assemblies and workshops
- Local toolbox
- Yes, ASC Inventories. More Orientations
- The phone line
- More local workshops; Outreach; Finish regional website
- Maybe people working together with the service bodies that posted material to the local resource page on na.org --- or having a workgroup that just goes through that material and works on how to fit all the pieces together or even break them apart and figure out how to turn them into interchangeable pieces. There's ALOT of resources out there on na.org and other NA sites, but none of them talk to each other or collaborate. Everything is constantly reinventing the wheel. GTLS is long overdue for a complete overhaul.
- Workshops on legal and government topics
- We are thinking we are at the point of needing professional help with this. [Issues with opening bank accounts]
- Forums about IDTs that have similar depth and maturity and dealing with multilingual topics
- Yes, NAWS can apply for nonprofit contribution of office 365 one account to service all service bodies, CBDM utilization, education of service

# Literature and literature development

- Workshops. Translate the BT and carry the message
- more literature
- A revised edition of In Times of Illness
- Responses: Simple Step study material, a Mentoring IP, a better guide on sponsorship and an IP on service
- More informational IPs
- Special Needs/ASL
- Hmm... Maybe a service bulletin on importance of Service structure but from a spiritual perspective
- we would like to see an IP on appropriate on meeting behavior

#### Miscellaneous

- More focus on traditions
- Conscience
- I would love to see NAWS reach out more proactively in some manner. Demystify activity of WS in some manner that maintains traditions but gives real meaning and worth to its existence.
- These issues are internal and cannot be fixed by NA World Services
- We just need to use the resources we have already
- continue to brainstorm ways to combat age old issues with new ideas
- Perhaps having communication between the WB and the RSCs, having a meeting with the WB where members from RSCs can exchange experience with members of the Board
- No. I think we need new or inventive ways to utilize the resources we have.
- Need more kid friendly meetings.
- better communication
- I believe the resources are available, we need to apply them
- No (4)
- Yes

#### Question 14: Have there been any notable new efforts or areas of success within your region?

Many of the replies to this question referenced multiple areas of success so have been separated out when necessary to enable similar responses to be grouped together.

#### **Public relations**

- Getting the groups, areas and regions involved in our summer PSA campaign had great response and helped people to see what our Zone is doing and how we can carry the message further when we pull together
- a dedicated regional public relations chair
- PR committee continues to improve
- PI created a workshop for concentrated training of speakers for our PI work.
- PR; H&I
- Efforts of public relations
- Using the PR Umbrella at regional level, formed a PR Youth Workgroup, a PR Mobile Meetings workgroup
- Public relations efforts are blooming.
- PSA's we have been more successful getting them on the radio.
- We have recently started presentations at the National Drug Dependence Treatment Centre. Over 150,000 addicts visit this place in a year.
- Our fellowship have been recommended by National Drug Prevention and Treatment Office as a vital resource for community and effective way to treat addiction.
- Successful PR and H&I. PR is great.
- PR, PI and translations services in general in spite of everything else have increased mainly in social media: Facebook, Twitter and Instagram, respecting the NA principles and traditions. A lot of people and addicts have arrived looking for information about NA through social media. There are new H&I panels and meetings.
- H&I work

Unity

- Unity. In particular with Black/White unity. I sense we have come a good distance here. Raising awareness, implementing change. It's not always Racism we've learned but often an NA cultural comfort thing. We are also proud of the strides we've made here.
- We have unified region again, so this has helped areas and the fellowship see the benefit of unity and how it can tear us apart
- increased unity efforts

#### Communication

- Yes, home groups reaching out to the RD for guidance & clarification on issues
- regional trusted servants reaching out to areas
- Communication (transparency) between regional convention, Region and Areas

#### Growth

- Started a new area within our region
- Meeting expansion and meeting attendance
- We are trying to get into refugee camps and spread the message of NA
- The creation of the new area has been a huge success. We also have a growing fellowship as a whole.
- Fellowship Development (2)
- Being more welcoming to newcomers. Meetings in new locations with new formats. More attendance and more people stepping up for service and a better message of recovery than in the past.
- We have more meetings and groups than last year. More groups are opening than those that are closing down. We now have 48 groups and 175 weekly meetings, this had never happened before.
- Growth and strengthening of new areas
- New meetings starting. We are expanding in our area. And more help via RCM1.

#### Demographics

- More youth getting involved
- We have 2 new areas based upon common language instead of geographical boundaries
- funding 1 meeting per week with ASL interpreter
- More PR/LIT racks reaching out to military and indigenous people
- Re-emergence of an LGBTQ subgroup trying to form a committee
- Here we have more women, gay members and young members in recovery

#### Structure and processes in service meetings

- Holding our RSC right before our Regional Convention last year brought into interested people to observe and participate. Our Annual GSR Assembly had a great turnout and lots of feedback from GSRs on what they would like our Region to do.
- We have found that regional subcommittees seem to be of little value to the Areas as far as meeting regularly we are in the throes of better utilizing time slots allotted for those meetings as planning and support sessions. More to come
- use of technology in service meetings
- Reorganization of our Sub-Committee structure to FD and PR with Project based purpose driven committees has provided real change and results

- Rebranding the region. We've spent the last couple of years really making an effort to rebrand the regional service bodies as a healthy place (financially, atmosphere, and effectiveness). Still more to do but we are very proud of where we've gotten to.
- Service structure is working better in the regional level
- Redesigning activities committee's so more events have happened
- Formation of state structures
- I wish I could go on at length here, but honestly the only thing I feel successful about at the region is when we can have mature discussions on a range of issues and have debates that don't turn into arguments
- Redesigning activities committee's so more events have happened
- PI has done a beautiful job in reorganizing itself!
- The Region has also approved a Strategic Development Plan. We are really excited about this. We have become financially viable as a region and are extremely kicked about that. We also got registered as a society with our head office
- Usage of technology in our last WSC voting cycle resulted in awesome participation. 2. Funding of ASC Subcommittee Chairs and RCM's (if needed) to our RSC over the past few years and our inclusive approach to regional service has led to the very positive perception of our region by our members
- We are developing a regional trusted servant pool and policy to make it easier to connect interested members with appropriate service opportunities.
- Revision of RSC Guidelines
- We have managed to return Regional financial status to a healthy state.
- financial accounting and accountability
- Our regions service efforts helping neighboring regions and vice versa

#### Service system

- CBDM moving into Areas has been great for us. A lot of excitement about this more participatory form of decision making.
- Following the SSP
- One area implementing the SSP
- 1-A successful implementation of GSF's and LSU in one of our Areas
- Service system are being used in some areas because of geographic problems and working very well
- One area has successfully transitioned to a variation of the SSP with that process now entering its 2nd year of implementation

#### Workshops and learning days

- Our RD team held a learning day in March using five workshops from our Zone, Multi-Zone, and World. It is the beginning of demonstrating NA exists outside of our state to many. It was well attended by our Northern Areas.
- Yes, workshops are being attended
- More and more involvement with IDTs
- More social events attached to service workshops draws more members
- Bringing back our Learning Days weekends has also been very successful with new members getting excited to serve and Old times coming to help with these to show and tell about projects that region has done, and the benefit of Unity

- NA 101 and other regional workshops
- training and workshops

#### **Phonelines/websites**

- New regional website
- website and area hotlines
- Implementation of 1-800 phone line answered by recovering addicts 24 hours a day
- Web services improvements; subscribed e-mailed meeting list distributions (over 1,000)
- phoneline integration with BMLT
- PR is revamping our phoneline with good communication and unity
- Our phone line was very outdated
- Phone line success using google voice
- Switched our phone line from a cable company to an internet carrier

#### Miscellaneous

- Region-wide insurance policy
- DOC facilities connected via phone to hear Sunday morning speaker at our convention.
- Movement and support contributing to development of Mental Illness IP
- understanding the web and new tradition book
- New Tradition Book
- Alignment with Region. STOP cards (NA tear-off phone numbers). Working steps with inmates.
- Regional activities. The group unity in action when it complies with its 7th Tradition
- No (4)

# Question 15: Have you noticed any significant changes in the demographics of the Fellowship in your region? (More or fewer older members, youth, race/ethnicity, etc.)

Responses to this question have been divided between increases and decreases in the categories.

#### Increase: Drug courts etc.

- More court ordered nonmembers and treatment box tickers.
- More drug courts, more sober-living facility members.
- drug courts
- We are seeing more and more of our members coming to us from recovery houses.
- LOTSA young addicts from drug court...

#### Increase: Youth

- A lot more youth are getting clean in our Region and our mean age is dropping significantly
- Youth. Over the last ten years we've seen a huge increase in our youth demographic. Unfortunately, this has been mainly in the white areas. Inner-city black youth don't seem to be experiencing same increase.... Messaging, and a whole lot of other bigger social issues might be reason. Sad.
- increase of people staying clean in their mid-twenties
- Increase in age group 30ish less of the 60+. Addicts are coming in younger.
- A lot of younger members are landing up. Of the 19-22 age bracket
- more younger members are stepping up
- Lots of growth. Mostly amongst members who are between 25 and 45 years old approx.
- More youth (23)

#### **Increase: Older members**

- More older members with medical problems
- More older members
- Getting older and wider
- Members are getting older
- Responses: more older members (including an increase in older newcomers)

#### Increase: Old-timers

- strong old timers
- oldtimers

#### Increase: Ethnicity/nationality

- There is more cultural diversity in our region, in particular we have more Asian members showing up
- good representation of our indigenous population
- Have a group in one of our areas that is a Farsi speaking group, for members that speak that language to fully engage
- more Middle Eastern addicts coming to meetings
- More indigenous attend NA now, and also Micronesian members of the community are finding NA. We are currently working on finishing all our key tags in our indigenous language, we have the welcome key tag already out for sale. We are also working on translations of JFT and other literature into the indigenous language.
- More Spanish speaking members
- More natives coming (??)

#### Increase: Gender

• More women (3)

#### Increase: Sexual identity

- LGBT (2)
- Increased attendance of members from LGBT community (2)

#### Increase: Socio-economic

- People with higher social-economic status
- Homeless!
- people with little money and lower social class and little or no education

#### General

- Yes
- I believe there are generally more of all these groups

#### No change

- All our meetings are pretty much the same, the members just rotate from group to group
- no need to outreach to Hispanic and tribes
- Not really, pretty much the same.
- No, Just more addicts
- No (7)

#### **Decrease: Youth**

- Not a tremendous shift. Young members are struggling more and more to stick around when more meetings are fumbling with lack of enthusiasm or encouragement of youth.
- Few young people stay
- Lots of young people not working programs; predominantly conversions. Less youth

#### **Decrease: Older members**

- we are seeing fewer older members (3)
- Older members not sticking around and younger members focus more on social apps than paying attention in meetings.
- Fewer older member (age)
- many of our older members are moving away

#### Decrease: Old-timers

- fewer old timers and some meetings closing
- less members with time taking commitments
- We can note that old members have been away from the meetings and the service
- Drop off of members with cleantime 3-15 years
- less people with clean time
- Lacking diversity

#### Decrease: Ethnicity/nationality

- no ethnic unity
- fewer people of color
- There is still a noticeable lack of First Nations members showing up in our meetings.
- Fewer Hispanics/Spanish speakers. In the 1990's, our Spanish meetings were going strong. Recently, many meetings have died out or changed to English.
- Although we live in a very diverse area, we don't have a lot of diversity in meetings (based on ethnicity)

#### Decrease: Gender

- Few women stay
- Many mothers with children needing child friendly meetings

#### Decrease: Socio-economic

- cost of living in this Area has pushed members out of the area
- Even fewer members who are old and with good social status, cultural, economic, work and education status

#### General

- Generally the membership has decreased
- Waning attendance, meeting shrinking, less support for activities. In our Region, no significant changes have been noticed. But in our Area, we certainly have a problem whereby we don't seem to be adding new members

# Question 16: Are the needs of the Fellowship in the region changing significantly? If so, how?

### Increased use of DRT/MAT

- Need to reach potential members who are on DRT
- Increase in Medically Assisted Treatment
- member on DRT
- : Drug replacement therapy and being of service as a member

#### **Public relations**

- PR is a huge issue in our region at this time, we have areas that haven't had a PR chair in 5 years. We are tasked with the problem that a strong PR chair makes contact with government agencies, drug court and treatment centers, and then they roll off, and the agencies are not used to working with the new person, hard to maintain that connection.
- PR
- Public Relations more efficient
- we need more PR
- Yes, we are a viable resource. And in different levels they are requesting our services more and more, not a lot but gradually: hospitals, jails, treatment centers, government, schools, media, etc.
- It is almost as if over the last ten years our Region has concentrated on depleting our Areas of funds to provide our yearly convention. The idea that there is someone that has not found us yet, therefore we need to do PR is not welcome here. We seem to focus only on what benefits us at a given point in time.

#### Training and mentoring

- Not enough addicts w/ time mentoring the young...:-/z
- We need to do be focused on mentoring the younger members, motivate them to get into service

#### Social media

- Widespread adoption of social media
- mobile computing for younger members
- technology

#### Self-support and finances

- 7th tradition (addicts aren't carrying cash anymore only credit cards)
- The needs are increasing. Not so much changing as just becoming greater
- More and more we have to do more things with fewer trusted servants and less money. We can barely cover and comply with all the service needs.
- Need more people to step up for service positions
- Our needs remain the same. We are still the treatment center capital of the world. The problems (as high classed as they might be) this creates for our groups, to try and meet those needs, are a constant struggle.
- Self-supporting

#### **Rural/isolated groups**

- rural outreach
- No, we are still struggling with some of the challenges of being a very rural region.
- Also our loners need to be encouraged to start meetings. They need our constant support

#### Demographics

• We started working in a project for very young addicts, but it's very hard to make sure we are doing right

- We are aging; there is a need for more young people's meetings.
- No, but it seems the LBGTQ community thinks their needs are not being met.
- There is a need for translations in local languages. Also vernacular meetings are the need of the hour in some places.
- Health needs

### Structure and processes in service meetings

- The region seems to be looking for things to do. Most if not all the services that Region might provide are being handled by the Areas. It seems like the North American fellowship has everything in place and just needs to execute better unlike days when we were still hashing " how to" out. Producing new value to the Areas for the Regions is a challenge.
- We have used technology, our planning cycle, and the commitment of our trusted servants to respond to the changing needs of our region.
- We need to find a way to carry the NA message in a more clear and efficient manner, and also the way the service structure works amongst NA members, mainly those who have been part of other fellowships
- Yes, changed, for now we understand the overall principles, service structure, have a lot of materials already in Polish, what we lack of is: - Building Credibility among professionals - Improving communication inside region and with other regions (WSO, Zone) - More involvement of members in service - More understanding of service structure
- We are getting somewhat bigger with meetings and in more diverse locations. We need and resist/have difficulty to making Areas.

#### **Meeting venues**

- Many more meetings using "clubs" and recovery venues for meeting sites
- find space for our meetings

#### Transparency

- As our members get younger and more energetic, they are expecting more transparency and accountability from our trusted servants. They are asking questions and want to know more about what's happening and how things work.
- more transparency from NAWS and more access and input concerning what is being considered for action at the World level (one areas response)

# No change

- No (7)
- Does not appear to be changing significantly (3)
- no we are a region of action

#### Miscellaneous

- Fellowshipping outside of meetings through activities and events.
- We need more standardization/guidelines. We have lost the get clean or die MoFo attitude and it's been detrimental.
- Trusted Servants on the Area and Region service committees
- Yes, lot of appeal per unit
- Self-acceptance and self esteem
- We need more groups

# Question 17: Are there any other major issues that you would like to see addressed in the upcoming planning cycle?

### Increased use of DRT/MAT/medications

- Clear language on abstinence. There is confusion in our Region on what abstinence means for those on drug replacement programs, steroids, medications etc.
- drug replacement therapy
- Welcoming members on medically assisted treatment
- Harm reduction and NA's approach
- Recovery and complete abstention (by addicts in recovery who are taking medication, large number of members)

#### Medicalization of marijuana

- Medical marijuana
- Update literature on medical marijuana
- We need literature specifically surrounding the fellowships stance on the medicalization of marijuana

#### **Public relations**

- Focus on the increasing the public image of NA as a viable means of recovery
- Yes, PR for our Region. We are very fortunate to have a long time member return to regional service and as our webmaster as he has the most experience with PR!
- providing PR and PI service in general in regions that are emerging and that are not as developed
- Too focused on events; more focus on PR and H&I
- You Tube PSA's
- Interactions with Government and the judiciary

#### Carrying the message

- The importance of making sure there is a NA program ten years from now. Not melding with other Twelve-Step recovery and religions, treatment center, or halfway-house programs. Not coddling newcomers. What do we do about the amount of brain-damage some members coming into the program have? What about those we can't carry the message to because they are so compromised from their drug use?
- Carrying the message correctly (legal and ethical aspects)
- How to apply more flexibility to how service work is done and is organized, without compromising our spiritual principles? In other words, we see people being very rigid with some policies and procedures, without really thinking about the meaning of those in relation to the principles.
- Fellowship Development in the United States. We don't seem to do any.

#### **Training mentoring**

- Training, mentorship. Need to encourage members to be of service at meetings and area level
- Sponsorship/mentoring

#### Social media

- Social media
- social media anonymity
- social media challenges

#### Self-support and finances

- Maintaining members with time. Better exercising the 7th tradition as our major funding source.
- 7th Tradition?
- living within our means

### Unity

- Unity, our fellowship seems to be just as divided today as we were 25 years ago on some issues. We need unity if we are going to survive. Nothing outside of NA can hurt us today, our only threat is external controversies.
- Better unity, more attendance at events. Unity between areas.
- Since many of the issues this region faces I have heard of in other regions more or less, I think we need to find what the underlying issue is, the connective tissue between all of these issues to why they are increasing in the passing years. Is it from increased personal disconnection in the mobile/internet/smartphone/social media age? Is it less gratitude, more entitlement? Is it the increasing options for alternate treatment options that don't include such a rigid and regimented 12 step program? How do we make our recovery attractive? How do we make service attractive? How do we make this miracle of a fellowship attractive? How do we break free of the need to define and embrace opportunity? Whether in recovery, meetings, or especially service guidelines we obsess over closing loopholes and applying increasingly rigid definitions and restrictions rather than working to create a platform of opportunity. How do we get unstuck?

#### Communication

- a better conduit of communication from WSC to groups
- communication, transparency of NAWS finances. Transparency in responsiveness from World (help people really understand what World does).
- Questionnaires and surveys sent directly to home groups.

# Demographics

- Gender inclusion for all members
- Gendered language in our literature is alienating to women and members of the LGBTQ community
- Spanish language outreach
- how to keep the youth
- racism in recovery

# Literature and literature development

- Not publishing any more books. More PR. Return of profits made from literature sales to the groups somehow to help in ground level planning.
- moratorium on new literature development; fix/update existing literature only
- moratorium on new literature

#### FIPT

- The ongoing violation of the FIPT
- Less talk on FIPT/"baby blue"

#### Translations

- The lack of time for non-English speaker regions to translate the CAR and get the voice of their region
- Literature translations

#### WSC seating

- Create zonal representation
- Zonal seating at WSC or other ways of moving forward
- Zonal representation in the WSC? Or what other options?

#### Miscellaneous

- Like to help the "haters" form their own fellowship
- : Questionnaire was a positive experience of group discourse.
- Greater approximation between structures
- Legalization of pot
- Service, more accurate budgets, simplify the planning cycle
- Support regions
- improve dynamic response in NAWS website literature sales;
- Regional phone app
- Further discussion on "Group conscience "
- Working the 12 steps in service. Forming service groups to deal with conference topics and new business. Explore the possibility to print approved literature by zonal forums considering if they have the infrastructure and adequate resources to achieve this.
- Working the steps, traditions and concepts with members and groups
- \*\*PLZ NOTE\*\* RD compiled 7 responses from region; mostly H/G's...
- No (4)

The following categories were used in this report. Some were offered by the survey questions; others emerged from the responses to the questions.

# **Categories - External**

- Increased use of DRT/MAT Drug courts Access to institutions Increased in prescribed medication (and medical issues) Medicalization of marijuana Treatment center attendees Public relations
- Lack of trusted servants Training and mentoring Social media Self-support and finances Atmosphere of recovery Demographics Legalization of marijuana Miscellaneous

# **Categories - Internal**

Increased use of DRT/MAT

Drug courts etc.

Carrying the message

- Medicalization of marijuana
- Public relations
- Carrying the message
- Treatment center attendees
- Lack of trusted servants
- Training and mentoring
- Social media
- Self-support and finances
- Unity
- Atmosphere of recovery—good/poor Rural/Isolated groups
- Communication
- Structure
- Stracture
- Strong groups/areas/regions/zones Struggling groups/areas/regions
- Stildgging groups/areas/region
- Understanding of zone's/NAWS' purpose Lack of purpose for zone
- NAWS efficiency
- Positive comments [NAWS]
- Negative comments [NAWS]

Local service resources Growth Demographics

- o Youth
- Older members
- o Old-timers
- Ethnicity/nationality
- o Gender
- Sexual identity
- o Socio-economic

Literature and literature development Structure and processes in service meetings Service system Workshops and learning days Phonelines/websites Meeting venues Transparency FIPT Translations WSC seating Miscellaneous

# World Service Conference Mission Statement

The World Service Conference brings all elements of NA World Services together to further the common welfare of NA. The WSC's mission is to unify NA worldwide by providing an event at which:

- Participants propose and gain fellowship consensus on initiatives that further the Vision for NA Service;
- The fellowship, through an exchange of experience, strength, and hope, collectively expresses itself on matters affecting Narcotics Anonymous as a whole;
- NA groups have a mechanism to guide and direct the activities of NA World Services;
- Participants ensure that the various elements of NA World Services are ultimately responsible to the groups they serve;
- Participants are inspired with the joy of selfless service, and the knowledge that our efforts make a difference.

